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WHAT IS NEURAL THERAPY?

Neural Therapy is a gentle healing technique developed in Germany which involves the injection of local anesthetics into autonomic ganglia, peripheral nerves, scars, glands, acupuncture points, trigger points, skin and other tissues. [Top](#)

WHAT ARE AUTONOMIC GANGLIA?

The ganglia are where the center of the nerves are located. The body contains two nervous systems, somatic and autonomic. The somatic nervous system is under your voluntary control (ex: turning your head to look in one direction). The autonomic nervous system functions automatically (ex: when your eyes dilate in the dark). [Top](#)

WHAT BODILY FUNCTIONS ARE UNDER THE AUTONOMIC NERVOUS SYSTEM CONTROL?

Basically, every bodily function is under autonomic nervous system control. The autonomic nervous system affects pain perception, heart beat, blood pressure, smell, hearing, as well as blood circulation. This last fact is especially important in that the autonomic nervous system regulates the blood flow to every gland and organ in the body. [Top](#)

HOW DOES NEURAL THERAPY WORK?

According to Ferdinand Huneke, M.D., the founder of Neural Therapy, there can be interference fields that cause dysfunction of the autonomic nervous system. An interference field is any pathologically damaged tissue, which acts as a stimulus to the autonomic nervous system. Neural Therapy corrects the dysfunction in the autonomic nervous system by stopping the interference field. Once this occurs the organs, glands, and body tissues can function better, eliminating chronic disease conditions. One possible explanation for this improvement is that Neural Therapy actually increases the circulation to the injured organs including the thyroid, adrenal, liver, or kidneys. Dr. Huneke taught that most interference fields are found in the head region with the tonsils and teeth being the most common. For instance, a bout of tonsillitis or a tonsillectomy can be the start of an interference field in the tonsils. Likewise, an infected tooth or a root canal can set up an interference field in the tooth. Scars are the next most common interference field. Any scar, no matter how small or old, even if it dates back to early childhood, may be an interference field. [Top](#)

HOW DOES NEURAL THERAPY STOP INTERFERENCE FIELDS?

Neural Therapy stops interference fields by stopping the interference field from producing a stimulus which affects the autonomic nervous system. A good analogy of this is a heart arrhythmia or irregular heart beat. The irregular heartbeat is not under the voluntary control of the individual and this is why it causes problems. Physicians give medications like lidocaine (an anesthetic) to stop arrhythmia. Neural Therapy, according to the German scientific literature, works by injecting anesthetics into interference fields, stopping abnormal stimulus from the interference fields from affecting the autonomic nervous system. [Top](#)

WHAT CONDITIONS CAN AN INTERFERENCE FIELD CAUSE?

According to the German scientific literature interference fields can cause:

- [Headaches](#)

- Migraines
- Allergies
- Confusion
- Vertigo
- Hay Fever
- Optic Neuritis
- Asthma
- Chronic Pain
- Chronic Fatigue
- Tonsillitis
- Liver Disease
- Menstrual Pain
- Sinusitis
- Chronic Infections
- Menstrual Irregularity
- Gallbladder Disease
- Eczema
- Rheumatoid Arthritis
- Lupus
- Arthritis

...and many other chronic degenerative conditions. [Top](#)

CAN NEURAL THERAPY HELP RELIEVE CHRONIC PAIN?

More and more medical research in regard to chronic pain is implicating the autonomic nervous system as a cause of pain. This is what many Neural Therapists have been saying for over 50 years. Neural Therapy, by helping the autonomic nervous system to function properly, is helping many people to become relieved and cured of their chronic pain. [Top](#)

HOW DOES NEURAL THERAPY COMPARE TO PROLOTHERAPY?

Prolotherapy is an injection technique that stimulates the body to grow stronger ligaments, tendons, muscles, and joint tissue. It is also helpful at eliminating the pain of conditions such as arthritis, migraines, back pain, fibromyalgia, headaches, and many other painful conditions. Neural Therapy works at relieving pain by eliminating interference fields and helping the autonomic nervous system function normally. The two therapies are best used together when there are both musculoskeletal and autonomic nervous system problems involved in chronic pain. [Top](#)

* The information provided in this brochure is largely based upon scientific research done in Germany. Some American physicians might disagree with this information because of ethocentric bias or unfamiliarity with the subject matter. [Top](#)

HOW CAN A PHYSICIAN LEARN NEURAL THERAPY?

There are approximately 5,000 physicians who practice Neural Therapy in Germany, and only a small number in the United States. Ross A. Hauser, M.D. is one of the few American physicians who have traveled to Germany to learn the technique. Dr. Hauser has attended the International Neural Therapy Society meeting and studied with its President, nephew of the founder of Neural Therapy, Jurgen Huneke, M.D. [Top](#)

RESOURCES

Dosch, P. *Manual of Neural Therapy According to Huneke*, 11th Edition. Haug Publishers, Germany, 1986