

ONDAMED

Stop Smoking Program, revised edition

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Make sure, that the patient does not smoke that day!

Otherwise you have to start all over again.

The water you are charging during all steps, accept step 6, is the same glass and bottle!

Step 1:

Press the Program button.

Press CL Button for about 3 seconds until you see 0 on the lower display.

Scroll to program # 16.

Press the Enter/Save button on your regulator for about 3 seconds.

Press the M/S button and scroll down to 4 minutes.

Place the neck applicator on neck

Place the hand applicator at the tip of the sternum (xiphoid).

Place the matrix applicator under 1 glass and 1 bottle of water.

Press the Start button.

Step 2:

Press the Program button.

Press CL button for about 3 seconds until you see 0 in the lower display.

Scroll with the regulator to Program # 47.

Press the Enter/Save button on your regulator for about 3 seconds.

Place the neck applicator on the left foot so that forceps grips top/bottom of foot (ball of the foot).

Place the hand applicator at the tip of the sternum (xiphoid).

Place the matrix applicator under 1 glass and 1 bottle of water.

Press the Start button

Step 3:

Press the Program button.

Press CL button for about 3 seconds until you see 0 in the lower display.

Scroll with the regulator to Program # 123.

Press the Enter/Save button on your regulator for about 3 seconds.

Place the neck applicator on neck

Place the MA4 on the left thigh/groin. If you do not have the MA4 applicator, use MA8.

Place the hand applicator in front of 1 glass and 1 bottle of water.

Step 4:

Press the Program button.

Press CL button for about 3 seconds until you see 0 in the lower display.

Scroll with the regulator to Program # 94.

Press the Enter/Save Button on your regulator for about 3 seconds.

Place and hold the neck applicator just above right and left ear. Bridge of the neck applicator either right under or directly on the bridge of nose, depending on nose size.

Larger nose, rest on bridge of nose. Smaller, under nose.

Place the MA4 on the left side of the upper body, directly under the left breast. If you do not have the MA4 applicator, use MA8.

Place the hand applicator in front of 1 glass and 1 bottle of water.

Press the Start button.

Step 5:

Press the Program button.

Press CL button for about 3 seconds until you see 0 in the lower display.

Scroll with the regulator to Program # 117.

Press the Enter/Save button on your regulator for about 3 seconds.

Place the neck applicator on neck.

Place the MA4 horizontally on the back from the left shoulder to the right shoulder. If you do not have the MA4 applicator, use MA8.

Place the hand applicator in front of 1 glass and 1 bottle of water.

Step 6:

Press the Program button.

Press CL button for about 3 seconds until you see 0 in the lower display.

Scroll with the regulator to Program # 72.

Press the Enter/Save button on your regulator for about 3 seconds.

Place the neck applicator on neck.

Place the MA4 on the floor with both feet on top of the applicator. Make sure the part of the feet, right under the ball, and just above the heel are centrally placed on the matrix applicator. If you do not have the MA4 applicator, use MA8.

Attention!!! Do not charge water with program # 72 !!!

Step 7:

Press the Program button.

Press CL button for about 3 seconds until you see 0 in the lower display.

Scroll with the regulator to Program # 47.

Press the Enter/Save button on your regulator for about 3 seconds.

Place the neck applicator on neck.

Move with the hand applicator starting at the left buttock, in figure eights up to the bottom of the neck. Then move down the spine. Start again at the left buttock and repeat.

Place the matrix applicator under 1 glass and 1 bottle of water.

Press the Start button

After a treatment the patient may not ingest:

Coffee, Tea, Spirits (Alcohol) of any kind, caffeinated soda, over the counter or prescription diet pills, chocolate, as these all are stimulants and must not enter the body up to 12 hours after the completion of the treatment. If this rule is not heeded, an additional full treatment will be required. Keep nicotine away from the body including gum, patches or inhalers.

The client must drink two liters of water every day for 14 days after treatment.

Inform your patient that reactions might occur (Irritability, Agitation, extreme mood swings, sadness, sleeping problems, uneasiness). Have your patient call you if necessary.

Only if the patient experiences the physical urge to smoke, the addiction program should be re-administered.

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