

DR. KESSLER'S HOMEOPATHY BOOK

POLYCRESTS AND OTHER REMEDIES

INDEX OF DISEASES

‘Polycrest remedies’

from the Greek word ipolychrest, which means " many uses." Currently there are sixty-five such remedies. Homeopathic medicines are non-toxic, have no known adverse effects, are safe for adults and children and can be combined with traditional pharmaceutical medicines.

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ABIES CANADENSIS

Canadian Hemlock



IDEA: Ravenous hunger, Coldness

Cold remedy

Sensation of ice water in vessels. Patient is lying with adducted knees.

Ravenous hunger because of weak liver metabolism. Mucous membranes are affected and gastric symptoms are most marked. Craving for spicy foods cannot be satisfied as in *Nux vomica* cases. Slow liver metabolism (*Aesculus*).

Key symptom: Feeling of a wet, cold cloth between scapulae, **for instance in flu** (compare [Gelsemium](#))

ABIES NIGRA

Canadian black Spruce



IDEA: Stomach – intestine

Cold remedy

Sensation of coldness in stomach. Frosty remedy.

Hiatus hernia, stomach ulcer.

Gastric pain always after the meal. Sensation of a swallowed egg in stomach. Continual distressing constriction just above pit of stomach, as if everything was knotted up, or as if a hard lump of undigested food remained there.

Heart and lung ailments with desire to cough up an egg from stomach. **Constipation.**

ABROTANUM

Southernwood, Lover's plant



IDEA: Marasm-intestines

Cold remedy

Marasm (emaciation) especially of lower extremities.

Metastasis (ailment changes into another one): For instance diarrhea stops and alter to heart-symptoms (heart or high blood). Arthritis improves and heart symptoms appear. Mumps moves from **parotis to testicles**.

Complications **after influenza**. Severe prostration after influenza. Bloated abdomen.

Affecting: Glands, mucosae, joints (arthritis), gout, bronchitis, heart, and **umbilical problems of any kind.**

Tuberkulosis of intestinal lymph knots (Stiegele). Malignant neck lymph knots.

Case: 65 old female with long history of diarrhea mostly right after food intake. Family history of tuberculosis. Abrotanum D30.

ABSINTHIUM

Wormwood



IDEA: Epilepsy-like spells

Spells preceded by tremor

Nervous, spasmodic tic of face. Chorea. Mushroom intoxication. Falls backward.

Short time memory impaired, kleptomania, brutality

ACER CAMPESTRE

Hedge Maple



IDEA: Arteriosclerosis

Herpes

This remedy is indicated for conditions such as anticipative anguish, arteriosclerosis, and herpes outbreaks.

Case: 56 old male with nephrogenic hypertonus (180/120). Tachycardia. Father died of atherosclerosis. Slow pulse and RR lowered by **Acer campestre D12 (QUINT System)**.

ACIDUM NITRICUM

Nitric acid

IDEA: Non forgiving, deep remedy for mucosa.

Stinging, splinter like pain. At the transition from mucosa to outer skin in corners of the mouth, anus, labiae etc. Fissures. Offensive smell of urine (like horse urine), feces and sweat. Deep remedy for mucosa also for tuberculosis. For glands. Antidote for mercury. Alleviation by driving in a car.

ACONITUM NAPELLUS

Monkshood

Polycrest



IDEA: Sudden and violent onset

Fear/anxiety

Sudden and violent appearance of complaints of all kinds. Shock events (heart attack etc.) For instance, falling ill within 15 minutes with red hot head and sore mucosa of the mouth. Or: sudden flu after exposing to strong winds on an island like Fuerteventura. Sudden shock experience may be in the past. A vast variety of diseases may be successfully treated if their **onset is sudden and violent**. **Chills under the skin**. **Cold dry winds support this disease (Bryony)**. Extreme restlessness. **Great fears (specially of death)**. **Anxiety**. Any fever disease except the typhoid type. Influenza. Dryness of mouth, throat and skin, with intense thirst for cold water. **Anxious** dreams.

Case: A 5 year old child falls into a shallow, muddy ditch with her face down. Before suffocation she was reanimated. Later in life she developed rheumatic complaints and among other symptoms she felt chills under her skin. Aconit C200 was given sporadically and brought marked relief. This case supports the concept of chronic disease to be treated according to its roots. Note: another case on Lac caninum and Rosa canina.

Caused by cold **and** warmth. For instance: cough worsens when entering a warm room (Allium Cepa)

ACTAEA SPICATA

Baneberry



IDEA: Rheumatism

Small joints, fingers, toes (**Ranunculaceae** akin *Cimicifuga*)

Compare: [Caulophyllum](#), [Causticum](#), [Guaiacum](#), [Cimicifuga](#), [Ledum](#)

ADHATODA VASICA

Malabar Nut



IDEA: Allergy

Hay fever, pollinosis: D2 (X2) 3x daily

This plant has been used for **tuberculosis** for 3000 years. **asthma**. The ingredients dilate the bronchi dissolving mucus. Modern medicine is using it for **hay fever** and **pollinosis**. It acts like a broad spectrum anti-allergic. Heavy bleedings (i.g. **nose bleeding**) **hepatitis**, **fever** and **eye inflammations**. Homeopathy uses the leaves for hay fever.

AESCULUS HIPPOCASTANUM

Common horse chestnut



IDEA: Venous blood stagnation – Haemorrhoids

Haemorrhoids with backache affecting sacrum and hips. **Arthritic spinal pain and pelvic girdle. Sciatica.** Dry and swollen mucous membranes. Tongue thickly coated; feels as if scalded, as if burnt ([Hydr](#), [Sanguinaria](#), [Phys](#)). Tongue pain ([Cit.ac](#)) Burning of anus after stool. Spine feels weak. Heart's action full and heavy, can feel pulsations all over.

AETHUSA CYNAPIUM

Fool's parsley



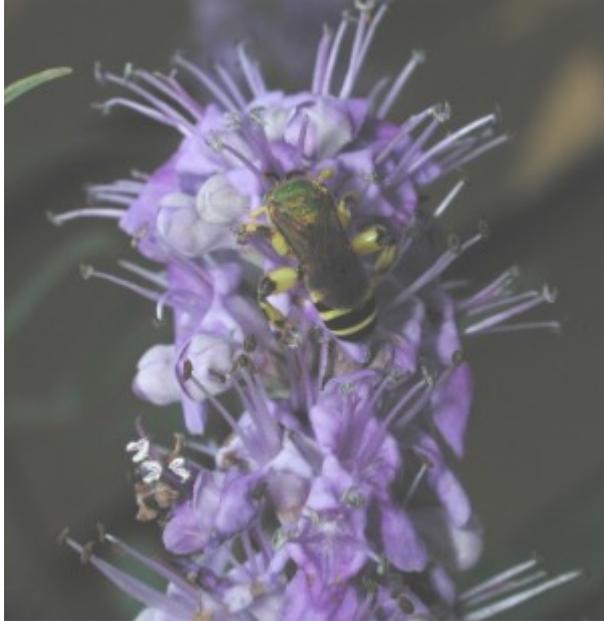
IDEA: Milk intolerance

Symptoms begin heavily. (vomiting and diarrhea in infants) Marked inability to digest milk.
Lactose intolerance. Stool undigested, thin, greenish, preceded by colic and poor circulation.
Lymphatic glands swollen. **Cold, wet frog hands;** Skin of hands dry and shrunken.
Ecchymosis.
Vertigo with drowsiness, with palpitation.

Important for Astrocytoma.

AGNUS CASTUS

Monks' pepper



IDEA: Sexual organs

Sexual vitality reduced. Impotency. Mental depression. Loss of nerve tonus. Marked effect on both sexes. Preferably males. Premature aging through abuse of sexual power. Repeated gonorrhoea in the past. **Very good for sprains.** Rheumatic and gouty knots around joints.

AGRIMONIA EUPATORIA

Church Steeples



IDEA: Laryngitis, hoarseness

Bronchorrhea, cough with profuse expectoration attended with expulsion of urine, painful kidneys, catarrh of bladder, impaired digestion and menstrual difficulties. Tincture 1-10 drops.

Case: 66 old male with chronic bladder pain. Improvement after Sarsaparilla D200 3x. Exacerbation of late laryngitis with hoarseness and mucus. Agrimonia eupatoria D200 alternating with Sarsaparilla.

AILANTHUS GLANDULOSA

Polycrest

IDEA: purple skin and face

Blood seems to flow to the head causing **head congestion**, almost burning heat, dilated pupils, and reddened, congested conjunctivae. The face looks like chronic hypertension suggesting danger of stroke. Red or mahogany colour and hot. Blue – red spots across the face. This is very characteristic and a key symptom of Ailanthus..

Ailanthus has to be considered in many diseases.

Distinct skin complexion. Increased breathing frequency of irregular type. High blood pressure. Congestive headache, stroke, vertigo, thyroid problems, hay fever, allergic skin diseases. acne etc.

Patients may appear pale with blue circles under their eyes) However, this is only of value if you find other characteristics of this remedy. **Decreased mental capabilities. Confusion like dreaming. Torpor.** An option for **Alzheimer** if the above mentioned characteristic symptoms show . (Ailanthus-Typus with high blood pressure, Vithoulkas) **Constant sighing (Ignatia).** Feeling of electric currents in the body, electric showers'. Prickling sensations. Especially in the legs as if a little snake or a small animal is creeping upwards. Rapid pulse.

A remedy for paediatricians and family practitioners. It resembles severe cases of feverish infectious diseases such as scarlet fever and diphtheria. Also for meningitis, follicular tonsillitis, typhus, mononucleosis, child bed fever etc. It is also an option if the exanthema in scarlet fever or measles had been suppressed completely or partially.

ALLIUM CEPA

Onion

Polycrest



IDEA: watery eyes and nose, burning

Common cold if warmth aggravates. Sneezing, especially **when entering a warm room**. Eyes sensitive to light.

Burning in nose, mouth, throat, *bladder* ([Teuc](#), [Canth](#), [Equ. hiem](#), [Equ.arv](#), [All.cep](#), [Ter](#), [Arist](#)), and skin.

Neuralgia – also nerve pain after amputation (**phantom pain**) ([Hyp](#)). Yawning. Allergies. Watery and acrid nasal discharge which becomes worse in warm room.

Oppressed breathing. Tickling in larynx. Eyes sensitive to light.

ALOE VERA

Medicinal aloe



IDEA: Intestines, colon, rectum

Patient is constantly concerned about the intestinal tract.

Looses stool without sensing it. Patient likes cold.

A hot remedy. **Especially the lower end of the colon.** Bloody discharge from rectum. Has marked problems both to digest and to discharge. Bloating abdomen (Podophyllum, Lycopodium); itching deep in rectum. Diarrhea early in the morning. Ulcerative colitis. Explosive diarrhea. Yellow slimy and bloody. Bad smelling, rattling flatulence after the meal or early in the morning. Alternating diarrhea and constipation. **Aloe X6** every one to four hours. Mostly for: Flatulence, diarrhoea and constipation.

Skin problems: **Neurodermitis, Psoriasis and Acne.** Prevents drying out of the skin and is part of many skin ointments. Burns are healing faster.

Optimal for back up of portal vein blood. Excellent for recovery of physiologic equilibrium after multiple applications of diverse remedies where one would be confused by mixed drug reactions.

Active plant ingredients fight candida, parasites, bacteria and viruses. Also used as a laxative. **Ulcers of the stomach and small intestine.** Good for heart and circulatory ailments. Immune deficiency and allergies. Improves strength of white blood cells. Has capability to counteract tumors, eliminates dead cells and metabolic waste. Aloe improves brain functions by dilating circulatory vessels and normalisation of blood pressure. Worse: **Morning , heat, after meal, after drinking.** Better: Fresh air, cold applications, cold, evening

Carcinoma: Aloe, Thuja, Arsenicum album, Lycopodium plussing method C200 (Ramakrishnan / Coulther)

Rektal Carzinom: Phytolacca, Ruta

ALLOXANUM

IDEA: Diabetes

Sacroileitis, neuritis lower back.

ALUMEN

Polycrest

IDEA: Bowel, paralytic weakness

Cold remedy – Aloe hot remedy. Sensation of dryness, constriction, and induration.

Paralytic weakness of the muscles in all parts of the body. Dysphagia especially of liquids. Tendency to **induration**.

Bowel symptoms, both in obstinate constipation and in hemorrhage even in typhoid.

Hardening of tissues of tongue, rectum, uterus, mammae ([Carb an](#); [Con](#).) etc.; ulcers with indurated base. Adapted to old people, especially bronchial catarrhs. Mental paresis; Tendency to induration, **Scirrhus of the tongue**. *Cancer of oral cavity and tongue* Hydr, Aur.mur.)

Worse: cold except headache, which is relieved by cold. Aphthous patches in vagina ([Caul](#))

ALUMINA

IDEA: Inkoordination, Ataxia

Slow comprehension. Phobia for knives (Ars, Chin, Hyos, Lyss). Phobia for blood (Nux m., Verat.a.) **Very severe constipation, no desire for days.** Rectum sore and dry. Dryness of mucous membranes. Left-sided abdominal complaints. **Brittle nails.** Intolerable itching when getting warm in bed. Legs feel asleep, especially when sitting with legs crossed. Staggering on walking. Heels feel numb.

Multiple Sklerosis, Myasthenia gravis, ALS (Lou Gehrig's), Tabes dorsalis , acute forms of paralysis like Guillain-Barré - Syndrom.

AMMI VISNAGA

Toothpickweed, Khella



IDEA: Angiospasms

Angina pectoris, circulatory disorder, asthma . Migraine, renal colic. VITILIGO: melanin 0/4
Q and **Ammi visnaga** Q

Coronaries, bronchi, smooth muscles, kidneys. **Spasms.**

The plant was used in Egyptian folk medicine to treat urinary calculi (oxalate) and bladder stones which was common as a result of widespread bilharzia.

AMMONIUM BENZOICUM

Ammoniumbenzoate

IDEA: Gout

Gout, Albuminuria, **Coli Pyelitis D(X3)** (Stiegele)

Comp.: [Ter.](#), [Benz-ac.](#), Ammoniumsalts, [Caust.](#)
Albuminuria: Kalm., Helon., [Merc-c.](#), [Berb.](#), [Canth.](#)

Dosage

D2 (X2)

AMMONIUM BROMATUM

IDEA: Larynx

Sudden cough

Chronic catarrh of the larynx and pharynx. Dry spasmodic cough especially at night. Constricting pain in the head, chest, legs etc. Irritation under the fingernails with amelioration through nail biting.

Wakes up at 3-4 a.m.

Relationships: Hyos., Con., **Arg-n.**, Kali-bi.

Dosage: D1

AMMONIUM CARBONICUM

IDEA: Lung and heart weakness

Lung and heart weakness. Severe dyspnea and suffocating. Acute lung edema. Asthma cardiale ([Ars](#)) Cyanosis. Very rapid and weak pulse. Long history of lung disease. Prostration. Terminal state of pneumonia. Obesity. Compare with Kalium carbonicum, Antimonium tartaricum or Carbo vegetabilis

Mucosa of respiratory tract are predominantly affected. Fatigue and exhaustion. Asthenic pneumonia. **Weak heart with blue face and cyanotic face. Hemorrhagic.** Tickling cough. (Spongia). Gout in the big toe. Painful heel while standing. Venous congestion.

Worse between 3 and 4 a.m. (Kalium carbonicum) Cold remedy. Worse by cold air.

Dosage: D4

AMMONIUM CAUSTIKUM

IDEE: Very weak muscles, palsy, almost too weak to stand steadily.

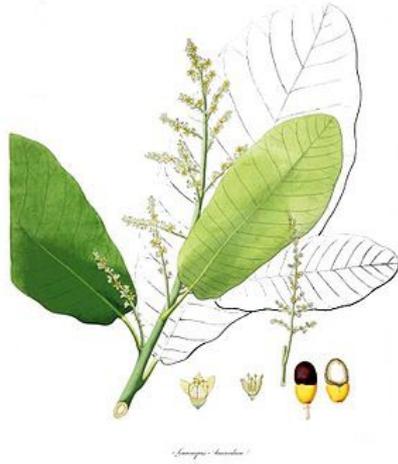
Burning pain in mouth, throat, esophagus, stomach as if they are in flames.

Voice weak up to aphonia. Feeling of oppression in chest. Neuromuscular ailments with dysphagia.

All Ammonia remedies are shy and prefer to avoid the public

ANACARDIUM ORIENTALE

Marking Nut (India)



IDEA: Eating brings fast relief of all symptoms.

Skin rash and itching such as [Rhus tox.](#) Antidote for [Rhus t](#); as [Crot t](#), [Coff](#) and [Jug c.](#)

Mix a paste of instant **coffee** and water; 2 table spoons of coffe and a little water. Brush paste on itchy rash. Let it dry. Itching stops instantly. Orally Coff D (X) 6

Anacardium is made of the Marking Nut, a tree that produces ink, and people who need this remedy somehow want to leave their mark. They are led by a strong need to constantly prove themselves out of a great lack of self-confidence.

The Anacardium condition may develop in persons who carry an overwhelming conflict. This results in two simultaneous character traits: inferiority complex with very low self esteem and cruelty (Morrison).

Contact with the caustic oil of the fruit shell may produce skin itching and exanthema with Large blisters within 24 hours.



This resembles a second degree burn.

Dermatitis may spread all over the body. If taken orally the substance can produce gastrointestinal inflammations, respiratory problems, and paralysis.

Neurasthenia, exams fright of students, gastro-intestinal symptoms. Motor paralysis. Weakening of all senses such as visual, hearing etc. Skin symptoms resemble Rhus-t. and it is a valuable antidote for Sumach (*Rhus toxicodendron*). Recurrent erysipelas. Bloody cough. Sensation of bandage around shanks and knees.

Case: 27 year old pregnant female with severe nausea and tendency to vomit. Food intake gave massive relief. One dosage of Anacardium C30 eliminated all symptoms.

ANAGALLIS ARVENSIS

Pimpernel



IDEA: Eliminates water

Marked action on skin, characterized by great itching and tingling everywhere. Favors expulsion of splinters. An old medicine for hydrophobia and dropsy. Destroying warts.

IDEA: Calcium metabolism/heart

Expectorant and general stimulant, and to treat eczema, relieve stomach problems, and lower blood pressure. Tachycard syndrome. Chervil is high in calcium.

ANEMONE NEMOROSA

(Ranunculaceae)



IDEA: Paralysis, Amaurosis.

ANHALONIUM

Mescaline



IDEA: Mental drug. Seeing colors.

Neurasthenia

Muscle tremor, fatigue, impaired coordination, nausea, collapse, impaired senses for time

ANTHRISCUS CEREFOLIUM

Kerbel



IDEA: Calcium metabolism/heart

Expektoranz und Anregungsmittel. Ekzeme, Magenprobleme und Blutdrucksenkung. Tachycardes Syndrom. Kerbel ist reich an Calcium.

Case: 70 year old female with idiopathic tachycardia and slight dysfunction of kidneys

ANTIMONIUM CRUDUM

IDEA: Stomach and intestinal remedy. White coating of tongue. After cold bath or thrown into cold water. Overeating.

Sentimental, excessive irritability and fretfulness, exaggerated love

Always stomach affection. Possibly thickly-coated white tongue. Loss of appetite. Hunger not appeased despite eating **Horny callous on soles. Lengthside split nails do not heal,** aggravated by **heat and cold bathing.** Toothache by cold water. Duodenal ulcers.. Watery leucorrhoea. Various skin diseases. Scaling skin. Itching scalp. Warts. Arthritic pain in fingers. Rheumatism. Joint cracking. Intolerance wine.

Soles of feet painful with rheumatism. Sole swollen and painful: Lycopodium. Must crawl on knees: Medorrhinum. Pain in heel and soles: Ledum. Sore soles because of sweat: Barium carbonicum.

ANTIMONIUM SULFURATUM AUREUM

IDEA: Chest and eyes

Stringy mucus in larynx and bronchi. Impaired breathing. Dry, hard cough with passive congestion of left upper lobe of lung. Itching of palms and feet. Amaurosis. Spots on cornea and hypopyon.

ANTIMONIUM TARTARICUM

IDEA: Fatigue, sweat, sleepyness

Nausea. Best remedy for lumbago

Lungs: too weak to expectorate rattling mucus, Dyspnea.

1) **Respiratory problems**, *trachea, bronchi, lungs*. Advanced pneumonia or bronchitis, rattling of mucus but little expectoration. No power to expectorate mucus. Suffocating situation. Very sleepy because of lack of oxygen.

2) **Gastrointestinal system:** nausea, specific for cholera (Nash)

3) **Nervous system:** head trembling, hands trembling, trembling of the body. Eyes: gouty, rheumatic ailment. Pustule dermatitis alike small pox. Antidote for [Croton tiglium](#).

Worse: **warmth (Antimonium crudum)**, cold, and humidity. Often great drowsiness.

APIS MELLIFICA

Honey bee

IDEA: Edema sensitive to heat

Edema of skin and mucous membranes. Stinging pains. Intolerance of heat. No thirst. Swelling in throat. Swelling after insect bites. Last drops of urine burn and smart. Inflammation of kidneys.

APOCYNUM CANNABINUM

Indian hemp



IDEA: Edema, anasarka

Any kind of edema such as ascites, asthma cardiale, hydrops, hydropericardium, hydrothorax, hydrocephalus. Hydrarthrosis. It works foremost in cases of renal edema and renal anasarka.

Agg: Cold; cold drinks, uncovering. Compare: Apis likes cold

ARALIA RACEMOSA

American Spikenard



IDEA: lung, cough

Allergic remedy

Asthma, tuberculosis, fluor, hay fever

Cough. Weak lung. **Recurrent** infections from nose propagating swiftly to the lungs: worse in the evening when lying down. Asthma worse by **inspiration**.

ARBUTUS ANDRACHNE

Greek Strawberry Tree



IDEA: Liver Autoimmune Disease

Case: 62 year old male with arthritis and sporadic weak heart. QUINT testing resulted in autoimmune liver condition.

Dosage: C12 1x10 drops daily for 2 weeks.

ARGENTUM METALLICUM

Silver

IDEA: metal fatigue, tetter, lichen, cartilage

Tetter, affection of cartilage, - growth, mental fatigue, **weak legs**, exostosis, **convulsions when falling asleep**, pain like electrical jerks, right testis, left ovary, tumors, cancer, uterus, epithelioma, dry mouth and polyuria (Diabetes), heart affections spasmodic.
Pain cartilage left rib cage.

ARGENTUM NITRICUM

Silver nitrate

IDEA: Always in a hurry, **hectic**

Central and autonomic nervous system. Many brain and spinal symptoms. Incoordination, loss of control and want of balance everywhere, mentally and physically; **Trembling**.

Stomach and intestine. All mucous membranes. Tissue growth (warts, polyps etc.) Splinter-like pains.

Patient is always in a hurry. Fear of high elevations. **Stage fright.** Irritant of mucous membranes, producing violent inflammation of the throat, laryngitis. Free muco-purulent discharge in the inflamed and ulcerated mucous membranes. Great Desire for sweets although sweets are not tolerated. Intolerance of heat.

Marked gastro-enteritis. Painful swelling in pit of stomach **Ulcerative colitis.** Diarrhea immediately after eating or drinking. Upper abdominal affections brought on by undue mental exertion. **Flatulent state and prematurely aged look.** Explosive belching, especially in neurotics.

Heart palpitations at night.

Many brain and spinal symptoms. Incoordination, loss of control and want of balance everywhere, mentally and physically; sensation as if a part were expanding and other errors of perception are characteristic. Paraplegia, myelitis and disseminated sclerosis of brain and cord. Sensation of a sudden pinch (Dudgeon).. Pains increase and decrease gradually. Destroys red blood corpuscles, producing anemia. Headache from mental exertion. Symptoms of in-coordination. Sexual weakness of males.

Amel: from **eructation**; fresh air; **cold**; Agg: **warmth** in any form; at night; from cold food; **Sweets**; after eating; **Antidote: Nat-mur.**

ARISTOLOCHIA CLEMATIS



IDEA: Hormonally active, tissue healing, urothel carcinoma

Urinary tract: Affecting tubuli of kidneys. Balkan nephropathia (urothel carcinoma). Pain in bladder, chronic irritating cystitis ([Cantharis](#)). Affecting colon and rectum. Carcinogenic.

Genitals: Probably acting via pituitary in cases of amenorrhea, menstrual problems, female genital and menopausal complaints, late menarche, infertility (D2 or D6), Menopause and menopausal arthritis. Epididymitis.

Knee pain ([Sepia](#)) (also 10% ointment). Pain in left Achilles tendine (Symphytum), stinging in heels. After middle ear operations. ([Natr.phosp](#))

Skin: face acne, blain acne, female genital eczema, eczema pustulous acne, vaginal eczema,

Wound healing and immune stimulating. Activating phagocytes for neutralizing Staphylococcus. Reducing leukocyte damage caused by Chloramphenicol. Reducing inflammation. Fatty liver. Burns. Central symptoms (Metzger).

Almost identical to [Pulsatilla](#). Cold remedy with alleviation in fresh air. Local heat beneficial. Motion brings joint relief. Worse at 2-3 a.m. Pulsatilla worsens in the evening and at night. Psyche: Pulsatilla wants support. Aristolochia refuses support and is bitter.

ARNICA MONTANA



IDEA: Post-trauma conditions

patient refuses any doctor

Traumatic injuries (C200). Conditions after traumatic injuries. Tumors after traumatic injuries (scirrhous breast tumor) Nerve diseases after falling (for instance Chorea) Pain from abuse of an organ (for instance heart). Angina pectoris. Fetid breath. Impotence. Vaginitis. Violent spasmodic cough. Small boils. **Thrombosis.** Tinnitus. Lying on a hard ground is painful (Petroleum). Does not walk upright easily. Conditions after broncho-pneumonia and coughing. Sudden pain in the chest preventing normal breathing (**Kal iod**). For people who become seasick easily. Affects left arm and right chest. **Cold nose.** Not good for dog bites.

High blood pressure: Arnica D4 and Aconitum D6

ARSENICUM ALBUM

Polycrest

IDEA: Fear, **restlessness, cold**, worse after midnight

Food poisoning. Thirst for small portions of water. Needs company. Dependency.

Influenza with thin, watery and excoriating nasal discharge. Sneezing. Photophobia. Seaside complaints. Restlessness. Intolerance of smell of food. Jaundice. Anemia. Skin dry, rough, scaly. *Psoriasis* (**Kal.sulf, Thuj, Thy**) which is worse in winters. periodic fever. Typhoid. Thoughts of committing suicide. Nails: cross groove. Borreliose.

ARSENUM IODATUM

Arsentriiodide

IDEA: sore mucosal discharge, myodegeneratio cordis, aortitis, aneurysm, chronic pneumoniitis, Tuberkulosis (beg. D4 then D2)

Heat intolerance. Tuberculosis ([Adha](#)), watery diarrhea, weakness, night sweat ([Merc](#)). Hectic ([Arg.nit](#)), Emaciation, irritant discharges, hay fever ([Ran.bulb](#)), swelling of nasal tissues, hypertrophic mucosa of **Tuba Eustachia and deafness**. Myodegeneratio cordis ([Sacch](#)) Epithelioma of the lip ([Kal.sulf](#)). Epithelioma ([Lap alb](#))

ARUM TRIPHYLLUM

Jack in the pulpit



IDEA: Irritation tongue, pharynx, intestinal mucosa

Prickling, burning irritation. Encephalitis. **Burning mucosal discharges.**

Lips bloody, fissured tongue. Strawberry tongue with scleratina. Plucking at lips and picking one's nose. Malignant scarlatina. Burning diarrhea.

ARUNDO

Giant Cane



IDEA: Allergic catarrh

If [Sabadilla](#), [Wyethia](#), Kali bichromicum, or Agaricus do not work.

Itching in nares and palate ([Wyethia](#)). Hay fever. Young men with alopecia. Sensitive to environmental pollution. As if a worm is crawling in inner organs.

ASARUM EUROPAEUM

Haselwort, European Wild Ginger



IDEA: Erethic, spastic nervous system

Aristolochiaceae

Nervosity and hysteria. **Erethism. Noises, scratching on silk or linen or paper unbearable.** Pains and spasmodic muscular actions. Nervous deafness and asthenopia. Cold shivers from any emotion. **Feels as if parts were pressed together.** Tension and contractive sensations. **Always feels cold.**

Case: Post flu subcutaneous **eye infection** or **stinging pain after eye operation** (C200)

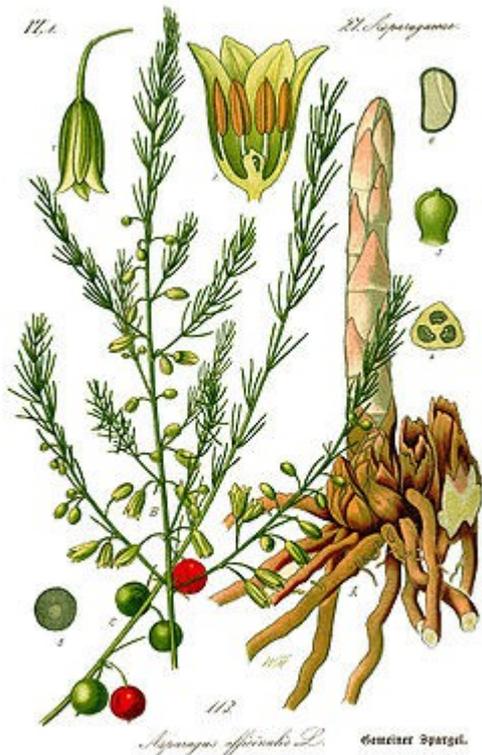
BETTER, from washing; in damp and wet weather.
WORSE, in cold dry weather; **penetrating sounds.**

Relationships

Ipecac, especially in diarrhea; Silica; Nux; China.

Case: 65 year old female with episodes of high blood pressure (RR 170/90) , diarrhea, deafness on right ear. Sensitive to sounds. Asarum C200

ASPARAGUS



IDEA: Neuralgia, urine secretion

marked and immediate action on the urinary

It causes weakness and cardiac depression with dropsy. Rheumatic pains. Especially about left shoulder and heart. Pain 5th vertebra.

Contains Asparagic acid.

L-Aspartat the base of **Asparagic acid** acting together with Glutaminic acid on 50 percent of all synapses of the central nervous system as transmitter. Stimulating the NMDA-receptors. Stimulation is not as strong as glutamate.

Affecting urea cycle.

NMDA-rezeptors belong to ionotrop glutamate receptors. These are ion channels in the cellular membrane which are activated by glutamate.

The name „NMDA-rezeptor“ means that they may be activated by specific binding with *N-methyl-D-aspartate (NMDA)* .

ASTERIAS RUBENS

Common starfish



IDEA: Congestion

Important remedy

Head, sensation of congestion, *Apoplexia* (**Op**). Epilepsia. Alike **Sepia** und Murex it **affects the genital area**. Historically it was used for uterus ailments. Cancer. **Breast cancer** (**Conium**, **Condurango**, **Saraparilla**, **Silicea** for Szirrus) Ulcers. Night agg.

AURUM MURIATICUM

Gold chloride

IDEA: Heart

Heart, liver, uterus, spinal cord, herpes

Intensive sore heart pain, feeling of heaviness and rigidity in the heart. Heart symptoms because of the chloride component. Great difficulties from palpitations. Palpitations in the night waking him up. Hyperemia through *heart diseases* ([Am.carb](#)).

Interstitial nephritis. Swelled lower abdomen – interstitial cystitis? Liver cirrhosis. Both, menopause and after menopause bleedings of the uterus.

Neuritis, sclerosis of spinal cord (X 2). Glon. is an adequate interim agent. Morvan Syndrome. Syphilis. *Herpetic lesions* ([Nat.mur](#)). *Warts* ([Thuj](#), [Sep](#)). Warts on tongue. *Cancer oropharynx* ([Cit.ac](#), [Alum](#), [Hydr](#))

Aurum muriaticum is a sycotic remedy

AURUM METALLICUM

Gold

IDEA: Melancholy with suicidal thoughts

Existential loss

Head plethora . Gnawing, stinging pain. Pain all bones of the skull. Schmerzen Schaedelknochen. Bone caries. Mastoid. Warts. Genitals affected ([Aur.mur.nat](#)). Mercury antidote.

AURUM MURIATICUM NATRONATUM

IDEA: Tumor

[Aurum met.](#) component with:

Fibroids, ovarian tumor, testis tumor

BAPTISIA TINCTORIA



IDEA: absent – minded, scattered – (typhoid)

Druggy facial expression - physiognomy. Falls asleep while you talk to him. Sore feeling and extreme weakness. Cancer adynamia ([Arsenicum](#)).

Septic conditions. Typhus, Influenza, bronchitis, pneumonia, encephalitis, cholecystitis, food poisoning, enteritis, tuberculide enteritis, enterokolitis, Peritonitis; psychotic conditions. illusion of scattered limbs; stool offensive, thin, dark, bloody. Nightmares and frightful dreams.

BARYTA CARBONICA

IDEA: Delayed development

Delayed mental development. Childish behavior. Needs reassurance. Easily influenced. Sense of inferiority. Lack of self confidence. Shyness.

Tonsils and glands around ears painful and swollen. Easy taking of cold. Abdomen hard and tense. Palpitation when lying on left side. Fetid foot sweat. **Agoraphobia. Nervous biting on nails.**

BARYTA MURIATICA

IDEA: Arterio-sclerosis, spasms with ice-cold hands.

Hypertension systolic, convulsions-epileptic, hysteria

Baryta is called for in organic lesions of the aged and dwarfish, both mentally and physically. Arteriosclerosis and cerebral affections due to this condition. Icy coldness of body, with paralysis. Sclerotic degenerations, especially of spinal cord, liver and heart.

Upper abdominal complaints after the meal.

Explosive hysterical convulsions could present a condition of acute psychosis. Attacks of convulsions and spasms with enormous movements of the limbs.

BARYTA NITRICA (Bar-n)

IDEA: Crestfallen

Chapfallen. Abject. Downhearted. Concealed.

Negative: Discontent, disaffected, without joy. Only interested as long as we are friends.

Relish something. Fear to be laughed at. To be ridiculed/laughed at.

Likes company. However, fears to be laughed at, especially by strangers

Mind: Crestfallen, chapfallen

BELLADONNA

Polycrest



IDEA: Sudden

One of the most prescribed remedies

Sudden and violent complaints and inflammations. **Cold feet and hands.** Neuralgic **pains which come and go suddenly.** No thirst. Redness of affected organs. **Sore throat. Strep-throat. Scarlet fever prevention and treatment. Right sided** complaints. Skin sore and sensitive. Dysmenorrhea, menses profuse. Eyelids red and swollen. Epistaxis. Spasmodic hiccough. Aggravation 3 p.m.

BELLIS PERENNIS

Common daisy



IDEA: Injury

Also psychological trauma e.g. no parental love

In ancient Rome, the surgeons who accompanied Roman legions into battle would order their slaves to pick sacks full of daisies in order to extract their juice. Bandages were soaked in this juice and would then be used to bind sword and spear cuts.

Affinity foremost tendons and muscles. Overstress by long distance jogging. Affects muscles of vessels. Venous congestion. "If something cannot drain properly, e.g. gall bladder infection. Rheumatism. Aftermath of cold beverages after overheating.

Skin disease. Furunkel. Palmar psoriasis. Pain after contusion . Feeling as if intestinal organs were bruised. Tumors.

Compare: Arnica und Calendula.

BENZOICUM ACIDUM

Benzoic acid

IDEA: Nodose depositions

Gout. Heberden arthritis. Heartache, weakness, sudor. **Pain left Achilles' tendon.** Spongy tongue with deep crevices; sore tongue and ulcers. Chin is itching. Mouth tumor. Pain left ankle. Bursitis. Joints cracking. Inner heat and cold extremities. Urine smells like horse urine. Dry cough. Always brooding on galling matters. Coppery blotches on skin of the face.

BERBERIS AQUIFOLIUM

Oregon Grape



Mahonia repens, is the species of Mahonia native to the Rocky Mountains



Blossom of Mahonia



(Source: Karin van Huelsen ND, Signaturlehre)

IDEA: Skin , secondary syphilis, singing pain

A remedy for the skins, **Psoriasis (D1-D6)**, **itchy skin**, chronic catarrhal affections, secondary syphilis. **Pimply, dry, rough, scaly**. Hepatic torpor, lassitude and other evidences of incomplete metamorphosis; stimulates all glands and improves nutrition.

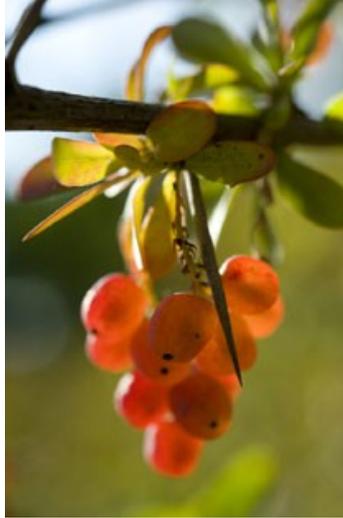
"Scald head." Scaly eczema. Acne. Blotches and pimples. Clears the complexion. Patients look very tired. Makes an old man new (Clarke). Extremities: numbness and weakness; cannot lift up a limp (Lyme?)

Stiglele had good results using Berberis aquifolia for Psoriasis. When the effect abated he used Thuja, Sulfur or Ars. alb. Intermittently . Some cases responded to Quercus robur, Hydrocotyle asiatica, Sarsaparilla and Acid. hydrochlor.

Unger got best results in women with Psoriasis using D 30 .

BERBERIS VULGARIS

European barberry, Jaundice berry



The berries are edible, and rich in vitamin C, though with a very sharp flavour; the thorny shrubs make harvesting them difficult, so in most places they are not widely consumed. They are an important food for many small birds



Source: Karin van Huelsen ND, Signaturlehre

IDEA: Stabbing - stinging pain, radiating pains, wandering

Worsening of the pain by any motion or exercise. Back pain worse when sitting or lying down. Lumbago. Pain under fingernails. Lymphatic swelling of Achilles' tendon. Rapid changes of symptoms - pains change in regard to place and character - thirst alternates with thirstlessness, hunger, and loss of appetite, etc.

Hepatic, and rheumatic affections, particularly with urinary, hemorrhoidal and menstrual complaints. Marked action on the liver, promoting the flow of bile. Acts forcibly on the venous system, Often called for in arthritic affections with urinary disturbances. Wandering, **Radiating** pains. Acts well in fleshy persons, good livers, but with little endurance. Spinal irritation. All Berberis Vulgaris pains radiate, are not worse by pressure, but worse in **standing and active exercise.**

WORSE: motion, **Standing, lying down, sitting, getting up from sitting.** It brings on, or increases, urinary complaints.

BETULA ALBA

European white birch



IDEA: renal and cardial edema

Dosage: D1

BISMUTHUM

Precipitated Sub-Nitrate of Bismuth

IDEA: Stomach

Stomach ailments: Vomits, with convulsive gagging and pain. Solitude is unbearable. **Desire for company.. Phlegmasia alba dolens** (Thrombosis of femoral or pelvic veins with swelling, pressure pain and waxy pallor of the extremity which correlates with the impaired stomach meridian) Weakness of the heart, angina pectoris, edema, cystitis, hemorrhage. Marked affinity to right arm and right forehead. Swollen gums. Better: cold drinks

Case: 70 year old male with kidney transplant. Recent Phlegmasia alba dolens right leg with tendency to spread to pelvic veins. Increasing heart insufficiency. Hardly able to breathe. Vertigo and circulatory weakness. Hardly able to walk. Filiform pulse with atrial fibrillation in the EKG. Weight gain 700 g in 2 days. Taking H2 Blocker for the stomach and hiatus hernia for a long time in order to cope gagging nausea. Bismuthum subnitr. D30 2x10 drops brings relief in one day with 400g weight loss and free breath. Stabilizing circulation.

BOLDO



The Boldo tree is native to Chile.

IDEA: liver toxin

Bladder atony; cholecystitis and biliary calculus. Bitter taste, no appetite; constipation, hypochondriasis languor, congestion of liver, burning weight in liver and stomach. Painful hepatic diseases. Disturbed **liver** following malaria.

The most common use of Boldo Leaf tea is to cleanse the liver. Boldo leaf has properties that help cleanse the blood when the kidneys or **liver** are not working well. It also helps eliminate the bile that has accumulated in the gallbladder. Another benefit of Boldo Leaf is that it reduces the formation of kidney stones and removes face blemishes that have formed because of hepatic problems.

Case: 60 year old male cyanotic male with neuro-syphilis. Abuse of nicotine. Liver congestion. Boldo D12 (QUINT system)

BOLUS ALBA

White seal



Aluminumsilikat

IDEA: Digestive tract

Harmonisation of the metabolic processes in the digestive system in disturbances of secretion and motility in the gastrointestinal tract, e.g. in diarrhoea, vomiting.

BORAX VENATA

Natrium boracicum

IDEA: Endometriosis, Aphthae

Shot fright (also for hounds), Aphthae D4 (X4)

BROMIUM

IDEA: Disease migrates from downward upwards (Diphtheria)

As opposed to Iodium it prefers a blue eyed and blond complexion. Glands are swollen and hardened (Thyroid, testes, submandibular glands, parotis). Croup has a loose rattling sound in the larynx and not the gagging as opposed to Hepar sulf.

Left sided remedy

BRYONY

Polycrest



IDEA: Dryness, pain by slightest motion, thirst, relief by pressure of painful area.

Gout. Warm, red, sheeny joints with pain by slightest motion. Avoids company. Wants to be left alone. Irritable. Materialistic. Mental rigidity

Symptoms of **dryness** e.g. mucosa, serosa, synovia, vagina, intestine, joints etc. Worse by **motion**. Sharp, **stinging pain**. Better by **pressure**, lying on the painful area. Very **thirsty** for cold fluids. Worse: heat. Better: cold.

One of the main remedies against respiratory diseases and flu ([Gelsemium](#), [Eupatorium perfoliatum](#)) Scarlet fever, Morbilli. Chewing motions of the jaws. Cough begins when entering a warm room. Dry cough ([Spong](#)). Likes to expand the lungs.

Compare [Kal. Carb](#) in respiratory disease: stinging pain is prevalent also when the patient is at rest and does not move or breathe.

Vertigo from rising the head, feeling of a stone in the stomach; stools dry, hard; rheumatic pains and swellings; dropsical effusions into synovial and serous membranes.

In the delirium patient wants to go home, even if he is at home. Physical weakness ([Mur.ac](#)), all-pervading apathy. Complaints apt to develop slowly.

Complementary: Upas when Bryonia Alba fails. [Rhus](#); [Alumina](#). Illecebrum. - A Mexican drug. –

BUFO RANA

Common toad



IDEA: Convulsive seizures, spasms, water related

Acts on the nervous system (spasms) and skin (septic infection).

Symptoms of spasms, paralysis agitans. Feeble-minded children. Prematurely senile. Epileptic symptoms. Convulsive seizures occur during sleep at night. More or less connected with derangements of the sexual sphere, Arouses the lowest passions

Paronychia. Lymphangitis of septic origin. Injuries to fingers; pain runs in streaks up the arms.

Uterine symptoms marked. Striking rheumatic symptoms.

Case: 35 old retarded male with severe lymphedema and **septic** paronychia both lower legs and shanks. Massive diuretics of no avail in the past. Patient in wheelchair.

Bufo LM one dosage only solved the case !! Own observation

Case: 69 old female with intermittend spells of vascular spasms and high blood pressure. During spasms marked tremor including chattering of teeth. Hands icecold. Sensation of constricted heart.

Bufo LM one dosage

CACTUS GRANDIFLORUS

Queen of the night



IDEA: Constriction. Like an iron string.

Throat, chest, heart, bladder, rectum, vagina. Muscle twitching.

Induration of Arteria temporalis Cact. 1x , thrombosis of vena cubitalis after i.v. infusion (own observation D1) , helpful for weak hearts and atheromatous arteries.

Characteristic of many heart diseases are weakness and cold extremities. Great pain on vertex like a heavy weight.

Compare: Aconit. Antidot of Aconit.

CADMIUM JODATUM

By X-ray and Radium treatment. Nectrotic ulcers by burns.

Impact on all glands (neck, tonsills, thyroid, mammae, ovaries, lymph system, pancreas, liver, spleen) Lymph node cancer. Ulcers in colon transversum. **Colitis ulcerosa**. Colon cancer. Constipation with frequent urge. Less sensitive to cold than the other cadmiums. **Full of hate.**

CADMIUM SULFURICUM

IDEA: Stomach

Stronger than Zinc. **Stomach: burning and cutting pain, marked belching, gagging, nausea and vomiting. Production of coherent mucus** - excellent results in **yellow fever**.. Black vomitus. Slightest touch of the lips elicits vomiting. Desire for tranquillity like Bryony. with fatigue and stomach irritation like Arsenic (Kent). **Colitis ulcerosa**.

Frosty remedy. Ice cold. Freezing even near the oven. After cold drafty air, which suppresses sweating. agg. cold air; itching of the skin by cold. agg. sun, in the morning, and after sleep, walking, climbing stairs, swallowing, grief, drunkenness, amel. Eating. Consequences of anxiety and emotions.

CAJEPUTUM

Oil of Cajeput tree



IDEA: Spasms

Spasms with suffocation. Nervous hiccup. Flatulence with painful spasms. Diseases of the tongue with feeling of enlargement. Weakened male potency. Lack of libido. Ejaculatio praecox. Frigidity of woman. Pruritus vulvae et vaginae.
D4-D30

CALADIUM SEGUINUM

Elephant ear



IDEA: Sexual organs

Pruritus sexual organs ([Helon](#)). Male impotency ([Arg.nitr](#), [Lyc](#), [Arn](#)). Premature ejaculation. Erectile dysfunction.

D6

CALAMUS AROMATICUS

Kalmus root



IDEA: Stomachicum

Remedy for the stomach. Improves appetite and digestion.

CALCIUM ARSENICOSUM

IDEA: vascular remedy

Calcium arsenicosum is very anxious. Childhood family and later family provide most shelter. Menace of any kind within that family structure causes extraordinary anxiety. Marked acrophobia. On the physical level: Calc. Ars. affects the heart and vessels. Weak feelings there, stenocardia, tumultous and explosive heart beat with hard pulse is typical..
Compare Glonoinum,, which follows well. Palpitations by slightest emotional upset: *Lithium carbonicum*.

CALCAREA CARBONICA

IDEA: Cold feet. Laughs a lot.

Most ubiquitous and main polycryst.

About 40% of the children need Calcarea carbonica. Later other layers add. Neck sweat.

Calcarea carbonica comprises all periods of life. It could cope with all diseases, simple flu to malignant tumors, simple anxieties to manic depression and schizophrenia.

Solid, responsible, hard working. Collapse from over-working. Methodical and determined worker. Takes over more and more responsibilities. **Obstinate.**

Apprehension, forgetfulness. **Excessive sweat of head.** Discharging ears. **Easy taking of cold.** Head proportionately larger but legs thinner in children. Obesity. Loss of appetite when tired. Umbilical hernia. Gall-stone colic. Menses too early, too profuse and too long. **Feet feel cold and damp. Craving for eggs.**

CALCIUM FLUORICUM

IDEA: Bone salt

Exostosis. Dentin. In elastic fibers and epidermic cells. Herpes blisters. Ulcers of the bones and fistula .**Myeloma.** Sarcoma of the maxilla. which had disformed the face froglike, was swiftly treated successfully with Calc-f. After Silicea had no effect. Cataract. Syphilitic periost swelling Calc-f. CM. Avarice, undecisiveness, occupied with money thoughts..

CALCAREA PHOSPHORICA

Calziumphosphate

Leading remedy for connective tissues ([Rut](#)). Psoric remedy (Skin disease in the family or a case history of it).

Bone remedy. Incomplete bone growth. Spina bifida. Bone too soft. Scoliosis. Joint pain. Cold extremities. Sensation of crawling ([Hyp](#)) and numbness. Pulsations; yawning; desire to stretch ([Teuc](#)). Hydrocephalus. Weakness. Neck too thin. Weak memory. Completely sappy; pouring sugar on a mat instead of in a cup; puts sausage on a mat instead of on a sandwich (own observation in a nursing home) School headache. **Sudor** ([Ver](#)). Preferentially meager or skinny. Genitals: white-cream-like fluor; burning in vagina; *nymphomania* ([Hyos](#)). Horrible jerks in muscles. Heart cramps. Short breather. Fistula. Craving for smoked food and tobacco.

Case: Faulty handling of Pulsatilla requires Calcium phosphoricum e.g. Pulsatilla D (X)4, followed by Calcium phosphoricum LM 18; own observation on painful Achilles tendine left side in combination with talocalcaneal pain, prostate adenoma, tendency for weeping.

CALCIUM SULFURICUM

Boil, furuncle, carbuncle

D6 Biochemistry Nr 12 Dr Schuessler

CALENDULA

Field marigold (*Calendula arvensis*)



IDEA: Tissue healing

Calendula extracts have anti-viral, anti-genotoxic and anti-inflammatory properties. Calendula in suspension or in tincture is used topically to treat acne, reducing inflammation, controlling bleeding and soothing irritated tissue. There is "limited evidence" that calendula cream or ointment is effective in treating radiation dermatitis. Has both spasmolytic and spasmogenic effects.

Most remarkable healing when applied locally as aqueous solution. Open wounds, parts that will not heal, ulcers, etc. Promotes healthy granulations and rapid healing by first intention. Hemostatic after tooth extraction. Deafness. Catarrhal conditions. **Neuroma.** Constitutional tendency to erysipelas (used topically). Pain is excessive and out of all proportion to injury. **Great disposition to take cold, especially in damp weather.** Paralysis after apoplexy. **Cancer**, as an intercurrent remedy. Has remarkable power to produce local exudation and helps to make acrid discharge healthy and free. Cold hands.

WORSE, in damp, **Heavy, cloudy** weather.

Relationships

Compare: Hypericum.; Symph.; Arn.

Compare in deafness: Ferr. Pic.; Kal. Iod.; Calc; Mag. ac; Graph.

Antidote: Chelidonium; Rheum.

Complementary: Hepar.

CALOTROPSIS GIGANTEA

Apple of Sodom



IDEA: Syphilis

Success with Syphilis, if mercury cannot be applied any longer.

Elephantiasis tropica, Leprosy and acute dysentery.

Lung consumption. Tuberculosis.

Increases blood circulation in skin; sweat production.

Secondary symptoms of Syphilis, heals ulcers and blotches on skin. Completing the healing process.

CAMPHORA



An ancient camphor tree, estimated to be over 1000 years old, in Japan

*Camphor is a waxy, white or transparent solid with a strong, aromatic odor. It is a terpenoid. It is found in wood of the **camphor laurel** (*Cinnamomum camphora*), a large evergreen tree found in Asia (particularly in Borneo and Taiwan)*

IDEA: Collapse

State of collapse. **Icy coldness** of the whole body; pulse small and weak. After operations, if temperature is subnormal, low blood pressure, 3 doses Camphora Officinarum. 1x, 15-minute intervals. In cholera Camphor has achieved classical fame. **First stages of a cold, with chilliness and sneezing.** Subsultus and extreme restlessness. Cracking of joints. Epileptiform convulsions. Camphor has a direct relationship to muscles and fascia. In local rheumatic affections in cold climates necessary. Distention of veins. As a heart stimulant for emergency use. Every five minutes. The patient **will not be covered**, notwithstanding the icy coldness of the body. One of the main remedies in shock. **Pain better while thinking of it.** Very sensitive to cold and to touch. Sequelae of measles. **Violent convulsion**, with wandering and hysterical excitement. Tetanic spasms. Scrofulous children and irritable, weakly blondes especially affected.

BETTER, warmth.

WORSE, motion, night, contact, cold air. Complementary: Canth.

CANNABIS SATIVA

Hemp



IDEA: Urinary tract

Affects foremost the urinary, sexual, and respiratory organs. Sensations as of dropping water. Great fatigue, as from over-exertion; weary after meals. Choking in swallowing; things go down the wrong way. **Stuttering**. Confusion of thought and speech. Wavering speech, hasty, incoherent.

Worse, **lying** **down;** going upstairs.

Relationships

[Canth.](#); [Apis](#); [Copaiva](#); [Thuj.](#); [Kal. Nit.](#)

1.-3. Potency. Stuttering 30

CANTHARIS

Soldier beetle



IDEA: Burning pain

Dramatic improvement in burns. Dissolve 10 pearls of C30 in a glass of water. Take a sip every minute. Pain will be gone in 20 minutes.

Inflammation of urinary passages. Constant urge to urinate. Nephritis with bloody urine. Excessive sexual desire in females. **Burns** and scalds. Irregular pulse, pericarditis. Abdominal complaints which are aggravated by coffee. Produces most violent inflammation of the whole gastro-intestinal canal, especially lower bowel.

CAPSICUM

Chilli-pepper



IDEA: Burning

Mucosa and bones. Pain in face bones and Os petrosum. Homesick. Sensitive to cold humidity (**Dulc**). Sensation of cold between scapulae. Left side remedy. Cold water worsens the burning. **Stomatitis**. amel. By warmth is the most important modality.

CARBO ANIMALIS

Animal coal

IDEA: Coldness. Lack of self confidence. Blue color. Copper color maculae. Mental fatigue

Coldness: Hands and feet icecold (he does not feel it). Carbo vegetabilis does not like warmth.

Self confidence: missing. Unable to say 'No'. Very sharing. Feels easily hurt because of mental weakness. Introverted and avoiding any conversation. Mentally always tired and desire to be alone. Homesickness (**Caps**). Compare **Bar. carb** or **Anac**.

Blue color: Bluish cheeks and lips, purple cold nose. Hollow eyes. No resistance to infections. Pale face, haggard complexion; Brownish-yellowish saddle of the nose could be a key symptom. Face: many different skin eruptions, painless pimples, red, **brown** or pink maculae. Exanthema, copper color like Rosacea. Acne. Zoster of the face.

Gassy abdomen and apathia. Burning pain. Putrid ulcers. Hard swollen submandibular glands with purple color. Soreness of the throat almost every morning. Much mucus in the throat with constant clearing of the throat. Heavy dry coughing in the morning und throughout the day. Stabbing chest pain during inhalation .

Pain in the heel (Phyt). Pain coccyx (**Mez**). Nagging nightly pain in the tibia. Aversion to cold (Carb-v. aversion to heat).

CARBO VEGETABILIS

Herbal coal

Desinfectant and deoderant

Blue tinge and putrefaction (Boyer: Synoptic Key)

IDEA: Capillary and venous stagnation. Coldness. Blue lips.

Greatest weakness, loss of personality, hemorrhage, gingiva retreats, bloated abdomen.

Capillary and venous stagnation: Blue and icecold. Face extremely pale. Cyanosis. Blue lips.

Weakness: Weakness (**Mur ac**, **Ars.alb**) completely drained, apathetic, needs fresh air and oxygen, collapse, „awakens the dead“. Prostration after intense allopathic therapy (**Sulf**)

Personality and physis: completely void. Great anxiety. Has never recovered from earlier ailment. Depression with total apathia.

Hemorrhage: Bleeding from every mucous membrane. Ecchymosis.

Gingiva: Retreats, loose teeth for long periods. **Parodontosis:** Carbo vegetabilis, Phosphorus, Staphisagria, and Phosphor acidum

Bloated abdomen upwards. (**Jug r**) Helps as interim when you treat somebody with Lycopodium. Closes the case after Kalium carbonicum.

Diabetes mellitus (**Syzygium** tincture, **Allox**, **Helon**, **Mur**, **Rhus arom**).

Erisipelas (**Anac**, **Rhus tox**), **hair loss**, **occipital headache**, typhus, yellow fever, cholera (**Ver**), collapse (head may be red and warm, **body cold**)

CARBOLICUM ACIDUM

Carbolic acid

IDEA: Foul exudation - gangrene

Marked adynamia and tiredness. Pain burning and stinging. Stinging like a thousand needles all over the body. Cold hands and feet. Urine dark. Pneumonia unilatral or bilaterally. Cancer. Exhaustion. Stomach cancer. For cholera if Veratrum fails. Diabetes. Erysipelas of right hand and arm. Specific for influenza; Initially 3x and 30x for subsequent weakness (Cooper).

CARDIOSPERMUM

Balloon vine



IDEA: Contains Cortisone

Eczematous dermatosis. Iching. Skin eczema ([Sulf](#), [Vinc min](#)), nettle rash, contact- and chronic dermatitis. Scaly skin ([Ars alb](#)). **Crying without reason. (D2)**

CAREX ARENARIA

Sand sedge

IDEA: Sweat

Detox to the skin for venereal diseases. Similar to Sarsaparilla. Consumption and after mercury application. Diseases of the glands, liver. Gout, uremia, amenorrhea, diaphoretic.

CATECHU

Betel nut



IDEA: Stimulation of CNS, muscles, and heart by blocking Acetylcholin-esterase

Of use in Helminthiasis. Contracts the pupil, acting more promptly and energetically but of shorter duration than *Eserine*. Serviceable in glaucoma. Acts also as a salivatory like *Pilocarpin*. Also increases the amplitude of pulsations of the heart and promotes the contractility of the intestines.

Acetylcholine is a neurotransmitter in the [autonomic nervous system](#) (ANS). It acts on both the parasympathic and sympathetic first neuron. Then it acts only on the second parasympathic neuron. It acts on both the [peripheral nervous system](#) (PNS) and [central nervous system](#) (CNS) and is the only neurotransmitter used in the motor division of the [somatic nervous system](#). Acetylcholine is also the principal neurotransmitter in all [autonomic ganglia](#)

In cardiac tissue acetylcholine neurotransmission has an inhibitory effect, which lowers heart rate. However, acetylcholine also behaves as an excitatory neurotransmitter at neuromuscular junctions in skeletal muscle.

Acetylcholine is an ammonia derivative. See Ammonium carbonicum in cyanotic heart failure

As Catechu acts as an Acetylcholin – esterase inhibitor, more free Acetylcholin is actively working and thus over-stimulates the central, autonomic, peripheral, and the motor division of the somatic nervous system. The patient seems to be “hyperactive” mentally and physically

CAULOPHYLLUM

Blue cohosh



IDEA: Female genitals, rheumatism

Spasms uterus intermittently ([Secale cornutum](#), sustained) Chloasma, Pityriasis versicolor.
Rheumatism of small joints. Inner trembling in combination with fatigue.

CAUSTICUM

IDEA: Paralysis, extremely sympathetic, nervous system

Psoric remedy

physical and mental paralysis. Tendency for **neuro-muscular ailments, paralysis, cramps, involuntary leg movement at night, palsy**, increasing weakness, neuralgia, radicals and extremists

Lead poisoning.

Manifests its action mainly in chronic rheumatic, arthritic and paralytic affections, indicated by the tearing, drawing pains in the muscular and fibrous tissues, with deformities about the joints; Carpal syndrome, contractures of tendons (Dupuytren). **Progressive loss of muscular strength.**

Sensitive for injustice and compassion for others. Sensitive to other people's sufferings. It could then provoke own ailments (Phosphorus) However, Causticum does not worry too much about own health as opposed to Phosphorus. They join extremists. Religious fanaticism. They hide their grief and keep brooding. They are not as flexible as Phosphorus. They have the tendency to weigh, to consider, and brooding. Causticum - children seem to be deep thinkers taking things more serious than Phosphorus. Through their thought processes they suffer more.

Broken down seniles. Paralysis, neuralgia or rheumatic pain through cold dry winds or drafts (Bell's palsy). Humidity improves this condition. Cold-dry winds (Aconitum). **Sore, raw pain is typical for Causticum.**

If scratching an itchy area produces more itching, it is Sulfur. If it produces soreness and raw pain, it is Causticum. If Sulfur is indicated and fails, Causticum often is the better choice. **One of the best remedies for warts.** Constantly clearing the throat. **Worse in the morning.**

Causticum needs a long period to develop disease as opposed to Ignatia, Staphysagria, or Natrium muriaticum. These manifest overnight. Causticum takes a long period of grief and mournful events. Once this has happened, we are dealing with a serious health problem. (Vithoulkas). Suppression of eczema (Sulfur). **It is an important for conditions after a burn. Even for atrophic organs.**

Causticum, Eupatorium perfoliatum, and Rhus toxicodendron are competing for first rank in influenza.

CEDRON

Aloysia triphylla. Quassia family.



IDEA: Intermittency. Neuralgia.

Neuralgia, fever, trigeminus neuralgia

CENTAUREA CYANUS

Cornflower



IDEA: Andrology

Eye ailments, headache, bladder and kidney ailments, jaundice, cough, blood cleansing.

Case: 68 year old male with prostate cancer (PSA 7,8 ng/ml, normal 4 ng/ml), beginning macula degeneration.

Centaurium D12 1x daily until reaction then sporadic.

CENTAURIUM ERYTHREA

Common Centaury



IDEA: Stomach ailments, stomach meridian

Centaurium CP Iso

CETRARIA ISLANDICA

Island Moss (Symbiont from algae and fungus)



IDEA: Lung bleeding

Any expectoration of blood

CHAMOMILLA

Chamomilla recutita



IDEA: Short tempered, tetchy, and irritated child. Rheumatic remedy.

Mental-emotional remedy. Short tempered very characteristic Never for balanced and quiet children.

Pain with copious sweat

Very sensitive to pain. Toothache worse by pressure. Coffee worsens. Impatience. Dislike to be touched . One cheek red, the other one pale.

Talocalcanean joints give in. Paralytic adynamia of feet. Rheumatism driving the patient off the bed at night. Tenesmus of bladder. Lumbago ([Berb](#), [Nux-v](#)) Menstrual pain ([Ver](#)) propagate upwards ([Gels](#)) Acute duodenitis (chron. [Kali-bi](#)). Agg: heat, night.

Case: 60 year old male with rheumatic complaints. Creaking knee joint and foot joints. Left knee is weak und gives in. Pain Achille's tendon. Stiffness in feet joints at the beginning of movement foremost left side. Rhus toxikodendron D12 and Chamomilla C30

CHELIDONIUM



Greater Celandine

A cut stem dripping with yellow sap.

IDEA: Domineering people

Right sided complaints. Liver, lungs, and headache. Affected bile system. Pain radiating from bile to right scapula. Jaundice. Neonatal jaundice. Right sided pneumonia.

CHENOPODIUM ANTHELMINTHICUM

Wormseed



IDEA: Right side Meniere

Pain in right scapula very marked. Symptoms of apoplexy, right hemiplegia, and aphasia. Stertorous breathing. (Opium.) Sudden vertigo. Meniere's disease. Affections of auditory nerves. (Nat-salicyl.) Oil of Chenopodium for hookworm and roundworm. Copious urine. Yellowish sediment. (Chel.)

Compare: Opium; China; Chelid.

Dose.

Third potency. Oil of Chenopodium for hookworm, 10 minim doses every 2 hours for 3 doses; also Carbon Tetrachloride.

CHIMAPHILA UM BELLATA

Prince's pine. Wintergreen.



IDEA: Spezific for BPH (Benign Prostate Hypertrophy)
Frequent urination.

Urinary complaints. Uric acid concrements. The Cree-Indians: He (the juice) who brakes him up (the urinary, bladder stone) into small pieces. **Frequent urination** and diabetes. Passive bleedings of kidneys and intestine. Metrorrhagia, Fluor und Gonorrhoea. Because of the capability to increase kidney secretion, it is given for kidney stones and irritation of the prostate. Catarrhal conditions with mucus. Putride mucus, pus and blood. Forkes urination, hematuria.

It could cause flushing of the cheeks, kind of heat and **increased pulse frequency.**

D2-D30

CHINA OFFICINALIS

Bark of the Peruvian tree



IDEA: Weakness with erethism. Sweat, periodicity

Loss of body fluids, malaria, most important for **pain in right hypochondrium** (liver), bloated abdomen (Lycopodium, Carbo vegetabilis), coldness, diarrhea without pain, spells of tachycardia and atrial fibrillation, noise in the ear, sweating after minute exercise especially at selected areas of the body. Extremely sensitive for touch. Hard pressure gives relief. **M. Hodgkin D4 (Chin.ars)**

Frequent applications until reaction shows.

CHININUM ARSENICOSUM

IDEA: Prostration

Neuralgia, prostration, anorexia ([Pic ac](#)). Skin ice-cold. Periodic asthma. Eggs causing spontaneous diarrhea. Bursting headache.

CIMICIFUGA RACEMOSA

Black bugbane



IDEA: Nerve – muscle pain and ovary

Rheumatic, algospasm uterus, irritation ovary

Muscle and algospastic pain, mostly of nerval origin in any part of the body.
History of ovary and uterus complaints.

CICHORIUM INTYBUS

Chicory



IDEA: Bile remedy

Weak eyes, head, and intestines. Headache, constipation.

Case: 50 year old obese male with alcoholism, retinopathia, alcohol induced ophthalmopathia.
Rectum carcinoma, **stool incontinence**.

CICUTA VIROSA



IDEA: Epileptiform cramps.

Spastic paralysis ([Secale cornutum](#)), head is drawn to one side, spine drawn back bow-like.

Very poisonous plant. Belongs to the same family as [Conium maculatum](#) (death of Sokrates), and [Aethusa synapium](#) (Aethusa is most important against Astrocytoma of the brain). All three plants are neurotoxic.

CIMEX LECTULARIS

Bed bug



IDEA: As if tendons are too short.

All joints ache. Tiredness. Constipation.

CINNABARIS

Mercurius sulphuratus ruber

IDEA: Sleep worsens complaints

Compare: Lachesis, Mercurius, Acidum nitricum, Thuja

Warts on preputium better than Thuja. **Pressure on root of the nose.** Resumes discharge of inflamed sinuses.

CISTUS CANADENSIS

Rock rose



IDEA: Lymph glands, lymph system

Catarrh of nasal and bronchial mucosae.

Sensitive to cold. Affecting the lymph, scrofulous enlargements of lymph nodes, **malignant lymph nodes in the neck. Compare Calcarea.** Graphites, Hepar sulphuris, Phytolacca, und Stillingia. Scrofulous abscess and hip ailments. Discharge of mucosae. **Chronic Erysipelas,** scrofulous ophthalmia, Scurvy. Scrofulous mesenterial glands. Crust on the right zygomatic bone. Mental work causes marked exhaustion. Tips of fingers sensitive to cold and chapped.

CISTUS INCANUS

Hairy rock rose



IDEA: Immune booster (Polyphenoles)

Borreliosis, heart, circulation

CITRICUM ACIDUM

Zitronensaure

IDEE: Zungenkrebs

Schmerzen bei Zungenkrebs ([Alum](#))

CLEMATIS

'Nelly Moser'



IDEA: Genito-urinary

Acts especially on skin, like the other Ranunculaceae it irritates the skin with inflammation and blisters. **GLANDS and genito-urinary organs**, especially testicles. A remedy of much importance in disturbances of sleep, and neuralgic PAINS in various parts. Marked weakness. Cancerous and foul ulcers. Cancer. Photophobia. Lacrimation.

BETTER, in open air. WORSE, **at night**, and warmth of bed

COBALTUM NITRICUM

IDEA: Pain in every muscle, “tendine”, or joints. Also sudden.

Case: 34 old male with arthritis psoriatica. Pain in every „tendine“ and muscle for some weeks. Cobaltum nitricum D400 (QUINT system).

COCCULUS

Moonseed



IDEA: Vertigo, Muscular weakness

You think of Cocculus in case of vertigo often in combination with nausea. It has a spastic component like Nux vomica or Ignatia. It follows Nux very well. For light-haired women.

Muscles too weak to hold the head. **Sensation of Hollowness**, or emptiness, as if parts had gone to sleep. Night watching. **Vertigo**. Dizziness. **Low back feels paralyzed and weak.** Numbness of soles or one arm. Fatigue. Depression. Introverted-restless and later delayed. Progressive neurological dysfunction. Anxiety. MS.

WORSE, eating, after loss of sleep, afternoon.

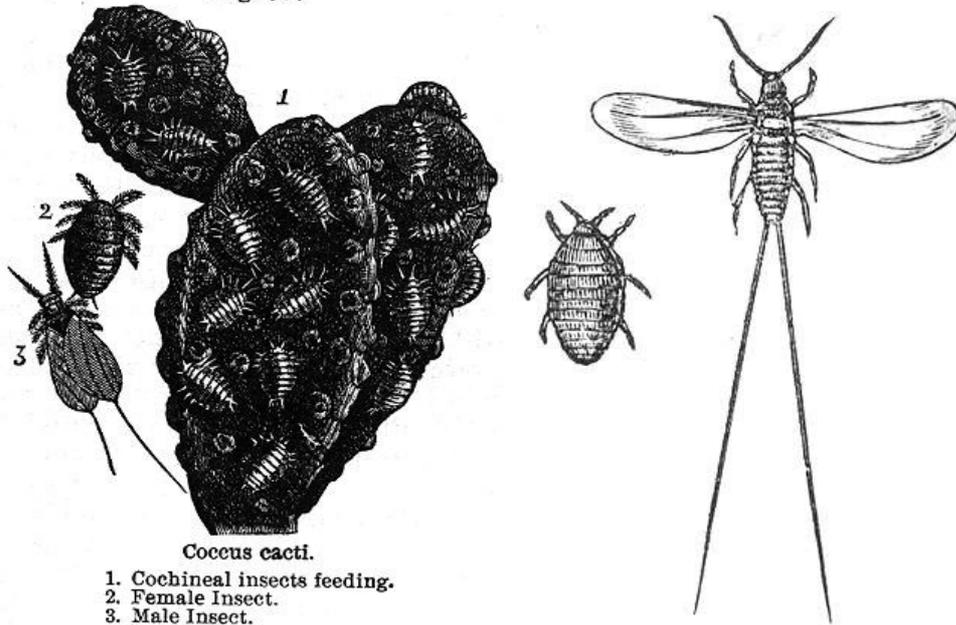
Relationships

Antidotes: Coffee, Nux.

COCCUS CACTI

Cochinella lives on cactus

Fig. 79.



IDEA: Mucus

Lung/bladder

Mucus in pharynx, cough, spastic component, whooping cough, short breather, asthmoid. Tenesms lower abdomen. Putrid hydronephrosis.

Frequent use for cough. Whooping cough, kidney stones D 6 bis 12.

Case: 66 year old male with pain in bladder and long standing mucus in throat, harrumphing, dry cough. Bladder improved after Sarsaparilla D200. Then increasing mucus in pharynx and throat, short breather, pressure behind upper sternum. Coccus cacti D12 2x daily until reaction, then sporadic (QUINT system).

COFFEA CRUDA

Coffee



IDEA: Pain remedy, sleeplessness

All sensory organs are stimulated (Eyes, olfactory, touch etc). Predominantly a remedy for the night. Pain increase slowly in the morning e.g. 3 a.m. Aftermath of wine consumption.

Toothache better by warmth. Comparable stimulants: [Aconit](#) is fearful and anxious, [Aurum](#) is suicidal, aggressive beating around in child-bed, [Chamomilla](#) is rude, [Nux vomica](#) is gumpy , does not want to interact with anybody, [Colocynthis](#) has anger in the belly, [Staphisagria](#) wants to throw objects.

COLCHICUM AUTUMNALE



IDEA: Gout - Pain of big toe

Important remedy

Affects markedly the muscular tissues, periosteum, and synovial membranes of joints. Has specific power of relieving the gouty paroxysms. It seems to be more beneficial in chronic affections of these parts. The parts are red, hot, swollen. Tearing pains; worse, in the evening and at night and from touch; stubbing the toes hurts exceedingly. **There is always great prostration**, internal **Coldness**, and tendency to collapse. Effects of night watching and hard study. Shocks as from electricity through one half of body. Bad effects from suppressed sweat. Dreams of mice.

BETTER, stooping.

WORSE, sundown to sunrise; motion, loss of sleep, smell of food in evening, mental exertion.

Compare: **Colchicine** (intestinal catarrh with shreddy membranes; convulsive jerkings of right hand; rheumatic fever, gout, endo and pericarditis, pleurisy, arthritis, deformans in early stages; **Intense pain of rheumatism** 3x trit.). Also, Carbo; Arnica; Lilium; **Arsen.**; Verat.

mind; memory; weakness of memory; mind; memory; forgetful; head; cerebral haemorrhage Headache chiefly frontal and temporal, but also occipital and in nape of neck, worse afternoon and evening. **Smell: over sensitive. Smell of food causes nausea even to fainting**, extremities, limbs; swollen; joints. **If Apis and Arsenicum album fail for edema.**

You may consider Colchicum for the conditions below if there is pain in the big toe:

- Flatulence
- Diarrhea with vomiting
- Pleuritis
- Vomiting
- Gastritis
- Poor memory
- **Joint pain**
- **Gout**
- Gastro-intestinal inflammation
- Gastric flu
- Nephritis
- Norovirus-Infection
- Fainting
- Rheumatism

- Salmonella-Infection
- **Tendovaginitis**
- **Adjuvant cancer therapy (Colchicum comp. Heel)**

COLLINSONIA



IDEA: Rectal pathology

Rectal symptoms (fissures, hemorrhoids, prostate, constipation) Hemorrhoids with constipation. **Alternating with heart symptoms.**

As opposed to Aesculus, Collinsonia hemorrhoids could bleed heavily. Also there is constipation other than Aesculus. There is no back pain. Collinsonia may be correlating with heart symptoms.

Compare: Aloe, Aesculus

COLOCYNTHIS

Bitter Cucumber



IDEA: Colics.

Colocynth produces a state in the nervous system like that found in individuals who have for years been laboring under annoyances and vexations.

Neurotrop remedy with **colon-spasms (also children)**, trigeminus nerve, sciatic nerve, left coxa

Develops most of its symptoms in the **abdomen and head**, causing intense neuralgias. It is especially suitable for irritable persons easily angered, and ill effects therefrom. Women with copious menstruation, and of sedentary habits. Persons with a tendency to corpulency. The neuralgic pains are nearly always **relieved by pressure and warmth**. Cramps and twitching and shortening of muscles. Constrictions and contractions. Cystospasm following operations on orifices (**Hyper**). **Urinous odor of perspiration (Berb; Nitr ac)**. Agonizing pain in abdomen, causing patient to bend double, is most characteristic. Sensations; cutting, twisting, grinding, Pain in left hip. Important for sciatica.

Colics of infants. **Tucking up ones leg for relief. Wave-like cramps**. Intolerance for milk

In combination with Chelidonium, Colocynthis counteracts gall bladder colics. Stabbing toothache, glaucoma, diarrhea and colics, pain in left coxa, urinary infections with cramps, sciatic pain, burning pain in the face (Trigeminus-neuralgia), Lead colics, Tic douloureux with subsultus.

Cramps immediately after eating or drinking. Often indicated in the transition season when the air is cold, but the sun is still powerful enough to heat the blood.

CONDORANGO



Bark of condurango

(rope of the condor)

IDEA: Antimicrobial (virus & bacteria), anti-cancer, anti-diabetic, anti-inflammatory
Typical are cracks and fissures in the corners of the mouth. If combined with cancer, condurango is of value. Stomach pain, breast cancer, prostate cancer, tongue cancer.

CONIUM

Poison hemlock



IDEA: Ascending paralysis

Gradually over years increasing stiffness and paralysis ascendant from legs. Accompanied by mental apathy, vertigo and ataxia. Prone to depression and crying. Stiff and weak legs. Often at old age. Swelling and hardening of glands. Urinary complaints (stop and go urination), **prostatitis, cancer**. Bruises (**Bellis**) (testicles). After sexual abstinence. Itching, stinging pruritus on chest.

Case: 64 old male with bladder pain above symphysis. Longtime lumbal stiffness and complaints. Urine flows stop and go. Nervous system lacrymose. Complaints worse in the morning in bed. Fresh air and motion brings relief. Diagnosis: Prostatitis, chronic bladder neck inflammation, posterior urethritis. Therapy: Viburnum opulus C30, Conium LM18, and Pulsatilla D12. One dosage of each substance brought almost no complaints. Instead both hip joints started to ache. No further therapy. Healing goes from top to toe.

CONVALLARIA



IDEA: Infectious-toxic heart

Important heart remedy in Russia. Flatter of the heart when it is stressed. Worse by warmth. Sleepyness. Simultaneously affects the uterus/prostate. Sore pain of the uterus. Congestive heart. Skin dropsy. Important remedy (Nash) Condition after pneumonia when the infection has progressed to the heart. Akin to Allium Cepa and Allium sativum. **Sensitive to warmth.** Closely related to Lilium tigrinum. **D3 and 1-15 drops of mother tincture in heart failure.**

COPAIVA

Copaiva Tree (Amazon)



IDEA: Skin and mucous membranes

For the urinary tract it must be studied together with *Cantharis*, *Cannabis sativa*, *Thuja*, *Berberis*

Resin of the tree is used by the Indians of the Amazon for all kinds of skin problems e.g. inflammation, psoriasis, neurodermitis, Herpes

Affects bladder and prostate. Pain in neck of bladder. Gonorrhoea. Disgusting bronchial mucus. Well-marked nettle-rash.

Relationships

Antidote: Bell.; Merc.

CORYDALIS FORMOSA

Colic Weed



IDEA: Ulcers

Syphilitic ulcerations of the scalp and syphilitic ulcers of the mouth, gastric catarrh, scrofulosis, liver and spleen enlargement.

COTYLEDON UMBILICUS

Pennywort



IDEA: Heart myositis

Marked affinity to heart. Pain and short breathed in chest. Heartache.

Could not articulate for some time on awaking. Pressing vertex headache. Ailments from suppressed emotion. Joint pain. Rheumatic substance.

COUMARIN

IDEA: Bleeding, allergies, pericard effusion

Coumarin-intoxication shows pale mucosa (anemia). Retching, denies eating, unresponsiveness.

Marked bleeding tendency, nose bleeding, bleeding of gingiva, bloody expectoration when coughing, blood in urine and feces. Bleeding into pericardium or pleura. Reduced cardiac output with higher heart frequency. Reduced air capacity in lungs and dyspnea. Lameness if bleeding affects the joints. Bleeding into the skin.

Large quantities of rat poison cause sudden shock symptoms and the dog dies.

Coumarin is used in perfumes and softeners. Also as aroma enhancer and additive in alcoholic beverages. Although it is generally banned because of liver toxicity.

CROTALUS HORRIDUS

Timber rattle snake



IDEA: Memory - sensorium impaired, hämorrhagic diathesis, **sepsis**, long time pre-existent illness, shock. Nose bleeding.

Heart, memory. Gangrene, scab-eschar inflammation of pharynx. Skin cold and **dry**.
Lachesis cold and **sticky**.

C200

CROTON TIGLIUM



IDEA: Skin and intestine

Diarrhea immediately after eating or drinking. Gagging diarrhea. **Norovirus** infection (**Colch**). Kroton oil is a strong purgative and irritant of the skin. Unendurable itching. Vesicular eruptions with unendurable itching. Antidote for **Rhus** toxicodendron poisoning: **Anac**, **Coff**, **Jug c**. Antidote for Crot.t. poisoning is **Ant.t**

Mix a paste of instant **coffee** and water; 2 table spoons of coffe and a little water. Brush paste on itchy rash. Let it dry. Itching stops instantly. Orally Coff D (X) 6

CURARE

Indian arrow poison

IDEA: Paralysis, weakened reflexes

Muscular paralysis causes by impact on nerve ends without impediment of cognition and awareness. Contrary to Nux vomica. Death by paralysis of breathing muscles. **Reflexes are reduced or absent** (as opposed to Nux-v.); kataleptic condition; rigidity with fixed vision while walking. Diabetes.

Paralytic weakness indicates Cur. ; Weakness of old people, neurasthenia through loss of body liquids.

CUPRUM METALLICUM

Copper

IDEA: Diseases which had been suppressed into inner layers. Spastic component.

Blue lips.

Releases inner spasms. Therefore prophylactic against collaptic stae of cholera.

Cramps and spasms start in hands or feet progressing to the abdomen.

A remedy after shock or terror: involuntary movements of arms and legs up to chorea.

Shallow-brained behavior. Tongue heavy and slow speech. Clumsy walk.

Eklampsia. Suppressed psoriasis.

CUPRUM SULFURIKUM

Copper sulfate

IDEA: Allergy, blue component of the lips (copper)

Swelling of face up to impediment of vision. Heals itching eczema.

Alike Kalium bichromicum it causes stringy mucus.

DOLICHOS PRURIENS

Mucuna pruriens



IDEA: Itching on every part of the body without rash.

Affecting right side of body. Liver and skin remedy. Jaundice. Sensation of splinter right tonsil and throat (Hepar sulf, Arg.nitr.) Herpes Zoster.

Dentitio after Aconit . Sensitive, painful gingiva. Convulsions.

DROSERA ROTUNDIFOLIA

Sundew



IDEA: Spasmodic, whooping cough, spasms

Whooping cough, measles. Crawling in trachea and ongoing cough. Mucus can hardly be expectorated. Larynx problems including hoarseness. Tubercle, consumption (D1). Weakness, gagging. Hip pain and limping. **Stiffness. Great affinity to foot joints.** Tearing pain in foot joints, stinging pain also in bones. Achille's tendine left side painful, stinging ([Benz.ac](#), [Rhod](#), [Thuj](#), [Van](#)) and swollen ([Berb.v](#)). Do not repeat high potencies. D1-D3. Zincum group according to Teste. Similar symptoms with [Menyanthes](#).

DULCAMARA

Bittersweet. (Night shadow plant)



IDEA: Rheumatism, warm days and cold nights, damp conditions.

Preoccupied with family controversies and disagreements. **Paralysis.**

Mucous and serous membranes. Paralysis. Low back pain.

Important for allergic and herpetic conditions.

Alternating diarrhea and rheumatism.

EIAEAGNUS

Oil willow



IDEA: Wound healing

Accelerates cutaneous wound healing,

ELATERIUM

Squirting cucumber



IDEA: Aqueous diarrhea

Splashing diarrhea, foamy, olive-green

Beriberi, scurvy, hydrops, yawning, rheumatism, pain in fingers, hips, and toes.
By dampness

EQUISETUM ARVENSE

Field horsetail



IDEA: Bladder

Rich in minerals: **Silicium**, Kalium, Calcium

Chilblains and wounds. Main target is the bladder. Enuresis, Dysuria.

Less thirst than *E. hiemale*

Heavy, dull pain in bladder without relief after urination. Pain after urination. Urine dripping.

Sharp, burning pain in urethra. Incontinence in children.

Better: Lying down

Worse: Motion, pressure, sitting.

EQUISETUM HYEMALE

Horsetail Reed



IDEA: Bladder

Tuberkulosis, enlarged veins, right side, dropsy

Bladder infection: Equisetum hyemale D4 and Cantharis D6 alternating every 30 minutes

Symptoms:

Albuminuria

Uterus carcinoma

Weak bladder

Dysuria

Enuresis

Frequent urge to urinate

Inkontinence of urin

Inkontinence of stool

Stinging pain

Burning pain, worse by pressure, touch, motion, cystitis

ERYSIMUM

English wallflower



IDEA: Respiratory tract

Chest, trachea, cough, mucus, chest oppression

EUPATORIUM PERFOLIATUM

Common boneset



IDEA: Bone pain, sore - raw pain

Bone pain caused by malaria, **influenza**, flu, cancer (D12). Cough: hand-knee position brings relief. Recurrent fever. Sore pain ([Ham](#))

EUPATORIUM PURPUREUM

Gravel root



IDEA: Irritated bladder, impotence

Irritated bladder, diabetes insipidus, incontinentia urinae and complaints by concrements. Male impotence. Infertility and atonic uterus at females. Dyspnea with dropsy. Eupat. perfoliatum and Eupat. purpureum both express severe chills with shaking and tremor. **Yawning and sighing. Running nose.**

Compare: [Senecio](#); [Cannab. Sat.](#); [Helon.](#); [Phos-ac.](#); [Triticum](#); [Epigea](#).

Dosage: First potency

FAEX MEDICINALIS

Beer yeast

IDEA: Heavy metal detox

Contains among others Vitamin C (Ascorbic acid), a potent neutralizer of free radicals and part of numerous redox- systems. Mercury is directly bound by complex binding. However, the bonding may be instabil Further, the non enzymatic regeneration of a-Tocopherol (Vit. E) is supported, Vit E seems to be the most effective free radical absorber of the organism. Simultaneously there is both marked reduced absorption of heavy metals and increased elimination . It has been supportive for eliminating the following heavy metals:

As = Arsenic Pb = Lead Hg = Mercury Sr = Strontium Cd = Cadmium

Application is suggested for heavy smokers with pre-malignancies.

FERRUM ACETICUM

Iron acetate

IDEA: Weakness and ongoing cough

Pain (pressure) occiput. Alkaline urine with acute ailments. Pain right deltoid muscle. Nose bleeding. Foremost for frail, pale, and weak children with slowed growing and lack of stamina. Varices on feet. Expectoration of copious green pus ; Asthma, agg. when sitting still and lying down. Consumption, permanent cough; post prandial vomitus. Bloody cough.

FERRUM ARSENICOSUM

IDEA: Enlarged liver and spleen

Alike China (such as Malaria). Spleen affected. Pale skin.

Enlarged liver and spleen. Fever. Undigested stool. **Albuminuria** ([Thyr.](#), [Kalm.](#), [Helon.](#), [Merc-c.](#), [Berb.](#), [Canth.](#)), **Anaemia**. Chlorosis. Dry skin. Eczema, Psoriasis, Impetigo.

Dosage D3

FERRUM METALLICUM

Metallic iron

IDEA: Trophic (nutritional) impairment

Paralysis, spasms, sore pain in abdomen. Cramps in lower abdomen. *Pain in bladder.*
([Teuc](#), [Canth](#), [Equ. hiem](#), [Equ.arv](#), [All.cep](#), [Ter](#), [Arist](#))

Disparate circulation, for instance cold extremities and inner heat. Headache occiput. Reduction of red blood cells (anemia), Myoglobins dysfunction, impairment esophagus (food does not move), intestinal dysfunction (diarrhea during meal).

Face pale or red. Spontaneous flushing of face. Easily irritated. Dry cough ([Rum](#)). Heart cramps. **Rheumatism of left shoulder, hip, shin, foot.** Intolerance for eggs. Frequent cachexia

Case: 24 year old male with increasing spastic paralysis and impaired walking. Right hand cannot write any more. Upper abdomen burning sensation. Babinski positive Borrelia pos (QUINT), MS Nosode pos. (Stauffen Pharma)

Suggested diagnosis: Motorneuronal-Myoglobin dysfunction. Borreliosis. DD ALS.

Ferrum metallicum D3 3x daily (QUINT System). Gelsemium D4 3xdaily, Caustikum D6 3xdaily, Latyrus sativus D6 2 hourly (Radar System). Improvement of symptoms.

FERRUM PHOSPHORICUM

IDEA: first stage of all inflammations

The remedy for first stage of all febrile disturbances and inflammations before exudation sets in; especially for catarrhal affections of the respiratory tract.

Ferr. Phos. 3x increases haemoglobin. It stands midway between Aconite and Belladonna, and the asthenic sluggishness and torpidity of Gelsemium. Easy flushing of Ferrum. Prostration marked; The superficial redness never assumes the dusky hue of GELS. Pulse soft and flowing; no anxious restlessness of Aconitum. Susceptibility to chest troubles. Bronchitis of young children. **In acute exacerbation of tuberculosis, a fine palliative of wonderful power.** Ferr. Phos. 3x increases haemoglobin. In pale, anaemic subjects, with violent local congestions. Hemorrhages, bright from any orifice.

Better: cold applications. Resting and slow motion. Cold drinks give relief for toothache.

Worse: at night and 4 to 6 a.m.; touch, motion, right side, meat, pastries, coffee, tea, warm drinks, cold air.

"Painless irritation of the fiber" Cooper healed a patient with consumption and transparent skin. If the muscles cells of the intestinal villi lose iron molecules, they become inert to do their job, diarrhea results. If iron molecules, inside the cells, are interfered by other substances, the cells become weak. If that happens with ring muscle cells of the vessels, they dilate which results in plethora of the blood. This is called **hyperemia**. Hyperemia is the first stage of inflammation. Ferrum phosphate reverses this condition. Cells resume their normal activity.

Sensitive for touch and commotion. Headache better by cold applications. Eyes red, inflamed, with burning sensation. Epistaxis; bright red blood. Face flushed; cheeks sore and hot. Ulcerated sore throat. Tonsils red and swollen. Eustachian tubes inflamed. Aversion to meat and milk. Anemia. **Stools watery, bloody, undigested.** Congestions of lungs. Hemoptysis. Expectoration of pure blood in pneumonia. Palpitation; pulse rapid. **Rheumatic pain in shoulder** worse at night, **hip, shin, foot.** Restlessness and sleeplessness. Pain in fresh wounds (bruises, sprains etc) decrease because of decreasing hyperemia with Ferrum phosph.

FERRUM PICRICUM

Ferropikrate

Important for completion of other remedies. Breakdown of functions, for instance, failure of vocal cords after a speech, deafness ([Ars.iod](#)) of one ear after lumbago/kidney treatment. Tinnitus. Prostata adenoma. **Burning pain in neck of bladder.**([Hydro](#)) Warts and *epithelial excrescence* ([Teuc](#), [Kal.sulf](#)). Ataxia.

FLUORICUM ACIDUM

Fluoric acid

IDEA: Most important for connective tissue. Averseness to own family

Similar to Silicea it affects bones, connective tissues, and tendines. Necrosis and fistula. Better by **cold applications as opposed to Silicea**. Will not get tired working outside. Long walks do not make him exhausted and tired. Panaritium. Warts. Itching. Complaints with old scars

Antagonist to iodine. Good results in Basedow. Also Magnesium fluoratum and Calcium fluoratum. For Haemangioma and Naevus vasculosus together with Silicea. Dilation of small subcutaneous vessels and veins. Twitching, tremor, convulsions, limbs going numb.

Aggravation by warmth but also anti polar with sensitivity to cold with cold blue frog hands and cold blue acra.

Osteomalacia, dilayed healing of bone fracture (Calzium fluoratum), Exostosis, Arthrosis deformans. Varicosis of legs, Enteroptosis of organs. Fibroma oft he breast. **Sarcoma!** Skin itching or with pustules, blisters, dry and worse in warmth.

FORMICA RUFA

Ant

IDEA: Rheumatism

Arthritis, gout, stiffness joints; after lifting up too heavy stuff, important for preventing
Polyps (**Teuc**, **Kal.sulf**).
Better: motion (**Rhus tox**)

FRAXINUS EXCELSIOR

European ash



IDEA: Mucosa diseases

Uterus/Prostate/Urtethra. Enlargement of the uterus. Fibrous growths. Uterine tumors. Fever sores on lips. Infantile eczema.

Case: 67 old male with Adenocarcinoma of lower lobe of right lung with pleura involvement . Urethritis posterior. Tendency Plasmozytoma and degeneration of cardia. Dry mucosa of the mouth.

Fraxinus excelsior D30 1x5 Glob. Daily until reaction. Then sporadic (QUINT system)

FUCHSIA

was discovered on the Caribbean island of present day Dominica Republic and Haiti in about 1696-1697

IDEA: Transcends deep rage emotions into constructive attitude



With Fuchsia you can cope with deep rage and rejection by transcending them effectively. You could learn faster identifying pain and strong emotions. Thus the soul is cleansed into higher unsophisticatedness and vibrancy.

FUMARIA



IDEA: Blood cleansing and liver dysfunction

Blood cleanser for homotoxin overload. Scrofulosis. Liver dysfunctions.

Fear of the future and heart attacks. Heavy feeling of the body. Worse about 4 p.m. Strong pain left side of the chest. Chronic itchy eczema with liver dysfunctions. Craving for sweets and chocolate.

GALEGA OFFICINALS

Geißbraute

Bockskraut, Fleckenkraut, Geissklee, Pockenraute, Suchtkraut, Ziegenraute



Supports lactation and reduces blood sugar. Produces sweat and eliminates toxins. For all fervent fevers accompanied by exanthema. **Prostata adenoma with psoriasis (X4)**. Arthritis psoriatica (own observation)..

GALLIUM METALLICUM

IDEA: Failure, retreat

Avoiding responsibility by ambidextrous behavior. Back stabbing. Can only partly stand his ground. As opposed to Zincum, which can still perform by working overtime. Fear that his condition is perceived (faling). Cancer of nose.
Skin eruptions. Psoriasis

GAMBOGIA

Gummi Gutti

(GAMBOGIA - GARCINIA MORELLA)



The use of this drug in Homeopathy has been confined to its action on the alimentary tract. It produces a diarrhea (**Ver**) very similar to **Croton (Rhus arom)**. It has very intense and definite action especially on the gastro-enteric tract. Hyperacusis left ear.

GELSEMIUM SEMPERVIRENS

Carolina Jasmin



IDEA: Paralysis, Trembling

Nervous system

Same group as Nux vomica and Curare

Staggering walk, lack of muscular coordination, muscular weakness, paralysis; **weakness, prostration** ([Ac.mur](#)). **People look benumbed** ([Bapt](#)) Motor paralysis of all kinds; lower extremity, arms, tongue, double vision (diplopic); Parkinson, neuralgia, *Pain downwards up* ([Sil](#), [Sep](#)), migraine right side. Stage fright.

Trembling, general prostration, dizziness, drowsiness, dullness., slow pulse, mental apathy. Profuse urination. Bladder tenesm ([Nux vom](#)) Post-diphtheritic paralysis. General depression from heat of sun. cold and dampness brings on many complaints. Children fear falling, grab nurse or crib. Sluggish circulation. Nervous affections of cigar makers.

Influenza ([Bry](#), [Eupat](#)). *Trembling* ([Zinc](#), [Hyos](#)) Measles. Pellagra. Frequent **throat and larynx catarrh** ([Quill](#), [Spong](#)).

Stage fright, black out.

Cold feet and hands. **Becomes frosty when excited**. Wants to be left alone. Allergic coryza.

Better: bending forward, **by profuse urination**, open air, continued motion, stimulants.

Worse: damp weather, fog, before a thunderstorm, **emotion, or excitement, bad news**, tobacco-smoking, when thinking of his ailments; at 10 a.m.

GLECHOMA HEDERACEA



IDEE: Respiratory tract, inner ear

Inconspicuous and dwarfish grows Glechoma.

Disease of respiratory tract, pharyngeal catarrh, cough, bronchitis with slight bronchial asthma; coryza and long lasting affections of mucosae. Also stomach and intestinal catarrh. Impairment of urinary flow.

Case study: 42 year old female. Thermography of thorax showed diffuse phlogistic lymph infiltrates in thorax. Segmentelektrogram: RPN graphic showed marked reduced regulation in right and left thorax. Smoker. Mammae poorly developed. Auto-immune inflammation with impaired hearing of inner ears. Marked instability and insecurity of physio-psychic habitus. Therapy: Rhus toxicodendron CP and Glechoma comp CP Iso Pharma.

GNAPHALIUM

Cudweed



IDEA: Neuralgia, abdominal symptoms (Colocynthis)

Nerve pain alternating with numbness. Sciatica. Stinging rheumatism shoulders, elbow, and toes. Night sweat. Lumbal pain..

Intestinal colics. Diarrhea foul smelling. Foul tempered. Dysmenorrhea with plethora in pelvis and very painful sparse menstruation..

GRAPHITES

IDEA: fat, frosty, constipated

Against Erysipelas, hot drinks not tolerated, weeping while listening to musik, reddened eyelids, pylorus Ca, burning pain on vortex of the scalp, wet eczema behind ears.

GRATIOLA

IDEA: Gastro-intestinal tract, pride

Acts especially on gastro-intestinal tract. **Chronic catarrhal conditions**, even cholera asiatica, trembling and convulsions. Undecisiveness, hysteria, leucorrhoea and gonorrhoea. Obstinate ulcers. Useful in mental troubles from overwhelming pride. Especially useful in females. Nux symptoms in females often met by Gratiola Officinalis.

D2-D3

GUAJACUM

Pockholzbaum



IDEA: Abscess, mucous membranes

Worse by warmth and heat

Arthritic , gout, rheumatism, tophi, tendons with contractures, pleurodyny. Excessive sweat, affects muscles and joints, consumption.

It affects mucous membranes, muscles, joints, and bones and causes contractures with resulting deformation. Gout tophi around joints.

Attacks of cephalagra ; swelling of the eyes ; painful straining in the ears ; sensation of mucus in the throat, causing nausea ; repugnance to milk ; stitches in the chest ; arthritic lancinating pains in the limbs, where the pains are produced by the slightest motion and are combined with heat in the painful parts, especially after previous misuse of mercury ; pulmonary consumption, with fetid pus, etc. (Samuel Hahnemann)

Case: Bronchitis becomes putrid. Night sweats. Warm air worsens the cough. Patient has tophi on fingers, rheumatic diathesis and disease of the bony palate.

Good after Sepia.

Antidote: Nux vomica

GYMNOCLADUS CANADENSIS

American coffee tree



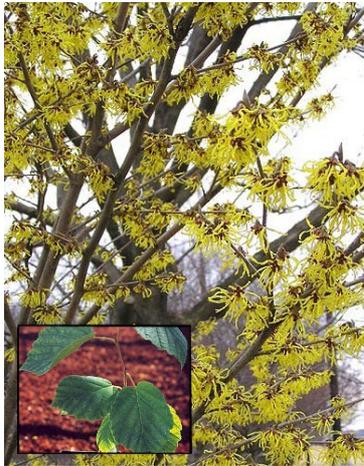
IDEA: Herpes Infection

Indifference to what happens around him. Cannot think, comprehend or study ; forgets every thing. Dizziness with dimness of sight ; nausea, belching. Head feels full, tight, as if bound up.

Sore throat, dark livid redness of fauces, and erysipelatous swelling of face are most marked. Hives. Desire for heat and quiet. Headache, throbbing in forehead and temples and over eyes, with bluish-white coating of tongue. Burning in eyes.

HAMAMELIS VIGINICA

Witch Hazel



Hamamelis Blossom



Spider veins



Source: Karin van Huelsen ND, Signaturlehre

IDEA: Vascular bleeding. Injury. Spider veins. Hemorrhoids. Soreness. Back pain. Thirst. Flatulence. Rheumatism.

Most important remedy for any vascular dysfunction and vascular bleeding. Varicosis, Phlebitis (Apis, Bufo). Pulsing, pressing, suffering headache. Heartache.

Injury: Same rank as Calendula and Arnica. Sprained knee ([Arn](#), [Cal](#)).

Spider veins

Hemorrhoids: Aesculus has little bleeding or none. Affinity to the throat.

Soreness: Marked soreness of vagina. Sore abdomen.

As if the **back-spine** breaks. Abnormal **thirst**. **Flatulence**. **Rheumatism**.

Most significant remedy for vascular bleedings. Haemorrhoids. Aesculus has little or no bleeding. Throat relatedness ([Aesc](#)). Varicosis. Spider veins. Marked raw-sore sensation. As if the spine breaks. Sprained knee ([Arn](#), [Cal](#)). Pulsating and bursting headache. Heartache. Excessive thirst. Intensive raw – sore feeling in vagina. Flatulence. Sore abdomen. Rheumatism. Between [Aconitum](#) and [Arnica](#).

HELONIAS DIOICA

False unicorn



Deep melancholy.

Patient is bound to busy himself with something in order to keep the mind occupied.

Permanent kidney pain. Albuminuria. Diabetes mellitus and insipidus ([Rhus arom](#)). Back pain. Pruritus vulvae.

HEPAR SULFURIS

IDEA: Oversensitivity to touch, pain, and cold drafty air. Maturation.

China is also very **sensitive to touch**. However, it tolerates strong pressure well. Also mentally sensitive: very irritable and angry outbursts. Important **anti-pus and abscess remedy**. **Pharyngitis with characteristic splinter like pains**. Severe acne and rosacea. Chronic urticaria. Hepar asthma is worse in dry – cold air. Better in damp air. Natrium sulfuricum is worse in damp air. Stool and urine pass slowly.

Croup in early morning hours (Aconitum right after falling asleep)

HEPATIC A TRILOBA

Liverwort



IDEA: chronic irritation of throat and lungs

Harrumphing. Catarrh of pharynx with abundant serous/viscous sputum and hoarseness. Supports easy expectoration. As if leftover remains on epiglottis in larynx.

Dosage: Second potency

HARPAGOPHYTUM

Devils Claw



IDEA: Arthritis

Feeling of pressure in stomach and liver/gall bladder. Spastic component. Angina pectoris. Itching.

Case: 34 year old male with psoriasis and increasing arthritis in fingers, feet, and knees D12 daily

HYOSCYAMUS NIGER

Black Henbane



Alike Belladonna. Belladonna is a smooth plant. Hyos. is covered by a thick mesh of hair and a sticky secretion of a strong odor.

IDEA: Cough. Fatigue.

Belladonna has a red face. Hyoscyamus is pale. Bell is loud. Hyos murmurs. **Suddenness as (Bell)**. Distrust. Jealousy. **Cough (Dros, Ferr.met, Spong, Coc.c, Rum. Ferr.acet,Trif)**. Dry mouth and throat. Coldness. Tremor. Pulse up to 140, hardly palpable. Itching to bloody skin. Nettle rash. Copious urine. Painless diarrhea.

Perfect appearance of an aggressive, quarrelsome, obscene character. Inwardly murmuring articulation. Continous picking of imaginary particles. Deep stupor. Fatigue, sleepy, irrisistable drive to laughing and yelling. Silliness. More melancholic than Bell. **Marked suspiciousness.** Every muscle is twitching. Patient uncovers because he does not like to be covered although it is a **frosty remedy**; *Nymphomania (Mur)*; Erotomania; **Adaquate for many lung diseases. Toxic gastritis (Cal) Cough is worse when lying down.** Almost absent when sitting up. Worse at night.

Hyos. 30 is one of the best remedies for restlessness and sleepnessness (Coff).

HYDRASTIS CANADENSIS

Goldenseal



IDEA: Cancer, mucosa, Borreliosis

Knobby, thick, yellow root. Cherokee indians used it as coloring matter and cancer remedy.

Cancer, epithelioma, mamma carcinoma with pain. Copious sweat in axillae and pubic area. Lumbago at night.

Thick, yellow, ropy discharge of all membranes. Old, fragil, tired, cachectic, frail individuals. Prominent cerebral symptoms, clear head. Weak muscles. Poor digestion and insistent constipation. Dehydration and loss of power. Foremost affecting the liver. Goiter in puberty and pregnancy. Small pox internally and externally. **Knobby tumors of the tongue** : Phytolacca, Galium. Antidote: Sulphur. Diseases of the tongue, as if scalded, as if burnt ([Aesc](#))

Goldenseal Herbal Therapies:

Goldenseal and Yeast Infections

Goldenseal is used as a natural treatment against yeast infections. A Goldenseal douche is found effective in treating Vaginal yeast infections. This is made by mixing one and a half tsp of Goldenseal powder with around three cups of water and stirring the solution with an electric blender. This herbal solution can be used to wash the infected vagina for a few times every day until the infection disappears.

Goldenseal for Sinus Infection

Goldenseal is found to be a powerful medicine against sinus infections. This herb has powerful antibacterial properties which are very effective in fighting bacterial infections. Daily intake of Goldenseal can reduce Sinus Infection symptoms after a point of time.

However, another North American herb known as Echinacea is regarded as more effective than Goldenseal in combating Sinus Infection. Echinacea can provide relief in about two to three weeks time.

Goldenseal Herpes Cure

Regular intake of Goldenseal boosts the immune system and aids in curing Herpes infection. Prescription drugs temporarily reduce and cure Herpes infection. But Goldenseal consumption can cause long-time treatment of diseases caused by infection of Herpes virus. Once cured by Goldenseal, Herpes Infection does not come back.

Goldenseal Immune System Boosting

Goldenseal boosts the immune system by promoting its activities. Goldenseal intake can increase activities of immune system and make the body capable of fighting diseases.

Goldenseal Lyme Disease

Lyme Disease is a severe inflammatory disease marked by appearance of rashes accompanied by fever and joint inflammation. It results from bacterial infection resulting from the bite of a deer tick. The antibacterial properties of Goldenseal make it very effective in combating Lyme Disease.

Goldenseal Nasal Spray

Goldenseal can also be used as a powerful nasal spray to provide relief from allergies. The antibacterial and astringent properties of Goldenseal make it an effective cure for sinusitis symptoms. It works great along with saline nasal spray. It helps thin out mucous and wash out pollen from nose. Goldenseal is a good natural remedy for curing Chronic Sinusitis problems.

Hydrastis Nasalspray Nestmann

Lyme treatment:

Homeopathy: Nosodes Borrelia C30, D 200-D1000 from Staufen Pharma. [Apis](#), [Ars.alb](#), [Calc.p](#), [Led](#), [Mez](#), [Berb.a](#)

Plants: Echinacea and Astragalus membranaceus, Goldenseal (Hydrastis Canadensis), Teasel

Banderol: bark of a Otaba sp. tree in Peru

Banderol is very effective against *Borrelia burgdorferi* and the common co-infections in Lyme disease. **Banderol** also kills some fungi that Cumanda does not.

Some Microbes treated by Banderol: anaerobic and aerobic rods and cocci (many), *Aspergillus* (some), *Babesia*, *Bartonella*, *Borrelia*, *Candida* (some), *Chlamydia*, *Cytomegalovirus*, *Encephalitis viruses* (some), *Hepatitis viruses* (some), *Human Papilloma Viruses* (some), *Mucor* (some), *Mycoplasma*, *Mycosis fungoides*, Protozoal parasites (many), *Rickettsia* (including *Coxiella* and *Ehrlichia*).

Cumanda: *Campsiandra angustifolia* tree found in the Amazon basin.

It is an Antibiotic:

Cumanda is very effective in treating the *Borrelia burgdorferi* bacteria, and practitioners are now using it in conjunction with **Samento** to treat *Lyme borreliosis*. *Lyme borreliosis* has been linked to hundreds of medical conditions; many researchers and physicians believe that *Lyme borreliosis* may be a factor in most chronic conditions.

an Antifungal:

One of the most impressive benefits of Cumanda is its antifungal action. Physicians report that it is effective in treating many difficult to treat fungi including *Mycosis fungoides*, *Candida krusei*, *Candida albicans* and *Aspergillus niger*, to name a few.

an Anti-inflammatory:

In May 2005, pharmacological studies were conducted in laboratory rodents at the University of Guayaquil in Ecuador. In an anti-inflammatory effect study the **Nutramedix Cumanda** inhibited inflammation by 97%. It was compared with Pfizer's best selling and very toxic anti-inflammatory drug, Feldene (PIROXICAM), which inhibited inflammation by 98%.

Core Protocol - Lyme Borreliosis

Siberian Ginseng - 2x ½ Teeloeffel / Tag

Initiates immune response to spirochete infection, antistressor, antidepressant, mental clarity stimulant.

Resveratrol (*Polygonum Cuspidatum* root extract 20:1 (20% Resveratrol) 100mg 3x2 / Tag
It is a phytoalexin. (antiviral, antispirochetal, central nervous system relaxant, cardio protector. **Phytoalexins** are [antimicrobial](#) and often [antioxidative](#) substances synthesized *de novo* by [plants](#) that accumulate rapidly at areas of pathogen infection.

Vincamine 10mg - 2 x 1/Tag

Supports Brain and Memory Functions. **Vincamine** is a peripheral vasodilator that increases blood flow to the brain (sold under the trademark **Oxybral SR**). Vincamine is an indole alkaloid (specifically a tryptamine) found in the leaves of *Vina minor*. It is also found in the species *Catharanthus roseus*. It can be synthesized from related alkaloids.

Vincamine is often used as a nootropic agent to combat the effects of aging, or in conjunction with other nootropics (such as pitacetam) for a variety of purposes.

Cat's Claw (450mg) 3 x 1 / Tag

is a woody vine found in the tropical jungles of South and Central America. *Uncaria tomentosa* is used in nootropic drugs and against HIV infection. Immune-strengthening effects. Some ingredients appear to act as anti-inflammatory, antioxidant and anticancer agents. As a herbal treatment, Cat's Claw is used to treat intestinal ailments such as Crohn's disease, gastric ulcers and tumors, parasites, colitis, gastritis, diverticulitis and leaky gut syndrome. *U. tomentosa* can also be used in the treatment of AIDS in combination with AZT, the treatment and prevention of arthritis and rheumatism, diabetes, PMS, chronic fatigue syndrome, prostate conditions, bowel syndrome. In Brazil it is used against dengue to reduce inflammation.

HYDRASTINUM MURIATICUM

IDEA: Stomatitis

Aphthae and ulcers in the mouth.

Dosage: Apply locally. Internally D3

HYDROCOTYLE ASIATICA

Asian pennywort



IDEA: Circular

Skin and female genitals. Circular skin disease. Unbearable itching, *Leprosy* ([Sars](#)). Irritation of neck of bladder ([Apis](#), [eup-pur](#), hydrang., mit, [Ferr.pic.](#))

HYPERICUM PERFORATUM

St. Johns Wort



IDEA: Nerves

Wound and perforations. Wounds rich on sensory nerves: Finger tips, coccyx ([Carb.an](#)) etc. Stab wounds ([Led](#)), Tetanus ([Led](#)), gun shot wounds, old traumata. Leaves are flecked and lanceolate.

Bruises, contusions, commotion ([Nat sulf](#)). Crawling and furry sensation in extremities. Asthma, pneumonia and bleeding haemorrhoids.

IGNATIA AMARA

Strychnos ignatii

*The bitter fruit has the size of a lemon. They are yellow and hard berries. In the meat they contain up to 40 Ignatius beans (= seeds) which are covered with light hairs. The seeds are hard as stones (Philippines). Three quarters of active ingredients is the cramp venom **Strychnin**. Nux vomica contains only half as much Strychnin.*



IDEA: Deep grief ([Phos ac](#), [Nat mur](#))

Fugacity of symptoms

e.g. blood pressure crisis and normal data after a short time. Hands ice cold, vascular spasms!
This substance contains more Strychnine than Nux vomica

After grief and worries, sighing, feeling of asphyxiation, globus hystericus.

Hysteria, swallowing, fear, rectum prolapse Schlucken, Furcht, Rektumprolaps, clavus, sensation of sinking down, marked remedy for females

Heart disease. **The superficial and erratic character** of its symptoms is most characteristic. Produces a marked hyperaesthesia of all the senses, and a tendency to clonic spasms. Mentally, **emotional element is most marked.**

It is especially adapted to the nervous temperament - women of sensitive, easily excited nature, dark, mild disposition, quick to perceive, rapid in execution. Rapid change of mental and physical condition, **opposite to each other. Great contradictions.** Alert, nervous, apprehensive, rigid, trembling patients who suffer acutely in mind or body.

Worse by drinking **coffee**. Cannot bear tobacco. Pain is small, circumscribed spots (Oxal-ac.) Hiccough and hysterical vomiting.

Black Plague.

BETTER: while eating, change of position.

WORSE: in the morning, open air, after meals, coffee, smoking, liquids, **external warmth.**

ILEX AQUIFOLIUM

Holly



IDEA: stinging – burning pain

Eye disease. Staphyloma. Infiltration of cornea; cornea looks like a lump of meat. Burning pain in eye-socket at night; rheumatic eye inflammation.

Diarrhia. Psilosis. **Sprue.** Fever, intermittent. Icterus. Spleen pain.

INDIUM

Rare metal. Found in combination with Zinc.

IDEA: Head-Intestine

Indium correlates with the nervous system and intestine. A key symptom: bursting headache with constipation. **Sexual perversion**. Migraine, headache, back pain.

INULA HELENIUM

Horse heal



IDEA: Antiseptic properties, head

Pulmonary tuberculosis, shortness of breath, infertility, Staphylococcus aureus

Susan O'Shea, a research student at Cork Institute of Technology in Ireland, has shown that extracts from the herb kill methicillin-resistant *Staphylococcus aureus* MRSA as well as a broad spectrum of other bacteria.

Case: 38 old woman with constant headache. can not get pregnant, chronic bronchopneumonitis

IODIUM

Iodide

IDEA: Absorption

Capable to absorb. Successful after acute rheumatic attack with swollen and deformed joints. Hot remedy. Restlessness. Better by motion and eating. Also loss of appetite (D3 and the will to live and eating comes back) Tissue hardening, effusions, tumors, and foremost Strumae will be dissolved and absorbed. The patient could even avoid his own doctor due to anxiety. Atrophy of nerve- brain , and other tissues (heart). Symptoms of the heart include die-away feeling, fatigue and hardly able to breathe or walk. There is marked affect on salivary glands and pancreas by iodium. Diarrhea with milky and whey-like stool. Cough with bloody secretion. Titillation in the chest. Bowing of bones and in pediatrics it follows Calc. well.

IPECACUANHA

Brechwurz



Uragoga Ipecacuanha grows in Brazil.

IDEA: Irritation of mucosa gastro-intestinal and bronchial, nausea, bleedings, fever

Whooping cough, amoebic dysentery, Bilharzia, Malaria, Leukemia

Affecting mostly the mucosa of gastro-intestinal tract, respiratory tract and Vagus nerve

Fever, cough; the chief action is on the ramifications of the pneumogastric nerve, producing spasmodic irritation in chest and stomach.

Persistent nausea and vomiting. Indicated after indigestible food, raisins, cakes, etc. Especially indicated in fat children and adults, who are feeble and catch cold in relaxing atmosphere; warm, moist weather. Suffocating from mucus. **Spasmodic affections.**

Hemorrhages **bright-red and profuse**. Leukemia: Nux vomica in the evening and morning, Ipecacuanha during the day (v. Grauvogl) **Pustule conjunctivitis**. Headache as if battered or smashed for instance. starting 11.00 a.m. and ending 2 p.m. Pain of all bones of head.

Worse: periodically; from veal, moist warm wind, lying down.

Irritation of tissues by Ip. is heavy and fierce but superficial. Ars attacks deep, diffuse, and burning. Ferr. attacks as Ars , however mostly painless (Cooper).

IRIDIUM

Iridium metal. Second densest metal after osmium. Most corrosion resistant metal. Found in highest concentration in meteorites.



IDEA: Spinal paralysis

Rheumatism and gout. Uterine tumors. Spinal paresis. **Exhaustion after disease.** Nephritis of pregnancy.

Case: 60 year old male with neuro-syphilis

JATROPHA CURCAS

Barbados nut



IDEA: Toxic for cellular protein (enzyme) synthesis

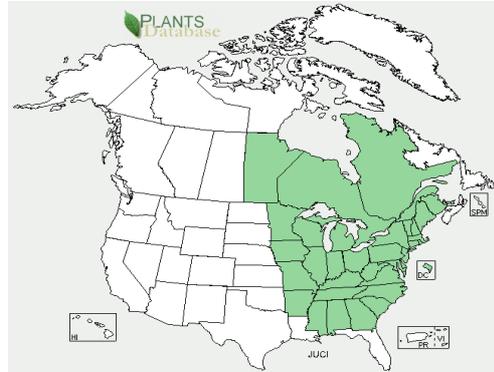
The plant contains toxalbumins, toxic plant proteins that disable ribosomes and thereby inhibit protein synthesis, producing severe cytotoxic effects in multiple organ systems. Of value in cholera and diarrhoea. Suppressed measles (Farrington). Cardiovascular weakness akin to *Veratrum album* which is a very important heart remedy (Stiegele).

Compare: *Camphora*, *Veratrum*

Case: 65 year old male with heart weakness and recurrent lung edema .Dosage: *Jatropha* D30 1x5 globuli for 8 days (digital electroacupuncture, QUINT system) .

JUGLANS CINEREA

Butternut / White Walnut



IDEA: Skin

Important skin remedy, especially in eczema cases, often with marked cracking of hands and fingers.

A faulty elimination that produces jaundice and **various skin eruptions**. The sharp, Occipital headache, usually associated with liver disturbance, is very characteristic. Pain in chest, axilla and scapula, with suffocative sensation. Feeling as if all internal organs were too large, especially those of left side. Cholelithiasis.

BETTER, getting heated, exercise, scratching, on rising in morning.

Case: 34 year old female with acne. Bacterial dysbiosis of colon. Food allergies for wheat, gluten, lactose, and milk. Hypertonus 180/100. Juglans D12 1x5 Glob daily until reaction, then sporadic (QUINT system)

JUGLANS REGIA

Common walnut



IDEA: Skin pustules

Skin

Comedones and acne of the face. Crusta lactea, with soreness around ears. Itching and eruptions of small red **pustules**. Scalp red, and itches violently at night. Chancrelike ulcer. **Axillary glands** suppurate.

Head

Confused; feels as if head were floating in air. Occipital sharp pain. Styes.

Abdomen

Few remedies produce such a massive bloated abdomen.

Dose

Tincture, and lower potencies.

KALIUM ACETICUM

Kaliumacetate

IDEA: Diuretic, kidney and intestinal remedy

Severe dysbalance of body fluids and lymph. Profuse sweat.

Case: 30 year old male with excruciating long time foot itching problems. Exanthema. Same complaints showed on his arms Kalium aceticum D (X) 12 QUINT system.

See [Calotropis](#)

KALIUM BICHROMICUM

Kaliumbichromate

IDEA: mucus, nose

Sticky, ropy mucus. Pain in small spots.

Hollow punched ulcers on skin and mucosae, also attacking the bones (e.g. vomer or palate).

Pain migrates; rheumatic pain alternates with gastric symptoms or dysentery; headache with blindness; fibrinous deposits propagate caudally.

Grafts of hard and elastic quality on mucosae, foremost in nose. , pain in throat. Tube-shaped fibrinous masses in bronchi. Gelatinous mucus. Sensation of a hair; inner and external **ulcers**. **Bone pain** and bursitis, syphilitic rheumatism and ulcers. Pain rapidly changes location. Pain comes and goes suddenly. Pain in talocrural joint as if sprained. Pain tendons of calves. Stomach ulcers nagging. Painful vomiting, acid vomiting mixed with clear mucus and bile; burning soreness of stomach. Worse after coitus (**Kal. Carb. Caust**) Creaking, snapping joints (**Caust. Thuj**).

Complaints appear with precise periods. Worse very early in the morning as with all Kalium salts.

KALIUM BROMATUM

IDEA: Acne on forehead

Leading remedy for psoriasis. Fidgety hands. Inner rage and restlessness. Epilepsy. Religious paranoia.

KALIUM CARBONICUM

IDEA: Stinging pain, edema upper eyelid, weakness, Tuberculosis, flatulence

Stinging: all over the body but foremost right lower lung (Mercurius vivus). **Edema:** all parts of the body but foremost upper eyelid. **Weakness:** including the heart muscle (Carbo vegetabilis follows and closes the case) Arrhythmia. **Tuberkulinic diathesis:** beginning or advanced Tbc. **Flatulence:** Any food converts into gas.

All Kalium salts have cutting pain. Sweat. Habitual axillary's sweat. Nettle rash. Neither calm nor content. Legs give in.

Pain right hip to the knee. Back pain to the buttock. Very sensitive to touching.

Kalium correlates with kidney and heart. Frequent urination. Weakness of heart. Good sleeping remedy. **Wakes up about 3 a.m** especially in cases of lung disease. Follows Nux vomica well.

KALIUM CHLORICUM

IDEA: Ulcerous, neuralgic pain

Kalium chloricum is an extremely active toxin. Do not confuse with Kalium chloratum. Great fatigue and weakness, rheumatic and neuralgic pain. Rheumatic pain in many different parts of the body. Fibroma of uterus. Stinking ulcers.

KALIUM JODATUM

IDEA: syphilitic Remedy

Antidot for mercury and lead. Worse at the ocean. Warmth agg.

Important remedy for aneurysm and tinnitus D30. Emaciation and weakness. Alike Sulphur it absorbs old inflammations such as Erysipelas, Endocarditis, tumors. Analogon to Phytolacca.

Subacute rheumatic complaints, sciatica, back and lumbal pain, heart palpitations and tachycardia. Ailments of the heart. Inflamed connective tissues and ligaments. After bronchitis, pneumonia, and erysipelas it works like a miracle. (Absorption of debris) Marked and typical symptoms are coryza, sneezing, and bronchitis. Beginning with these symptoms there evolve a great deal of other symptoms. (Cooper). Kali-i. has been used against foot and mouth disease. Rickets. Bloated abdomen (B. M. J., 26 Juni 1895). (Lycopodium). Irresistible drive to walk outside in the open.

Frontal sinusitis with copious watery and emaciating discharge. Also mild, greenish and thick discharge. Cold migrates downwards. Swollen glands, tumors. Atheroma, aneurysm ([Ran scler](#)). Akne Rosacea. Swellings: Eyelids, mouth, lung edema, chemosis, syphilitic iritis.

KALIUM MURIATICUM

IDEA: Fibrin

Chemically related to fibrin. It dissolves white or grey-white exsudations from mucous membranes and also dissolves plastic exsudates. This indicates options for catarrh, croup and diphtheria, the second stage of inflammations of serous membranes when the exsudate becomes plastic. **Dropsy.** Epidermis can elevate in blisters.

Chronic, catarrhal condition of the middle ear. **Plugged up Eustachian Tube.** Sniping noises in the ears. Hemorrhoids, bleeding, blood dark, fibrous, coagulated. **Diphtheria. Rheumatic fever with exsudates and swelling around joints.**

KALIUM PHOSPHORIKUM

IDEA: Vitality

Reduced physical and mental functions. Depression. Weakness of the brain, Weakness of the intestine, heart, irregular heart beat, **awaken early in the morning, mouth affections, bleeding and swollen gingival, itching soles and palms.**

As if ants are crawling over the body. As if the bones were scraped with a knife.

KALIUM SULFURICUM

IDEA: Scaling skin

Scaling Scarlatina. Epithelium, yellow discharges

Epithelium of skin and mucosa is poorly nourished with oxygen. **Scaling of the skin. Yellow discharges** also in cases of gonorrhoea. Weariness, sadness. **cancer of epithelium, epithelioma, Polyp (Teuc)**, scales, urticaria, catarrh of larynx, bronchial catarrh, catarrh of tube Eustachii with deafness! Rheumatic joint pain, antidote for rhus toxicodendron intoxication.

Like Pulsatilla: prefers fresh air, worse in warm air.

Psoriasis (Thyr, Thuj)

Stigle showed good results in Psoriasis with Berberis aquifolia. When the effectiveness decreased he gave Thuja, Sulfur or Ars. alb. intermittently. Some cases needed Quercus robur, Hydrocotyle asiatica, Sarsaparilla and Acid. hydrochlor. in combination with Berberis aqu.

Unger got best results in women with D (X) 30 .

KALMIA LATIFOLIA

Mountain laurel



IDEA: Neuralgia, paralysis

Pain migrates downwards. Numbness. Shooting pain with motor ataxia (**Cur**). Joint pain. Eye pain when in motion. Albuminuria.

Skin becomes rigid: Skleroderma

Case: 60 year old male with increasing sensation of ataxia and stumbling. Legs have becoming paralytically weak. Angina pectoris both as continuous ache and sudden deep shooting pain in the heart muscle. Sporadic tachycard short term heart stumble.

LAC CANINUM

Canine milk

IDEA: Complaints always alternate left and right side of the body.

LAC DEFLORATUM

IDEA: Milk/ Lactose intolerance

Frontal headache and migraine with aura of dim vision, nausea, and vomiting. Diabetes.

LACHESIS



Lachesis muta

The snake is little aggressive. Therefore not too many people are bitten by him.

IDEA: Over stimulation seeking an outlet

Very important remedy.

This means that on all levels the Lachesis patient has an inner stimulation or agitation which must be expressed either through the physical symptoms or through behavior or speech. The mind is full of ideas and cause loquacity! Extreme passionate emotions will often be expressed with frightening intensity. Physically there is an inner erethism which is expressed as pulsations, hemorrhage, flushes, and discharges.

Can be egotistical, sarcastic wit, does not hesitate to strike at weaknesses of others, cutting to friends.

Jealousy

If the outlet is suppressed, these characteristics cannot be seen. Instead he becomes soft, kind of introverted, and pleasant. Then feelings of inferiority, hidden envy, timidity, frustrated, critical tendency toward almost everyone around him occurs. Alcoholism or drug addiction. Left sided symptoms. Aversion to touch or pressure. Hypersexual. Nymphomania. Worsening overnight. Sleeps into worsening. Trembling of the tongue when protruded.

Great antidote in menopause. Hypertension (D12). Often prescribed for throat infections and tonsillitis if left side is affected or infection shifts from left to right. Septic conditions. Bleedings.

Children: enormous jealousy. Asthma through jealousy.

Worse: **Heat**, touch or pressure, overnight

LACTICUM ACIDUM

Lactic acid

IDEA: Diabetes and rheumatism

The whole body is trembling when walking. Pain, swelling, stiffness of joints. Throat symptoms with excessive harrumphing.

LAPIS ALBUS

Calcium-Siliziumfluoride

IDEA: Epithelial damage (Fluor)

Gneissic rock from Gastein mineral springs.

Enlarged glands. Dysmenorrhea. **Epithelioma**. Fibroma. Fluor. Carcinoma. Cretinism. Pruritus. Skrofulosis. Szirrhus. Struma. Tuberkulosis. Tumors.

Casel: 66 year old lady with circumscribed, painful laceration on left side of the tongue. Lapis albus C30 ([OI](#))

LAUROCERASUS



Cherry laurel



Flowers

IDEA: Cold-blue cardiovascular collaps

Great coldness and intolerance to cold. Cyanosis of newborn. Cardiac and respiratory disorders.

LEDUM PALUSTRE

Wild Rosemary



Bild n:o 13. Getpors,
Skvattram.
Ledum palustre L.



Ledum is a cold remedy. The patient is cold and yet cold gives relief. It causes edema in feet and calves.

Bites and stab wounds. Insect bites, bee and wasp stings. Rat bites ([Hyp](#)); needle pricks, which lead to abscess. Tetanus ([Hyp](#)); rheumatism, gout, small joints. In comparison with Arnica, Ledum is affecting dry and robust tissues which lack cellular matrix.

Rheumatism if cold alleviates pain. (opposite [Rhod](#)) Pain propagate upwards, with Kalmia downwards. Coxa, knee and finger joints. Paronychia of fingers.

Whole body eczema with prickling itch, protruding into the mouth and supposedly into the air passages causing spasmodic cough. Eczema frequently on one shank only. Vesicular eruptions.

Tremor of hands during motion and when trying to access something. Tremor of knees and hands when sitting or walking. Feet are held fast on the ground as if by magnets when trying to move.

Whooping cough and chronic obstructive pulmonary disease (COPD). ([Nat mur](#)) Tuberculosis, Erythema nodosum. Pain in windpipe during infection.

The same phenomena is seen with [Rhus-t.](#) and [Crot-t.](#)
[Arnica.](#)-group: [Crot-t.](#), [ferr-mag.](#), [rhus-t.](#) and [spig](#)

LEPIDIUM BONARIENSE

Peppercress



IDEA: Pain left hip propagating to the knee

Heart symptoms: numbness left arm and heartache ([Kal.](#) Spig, Lycps)

In Brasil the plant is used alike Arnica and it is a good anti-scurvy remedy.

LEPTANDRA VIRGINICA



IDEA: Portal hypertension

General

A liver remedy, with jaundice and black, tarry stools. Malarial conditions.

Relationship

Compare: PODO.; **IRIS**; **BRY.**; MERC.; PTEL.; MYRICA.

Dose.

Tincture, to third potency.

LIATRIS SPICATA

Dense blazing star, Dense gayfeather



IDEA: Stomach – intestine remedy

Diarrhea, colics

LYCOPODIUM CLAVATUM

stag's horn club moss, running ground pine



IDEA: Complaints shift from right to left, worse at 4-8 p.m.

Paralysis and paralytic weakness of limbs, brain; putrid conditions, gangrene. Contraction of tendons especially knee tendons. The upper part of the body looks haggard, the lower part dropsy. Lean persons with tendency for lung and liver disease. Impaired memory. Impotence. agg. from 4-8 p.m. Second keynote is from right to left. amel. divesting. Spasmodic movements of tongue. Eyes half open during sleep. Suddenness (Bell); Sudden hot flashes. Flash like pain. Sudden fullness when eating. Pain and symptoms come and go sudden like Belladonna. Dryness of parts of the body such as vagina, skin, especially palms. Trapped flatulence. Pressure transversely across hypochondria. Lyc. is important for constipation after abusing laxatives. The „burning“ of Lyc. All vessels from heart to capillaries are attacked by Lyc. One of the most important remedies for varicosis. As if drops of water fall down on skin. *agg. by touch, by pressure of clothes. Great desire for fresh air.* amel. outdoors. Rest *agg.*; movement *amel.*. Bread, especially rye bread and pastries, wine, and milk *agg.* Lyc. 1 M for constipation. Gouty swellings around joints of fingers. Aneurysm: Bar-c., carb-an., kali-i. Buring in vagina during coitus: Kreos., sulph. Blotches, brown-yellow: Cur., nux-v., sep., sulph. Cold and wet feet up to the knees: Calc. Naevus: Arn., fl-ac., thuj., vacc-m. Proctalgia: Phos. Dryness of *vagina*: Lyss. Birth marks and liver spots: Thuj.

MAGNESIUM BROMATUM

IDEA: The punch line seems to be feeling of guilt. Feels guilty about own arguments and arguments between other people.

MAGNESIUM CARBONICUM

IDEA: Cramps

Great remedy. For instance: prostrated and exhausted women. Nagging neuralgia.

Patient with cramps in his past. For instance: foot cramps or colics both in abdomen or lower abdomen. **Fatigued nervous system. Milk intolerance. Acidity in stomach.** Long term ailment. Escapes conflicts. Greenish and foamy stool in infants. Clay like stool. Retarded growth. Worse after sleep. Awakes and cannot fall asleep again. Tumors of all kind even bone tumors. Lying with adducted knees (release from cramp tendency). Tuberculinic diathesis.

MAGNESIUM MURIATICUM

IDEA: Liver remedy

Characteristic stool like a sheep . Loss of sense of smell and taste. Milk intolerance. Main areas for Magn.mur. are head, right hypochondrium, inner liver, rectum, and colon; bladder, uterus, heart, and feet.

agg. by touching or pressure.

Very sensitive for cold. Frequent flu contraction. amel. by covering and rapping the head. However, exanthema or skin rashes of the face, head, and eyes are worse in a warm room.

MAGNESIUM PHOSPHORIKUM

IDEA: Pain

Pain of all kind except burning pain (Arsen). Toothache. Frequent use of a catheter. Aphthae stomatitis. Fissures in angles of the mouth.(D1)

Compare:

Arsenicum album C12 burning pain of the oral mucosa, bleeding gums. Warmth and warm drinks give relief, thirst, restlessness.

Borax C12 whitely covered aphthae.

Mercurius solubilis C12 multitudinous aphthae with spongy gums. Augmented saliva. Cervical lymphnodes.

Natrium muriaticum C12 Aphthae on the tongue, lip blisters by the sun.

Nux vomica C12 Small aphthae with typically cracky edges of the tongue. Toothache by ice and cold drinks.

Rhus toxicodendron C12 Lip blisters, ulcerated corners of the mouth, cracky and coated tongue. Motion brings relief.

Sepia C12 Lip blisters, exanthema around the mouth, yellow spots and cracky lower lip..

MAGNESIUM SULFURIKUM

IDEA: Cathartic substance (defecation accelerated). Warts. Epithelioms.

Collaptic weakness.

MALVA SYVESTRIS

Wild Malva



IDEE: Mucosa irritant

Soothing effect on respiratory tract, digestive tract, and mucosa of mouth and pharynx.

MANCINELLA

Hippomane mancinella (Euphorbiaceae)

Manzanilla de la muerte („Little apple of death“). Hippomane is one of the most poisonous trees in the world.



IDEA: Dermatitis with blisters

Pemphigus, excessive dermatitis with blisters. Pain in thumb. Loss of vision. **Fear of going insane.** Sudden evanescence of thought. Despondency in puberty and menopause. Overreaching sexuality.

MANGANUM ACETICUM AUT CARBONICUM

IDEA: Better by lying down

Similar to iron. Affinity to main ganglia of the brain.

Like iron it is needed to produce blood. Successful for anemia. Neuralgia of the tongue. Growth in the middle of upper palate **Mang. X 30 (Asa f)** Congestion of mucosa.

Bones are very sensitive and painful. Pain in the **ankles. Lying down eases cough (Ferrum).**

Progressive muscular atrophy. Parkinson. **Walking bent over.** Involuntary crying. Paralysis propagating upwards (**Conium**) Spinal paralysis (**Cur**). Nagging pain on muscles. Nightly nagging pain in muscles and joints. Pain in heels when putting weight on them.

Ear remedy. Deafness, tinnitus. Twitching in lateral corner of left eye.

Psoriasis

MEDORRHINUM

Gonorrhoeic nosode

Most applied nosode

IDEA: Rheumatism

Complaints worsen from sunrise to sunset as opposed to Luesinum (worsens at night)

As if hot blood boiling in the vessels. Mucosae affected (eyes, bronchi), joints). Eyelids could be sticking together in the morning. Rheumatism throughout the body especially upper thighs. **Bronchitis.** Warts. Clonic spasms. (Legs would shoot up from bedding). Right abdominal pain.. Pain left ankle. Tendons of the thumbs affected. Bald headed and Favus. Tinea capitis. Medorrhinum is also a psoric remedy.

Worsens in the morning at 3-4 a.m. as with all sycotic remedies.

MENYANTHES TRIFOLIATA

Buckbean



IDEA: Twitching

Feeling of stress and contraction; twitching when lying down. As soon as the patient lies down, there is twitching of the legs or other parts of the body. Chest and heart pain. Cannot be left alone. Very akin to Drosera.

Hands and feet icecold

MERCURIUS CORROSIVUS

Mercuric chloride

treats ulcers in the intestines, mouth (gum), throat, and eyes. Also be used to treat late-stage gonorrhea and Bright's disease, an older term for any ailment of the kidneys. Mercurius corrosivus might ease the symptoms of tenesmus, which is an unnatural urge to defecate marked by pain, straining, and cramping.

MERCURIUS CYANATUS

Quecksilbercyanid

IDEA: Diphtheria, Paralysis

Extreme weakness. Painful swallow

MERCURIUS JODATUS FLAVUS

Yellow mercury iodide

IDEA: Tonsillitis right side, constant swallowing, tumors of the mamma, sweat

Yellow, dirty tongue on the root

Mamma tumor X100

MERCURIUS SOLUBILIS

Mercurius oxydulatus niger

IDEA: Mouth: swollen tooth indented tongue and gums (sometimes bleeding), tonsillitis, weakness

Salivation, **stinging pain in throat and tonsills**, foul breath and **great thirst** despite of salivation. Shivering sensation running over skin in beginning infection (X12). Night and day sweats without relief, erethism of mercury (extreme sensitivity) **agg. by heat and cold**. Agg. at night (especially bone pain) Based on abundant sweat without relief agg. at night I healed many cases of rheumatic fever with Mercurius vivus X12 without any other remedy (Clarke). Cachexia, Balanitis, **M. Parkinson, Tremor**. Mouth cancer, dizziness (Meniere) while sitting at the desk, nightly toothache, Agg. by slightest strain.

If Mercurius solubilis is indicated and fails take Mercurius vivus. It often helps.

Almost any skin eruption, crusts, syphilitic, pustules, soggy, watery eruption, eczema with bad smell, shingles, small pox. All of them **agg. by warmth** and cold and at night. Marked affections of the eyes.

MERCURIUS SULFURICUS

Hydrargyrum oxydatum subsulphuricum

IDEA: Water in the chest

Hydrothorax

MERCURIUS VIVUS

Mercury

IDEA: Protein in urine (Proteinuria) in kidney dysfunction

Brakes into cold and warm sweat. Extremely running nose in cases of common cold or flu.

MEZEREUM



IDEA: oversensitive

Skin symptoms, affections of bones, and neuralgias. **Very sensitive to cold air.** Bruised, weary feeling in joints. **Pain in coccyx.** Milk eczema. Osteom. **Causes of mercury.** Rheumatism. Itching all over the body. Itching of scalp. Lumbago. Borreliose. Worse: touch or pressure, motion, lying down, evening, and night.

MILLEFOLIUM

Yarrow



IDEA: Bleedings bright red, post bleeding conditions

Blood bright red from uterus, nose, intestine etc.. Bad effects from fall from a height; overlifting. **Continued high temperature.**

Case: 42 year old female. In her records Morbus Pfeiffer and later Amenorrhoe for 20 years after profuse uterine bleedings. Now she complained about pain in her left palm (callus in spleen zone) as well as in the sole of her left foot (spleen zone).

Digital Electroacupuncture (QUINT System): Millefolium D12



Left sole of foot with spleen zone

Left palm with spleen zone (14)

MUREX PURPUREA

Purple snail



IDEA: Female sexual organs

Marked sore pain in vagina through slightest touch

Frantic sexual desire, *bearing-down* ([Sep](#)) feeling of uterus, nymphomania, nightly polyuria, with the hungry craving of Murex , has led to its successful use in diabetes.

MURIATICUM ACIDUM

Hydrochloric acid

IDEA: Enormous physical, mental, and emotional aweakness

Muscular weakness and paralysis after blood poisoning and fever, eventually progressing to the brain and heart. Caustic properties and burning sensations. **Spotted typhus/fever.** Ailments of the tongue including tumors. Cerebral deafness. Achilles tendine. Amel. In the afternoon. Decomposition of fluids.

Follows well [Bry](#) and [Rhus tox](#)

MYRICA CERIFERA

Wax Myrtle



IDEA: Liver remedy

Skin is itching. Jaundice. In the face feeling of insects. Heart beat full and slowed down.
Mucus on mucosae including colon.

NAJA TRIPUDIANS

Cobra



IDEA: Heat, heart, retching

Naja may be considered with heavy weight on the chest, paralytic sensation and weakness in the past, congestion in bronchi, and allergy e.g. hay fever or pollinosis etc.

Affinity to medulla and cerebellum, Nervus Vagus and N. Glossopharyngicus (retching).

Pulseless, difficulty to breathe, heavy weight on chest, irregular pulse, headache left side.

Sensation of being screwed together, cramping pains heart and ovary. Sensation of great heat or a hot piece of iron. Agg. night, walking and lying on left side. Lying on right side amel. Diphtheria with heart paralysis (Arum triph). Black plague.

7 Heart remedies:

Naja:	Heavy weight on chest
Spongia:	Best valve remedy. Dry cough.
Spigelia:	Linked to rheumatism. Pain increase and decrease with course of the sun.
Lachesis:	Septic background. Sleeps into increasing complaints.
Crotalus:	Marked impaired vigilance. Sepsis. Prior long time bad condition.
Cactus:	Constriction like an iron string, atheromatous conditions, Thrombosis
Arsenicum album:	Asthma cardial with lung edema, hydrothorax

NASTURTIUM AQUATICUM

Shamrock; Stertion; Water-Cress



IDEA: Cleansing kidneys and urinary tracts

NATRIUM ARSENICOSUM

Natrium arsenit NaAsO₂

IDEA: Leukocytes

Leukemia, Trachom, swelling around eyes, **Tuberkulosis**, Silikosis, Psoriasis.

Marked effect on respiratory tract. Fierce inflammations of the nose and sinuses with pressure pain on root of the nose. Promising remedy for asthma and broncgitis. Dr. M.S. Jus confirmed good results in patients with fatigue who did not recover from flu.

NATRIUM CARBONICUM

Natriumcarbonate

Deep sadness. It burns away the superficial layers of epidermis and leaves the skin dry and cracked. A remedy of comprehensive capacity and on the other hand the local irritation: cracked hands and chapped facial skin, dry skin, eczema, Herpes, warts, and scrofulous skin conditions. Marked irritation of **mucosa of total intestinal tract** from mouth, tongue (Hyp) to anus: blisters, ulcers, catarrh, eye irritation up to ceratitis and ulcers of the cornea. Nose swollen and ulcerous. Thick, yellow, greenish, bad smelling discharge. Thick, yellow, smelling fluor.

agg. Mental or physical stress. Marked weakness caused by slightest strain. Insecure walk. , any unevenness could cause falling. Falling without explainable reason.

NATRIUM MURIATICUM

Salt

IDEA: Dehydration

Ranks first among homeopathic remedies.

Dry mucosa such as mouth and vagina. Thirst. Close correlation with [Chin.](#) The whiny Nat-m.-patient wants to be left alone. **Any attempt to solace is rejected.** Irritated, frostily but hot-blooded with cold extremities and chilly feeling along the spine as opposed to [Nat carb](#) (frosty), craving for salt.

Talent to write poetry or fantasy to compose tales (Vithoukias) Specific tendency for catarrh with abundantly running nose and frequent sneezing (C30) . Sore nose especially the left ala. **Herpes labialis on lips and nose.** Loss of smell and taste in cases of acute colds. Simultaneous coryza and lachrimation. Lachrimation with coughing is Burnett's keynote in whooping cough. **Strabismus divergens.**

Headache or back pain with waking up in the morning.

Has both, constipation and diarrhea. Unclean skin. Wan appearance. Sebaceous, fatty skin. Complaints after dehydration, loss of fluids. It reminds us of Chin. and it is its antidote. Both correlate with conditions after masturbation, bleedings, and loss of fluids. Both are remedies for ague, remittent fever, and malaria. Nat-m. is the main antidote against conditions after overdosing China and Chinin. Best antidote against intoxications with silver-nitrate (Arg nitr.)

Children with retarded learning of speech. Averseness to coitus (at females) Averseness to males. Nat-m. matches many cases of anemia, leucocytosis. Irregular, fluttering heartbeat.

Feelings of contraction are eminent: heart, chest, scalp, throat, rectum, anus (feeling as if anus is closed) Uterine spasms. Vaginism. Contractions of knee tendines. Bending forward without problems but stretching up straight is painful. Chest pain like inner tension. Irregular intermittent heartbeat.

Causae: Disappointment, shock, rage, loss of fluids, masturbation, head injury, chinine, silver nitrate Arg-nitr., bread, fat, sour foods, salt.

NATRIUM PHOSPHORIKUM

IDEA: Surplus in lactic acid by sugar

Yellow, creamy coating on palate and tongue, fear, tremor, weak back, jaundice, oxaluria, cracking of joints, rheumatic knee, itching around ankles.

NATRIUM SULFURICUM

IDEA: Congestion, clogged, blocked up

Patient dislikes to talk about himself (Vithoukas)

Important after brain trauma (Vithoukas)

Congested, blocked up nose radiating to the ears (Nr. 10 biochemistry Schuessler)

Indications

- Asthma
- Flatulence, diarrhea
- COPD
- Chronic bronchitis
- Leukemia
- Depression
- Common cold, Influenza
- HWS-syndrome
- **Sensitive to cold**
- Spinal problems
- Overweight
- Purification

Worse:

- **Humidity**
- **Cold**
- In the morning
- Fog

NUX MOSCHATA

Muskatnuß

IDEA: Irresistible sleepiness, double personality

Frosty, dry , thirstless, sleepy.

Katalepsia. Irregular menstruation, pregnancy and post partum problems. Flatulence. Collaps, heart insufficiency. (e.g. mouth dry)

NUX VOMICA

Strychnine tree



IDEA: Nervous system

Spasms, irritable person

Irritable and nervous, does not like to be touched, easily chilled; worse in the morning; the greatest of polychrests, because the bulk of its symptoms correspond in similarity with those of the commonest and most frequent of diseases. It is frequently the first remedy, indicated after much dosing, establishing a sort of equilibrium of forces and counteracting chronic effects.

Person is quick, active, nervous, and irritable. Also for a manager. He does a good deal of mental work, has mental strains and leads a sedentary life, found in prolonged office work, over study, and close application to business, with its cares and anxieties. This indoor life and mental strain seeks stimulants, coffee, wine, possibly in excess; or again, he hopes to quiet his excitement, by indulging in the sedative effects of tobacco, if not really a victim, to the seductive drugs.

Irritable, nervous system, hypersensitive and over impressionable, which Nux will do much to soothe and calm. Especially adapted to digestive disturbances, portal congestion, and hypochondriacal states depending thereon. Convulsions, with consciousness; worse, touch, moving. **Zealous fiery temperament**. Nux patients are easily chilled, avoid open air, etc. Nux always seems to be out of tune; inharmonious spasmodic action. Cerebro-spinal disease (Pic ac). Bladder complaints with spasms. Rectum disease ([Aloe](#)), -carcinoma, incl. hemorrhoids.

Better: from a nap, if allowed to finish it; in evening, while at rest, in damp, wet weather ([Caust.](#)), strong pressure.

Worse: morning, mental exertion, after eating, touch, spices, stimulants, narcotics, dry weather, cold.

Pulsatilla follows well if similarity exists.

Nervous system: Nux vom, [Pic ac](#), [Gels](#), [Zinc](#)

Antidote: Wine, coffee. [Acon](#), [bell](#), [camph](#), [cham](#), [cocc](#), [op.](#), [pall](#), [plat.](#), [stram](#), [thuj](#).

OLEANDER



IDEA: Skin head, heart paralysis

Has a marked action on the skin, heart and nervous system, producing and curing paralytic conditions with cramp-like contractions of upper extremities. Many gastrointestinal conditions. Hemiplegia. Difficult articulation. **Eczema behind the ears**. Parasites.

Oleander contains Oleandrin and also Nerein which latter is said to be closely related if not identical with Digitalin. The pulse becomes slower, more regular, more powerful. **Diuresis**; palpitation, edema, dyspnoea of valvular disease, disappear. Tongue mucosa problems (Taraxacum, [Ran.scler](#)). *Strabism* ([Nat mur](#), [Zinc](#))

Psoriasis, eczema, dandruff, herpes, colitis, seborrhoea. Headaches ameliorated by looking sideways or crossing the eyes. Ravenous appetite

Marked aggravation from eating **oranges** and acid or citrus fruits (tomatoes, lemons).

Aggravation from change of weather.

Case (own observation): Tongue-pain of a 67 year old lady. Sudden burning and sore pain on left part of the tongue. White-greyish, scalded membrane with marked edges of bean size. The membrane disappeared later that day leaving a raw, red area of same size without epithelium. The patient remembered the pain first time after eating a special brand of oranges. Oleander D4 every time when pain re-started brought instant relief and healing. For some time she complained about a painful, scaling off eczema same size in the middle of her scalp. Her records showed sporadic idiopathic tachycardia (130) with high blood pressure crises (180/100).

OENOTHERA BIENNIS

Evening primrose or Evening star



IDEA: Intestine and lung

Effortless diarrhoea with nervous exhaustion; Incipient hydrocephaloid. Whooping-cough and spasmodic asthma. Exhausting, watery diarrhoea; cholera infantum;

Case: girl with neurodermitis and dysfunction of lungs and intestine

OLIBANUM SACRUM

Frankincense



The *Boswellia sacra* is a resin holding tree, All parts of the tree contain resin, especially the bark. These white resin-drops look like tears. This species grows in Somalia, southern Arabia and India, in ravines and cracks in rocks on calcareous soil. Olibanum belongs to the first known remedies. In ancient Egypt *Boswellia* resin was used in religious ceremonies. Medical use was described in the Papyrus Ebers (1550 BC). In Greek, Roman, Arabic, Indian and medieval European documents, Olibanum was the most recommended remedy.

IDEA: Inner insecurity

Rheumatism, arthrosis, chronic pancreatitis, asthma, cancer, sedation

Inner reconciliation with undergone trauma. Peace and reconciliation is condition precedent for healing. Cancer remedy. Inner insecurity
Cramps: muscles aching, stiffness, cramping, complaints of the ligaments, migraine, fibromyalgia, irritable bowel syndrome, neck/shoulders. Desire for space: likes to be outside. Amelioration motion/exercise: often athletes. Inflammation mucous membranes: sinusitis frontalis / m; cystitis, pyelitis. Respiratory organs: recurrent coryza, bronchitis, pneumonia, otitis. Skin problems: Herpes, eczema hands (blisters, cracks), around the eyes / eyelids, intertrigo. too generous.helpful.Difficulty coping with conflict situations. Cannot stand injustice. Allergies: e.g. trees, antibiotics, hay fever, urticaria.

OPIUM

IDEA: Sopor, apoplexia

Sopor, death like sleep, apoplexia , stertorous breathing, heavy snoring or gasping sound, breathing stops when falling asleep (Grind). Warm sweat, dark, swollen face, dark tongue, pupils do not react to light, small or dilated. Ptosis (Gels,Caust). Severe constipation. Berberis antidote for Opium.

ORYZA SATIVA

Asian Rice



IDEA: Congestion

New beginning, decampment and break up, new views of life for old well known subjects. Marked improved emotional distance to upcoming conflicts. Not so entangled in old patterns and confirmed habits. More equanimity. New, considerable complaints about congestion and joint problems. Massive swellings and pain in ankles. Inflammation in joints. Shoulder syndrome right side (own observation). Cannot walk for some time (Ledum), which also belongs to swamp plants. Feeling of oppression. Emotionally this is expressed by irritation and suppressed rage. Frequent dreams of sexual and erotic themes. meike.werner-grimberger@gmx.de

OSMIUM

Second densest metal of the platinum family.



Irritation and catarrh of respiratory organs. Eczema. Albuminuria. Pain in trachea. **Increases and gives odor to local perspiration. Causes adhesion of the nail fold.**

Compare: Iridium, Platinum, Argentum

OXALICUM ACIDUM

Oxalic acid

IDEA: Thinking of complaints is worsening those complaints. Pain, convulsions **and** paralytic symptoms.

Short jerking or shooting pains

Stiffness of limbs with loss of sensitivity and prickling sensations in **legs**. Excruciating pain in epigastrium, chest and lumbal area with loss of stamina in legs (myelitis). Spastic symptoms in pharynx and chest. Prostration. Paralysis of heart. Shooting pain in heart, angina pectoris. Muscular paralysis. Neurasthenia. Spastic symptoms pharynx and chest. Neuralgia of funiculus spermaticus.

Acidum oxalicum X 3 for paraplegia.

Spasms. Gout. Coldness of skin, loss of sensitivity, mottled skin with purple color, blue nails in all grades.

Rheumatism of left side, burning pain in pharynx. Ailments of the tongue.

Oxalic acid is part of (Rumex acetosa). Concentrated solution of it helps for epithelioma. Skin crusts. Itching of skin of neck. Warts.

PARIETARIA ERECTA

Pellitory of the wall (Urticariaceae)



IDEA: Allergic Nephritis, kidney stones.

Belongs to the Urtica family. My patient had allergies in the past. Severe pain left kidney. Hydrops of the labyrinth with vertigo. Kidney stone.

PETROLEUM

IDEA: Skin diseases

Skin, mucosae, goiter. Marked skin symptoms. Sweat glands affected. Talgdrüsen betroffen. Skin extremely sensitive to textiles, **MCS syndrome** (Kessler), skin sensitive to touching, to scratching. Urticaria. Eczema. Eczema of the palm of the hand. Day dreaming, absent minded. Headache. Occiput heavy as lead. **Best antidote for lead intoxication**. Motion sickness, car. Adducted knees are soothing. Hair loss. Worse in winter. **Ongoing stomach and lung ailments**. Chronic diarrhea. Ongoing health complaints after mental problems. Fear. Chlorosis of young females with or without stomach ulcers. Struma diathesis especially for dark types, who suffer from catarrh of the mucosae. Hyperacidity and skin eruptions. Plantar fasciitis. Warts.

Leading antipsoric remedy. Akin to Graphites. Craving for sweets. Lacerated nose with the flu. Skin contracted, fissured, and leather like. For burns: mixture of Petroleum and olive oil ana partes.

Better: warm air, dry weather, knees adducted, head high positioned when lying down.
Worse: humidity, warm bed, before and during a thunderstorm. Motion on a ship, car, eating, mental problems.

Compare: Graph.; Sulph.; Phos.

Complementary: Sepia.

Antidote: Nux; Coccul.

PHELLANDRIUM

Water fennel



IDEA: Lung, colon, eye, female breast

Cold and warmth symptoms

Affinity to the lungs. Tuberculosis of the middle lobe. Respiratory symptoms are most important, dry cough, frequently clearing one's throat. Viscous cough.

Breast: pain in milk ducts. Pain right breast.

Vertigo, dizzy when lying down. Weight on vertex. hectic and colliquative diarrhoea.

Eyes: ciliary neuralgia; headache which involves the nerves going to the eye.

Vibrational vascular sensation. Mouth cold as after mint chewing gum.

PHOSPHORICUM ACIDUM

Phosphoric acid

IDEA: Prostration, grief, love sickness

Exhausted and dull through grief. After disappointed love. Homesick. Confused mind. Thoughts cannot be connected. Thinking causes dizziness. Trembling legs when walking and same loss of control over extremities as over thoughts.

Reproducing the reading almost impossible. These conditions may develop through grief and other severe and long lasting emotional periods. Also through extensive studies.

Polyuria, dry mouth (diabetes), **painless diarrhea**, short sighted

After loss of body fluids

Marked sensation is pressure: Heavy load and pressure on crest, forehead, sternum, in eyes, in umbilicus, in left mamma, above the, in sole of feet.

PHOSPHORUS AMORPHUS

Phosporus

Irritation of mucous and serous membranes, spinal nerves (ataxia) liver, eyes, shin bone, lower jaw, hemorrhage

Extremely extroverted. Needs company. *Holds the hand of the partner and does not let go (Vithoulkas).* No strong boundaries between herself and others. Extremely sympathetic. „Phosy jaw“ mandibula and upper jaw. Bleeding. Laryngitis. Craving for cold drinks and ice cream (however, if it is warming up in the stomach it will be regurgitated) Can not lie on left side. Pneumonia. Fatty liver. Glaucoma. Eye symptoms. Hip and knee joints mostly affected. Buring pain. All kinds of skin problems.

PHYSALIS ALKEKENGII

Solanaceae



IDEA: Urinary tract

Urinary tract. In antiquity used for lithiasis in the urinary tract etc. Marked diuretic effect.
Fatigue and muscular weakness.
Tincture up to D3

PHYSOSTIGMA VENENOSUM

Kalabar, Gottesurteilbohne



IDEA: Paralysis, tremores, convulsions and jerks most notably in the back/spine.

Dysbalance between Vagus and Sympathikus nerves. Patient cannot stop thinking.

Acetylcholine is the Neurotransmitter in the entire presynaptic Central Nervous System. That is both the parasympathetic and the sympathetic part. Further it remains the transmitter in the postsynaptic parasympathetic part and triggers also the motor action of skeletal muscles. If built down of Acetylcholine is blocked by Physostigma, the entire modulation of Neurotransmitters is shifting to the Nervus Vagus. Balance between Vagus and Sympathicus would be deeply disturbed. The result will be over-stimulation of the Vagus causing paralysis, tremor, Miosis, intestinal colics with nausea, and stimulation of glands and sweat. Chorea minor and M. Parkinson may show.

Calabar bean contains physostigmine, a reversible cholinesterase* inhibitor alkaloid. The alkaloid physostigmine acts in effect like nerve gas, disrupting communication between the nerves and muscles, and resulting in copious salivation, seizures, loss of control over the bladder and bowels, and eventually loss of control over the respiratory system, causing death by asphyxiation.

*Cholinesterase inactivates Acetylcholine into Choline and acetic acid. Thus the prior excited nerve will be at rest again. Acetylcholine, the first neurotransmitter discovered, was originally described as "vagus stuff" by Otto Loewi because of its ability to mimic the electrical stimulation of the vagus nerve. It is now known to be a neurotransmitter at all autonomic ganglia, at many autonomically innervated organs, at the neuromuscular junction, and at many synapses in the CNS

The main antidote to Calabar bean poisoning is atropine, which may often succeed; and the other measures are those usually employed to stimulate the circulation and respiration. Unfortunately, the antagonism between physostigmine and atropine is not perfect, and Sir Thomas Richard Fraser has shown that in such cases there comes a time when, if the action of the two drugs is summated, death results sooner than from either alone. Thus atropine will save life if three and a half times the fatal dose of physostigmine has been taken, but will hasten the end if four or more times the fatal dose has been ingested.

They constitute the E-ser-e or ordeal beans of the people of Old Calabar, being administered to persons accused of witchcraft or other crimes. In cases where the poisonous material did its deadly work, it was held at once to indicate and rightly to punish guilt; but when it was rejected by the stomach of the accused, innocence was held to be satisfactorily established.

Physostigmine is also used as antidote for Chondodendron tomentosum born **Curares**. However, Neostigmine is preferred because of own muscle stimulating effects.

Physostigmine salts are used in ophthalmology for glaucoma, constipation due to intestinal weakness, Tetanus, locomotoric ataxia, writer's cramp, paraplegia (total paralysis of lower and upper extremities) due to myelitis, chorea, epilepsy, **Strychnine poisoning** and **progressive paralysis**. M. Parkinson

Used in homeopathy for high blood pressure, weakness, and muscle disorders. Paralysis generalized and local, muscular atrophy, progressive atrophy, unable to direct his will to the muscles except by forced thoughts; constant muscular twitching; during sleep the mind was so active that he did not know whether he had slept after awaking; constricted pupil; myopia, hysteria, stiff neck constipation. Paraplegia. M. Parkinson. **Dreading cold water.**

PHYTOLACCA

Pokeweed



IDEA: Pain and gland remedy. Pharynx.

Kalium jodatatum is it's mineral. Production of tissue (hepatisation of lung, consumption, gland swelling. Prostate adenoma?)

Pain. Throat, pharynx pain severe. Tonsillitis; severe pain in root of the tongue while swallowing. Pharynx of blue-red color. Diphtheria with paralysis.
Fascia, muscle fascia. Bones, pain in heels. **Impact on scars.** Warts. **Pain, restlessness, weakness.** Important cancer remedy, **cancer breast, rectum, bones, face,** AIDS.
Severe stomach cramping, nausea with persistent diarrhea and vomiting, sometimes bloody, Slow and difficult breathing, weakness, spasms; Pain in heels and lateral thigh. As if tendons behind left knee joint are too short. Neuralgia. **Hypertension;** reduces obesity. Severe convulsions, and death.

PICRICUM ACIDUM

Picric acid (yellow needles)

IDEA: Fatigue, prostration, cerebral fatigue

Nervous system

Cerebro-spinal disease (Nux vom)

Spastic condition. As if ankles are surrounded by socks. Headache occiput (Glon). Worse by slightest actions. Urine may have the color of blood. Condyloma. Gonorrhoea, jaundice, burns. Ant-like sensations on skin. Cancerous cachexia. Anorexia.

PIPER NIGRUM

Black pepper



IDEA: Enormously irritated, explosive, hot tempered and loud. Neuralgia.

PLUMBUM IODATUM

Paralysis, sclerotic degenerations, especially of spinal cord, atrophies, **arteriosclerosis**, pellagra. Indurations of **mammary glands** especially when a tendency to become inflamed. Sore and painful. **Indurations of great hardness and associated with a very dry skin.** Lancinating pains of Tabes.

PODOPHYLLUM



IDEA: Acute diarrhea

First remedy for diarrhea. Anal prolapsus.

Early morning hours. Stool profuse and **stinking**. Right ovarian tumors or cysts (Arsenicum).
Sleeping with eyes half open. Head rolling to either side while sleeping. Uterus prolapsus.

POTENTILLA

Common Silverweed



IDEA: Intestinal Mucosa

Spasms. Kneipp cooked it in milk and used it successfully against Tetanus.

Silverweed is effective for **sore throats** and diarrhoea. Externally as a lotion or ointment for bleeding haemorrhoids. Against Rota Virus. Flu remedy.

Case: 45 year old male with long standing duodenitis and food intolerances. Potentilla D30 daily until reaction. Then sporadic (QUINT system).

PSORINUM

Seropurulent substance of pustule of scabies

IDEA: Skin disease, frosty, depressive, **lack of vitality, foul smell**

Skin disease either manifest or in the past. **Extremely frosty.** Compare Sulfur (hot). Total impotence. Keynote is: Lack of vitality. Also after acute disease. Desperate, without hope, night sweats. Marked doubt about possible recovery. Emaciation and foul body . **Decay, putridity is another** Keynote . Skin eruptions have a foul smell. Offensive smell of the patient. Otorrhoe has a horrible smell.

Skin eruptions elbow – and knee bends dry, scaly with tiny blisters around reddish edges. Easy sweating. Believes he will never recover. **Depression.**

PTERIDIUM AQUILINUM

Common Bracken



IDEA: Chaotic patient. Chaos. One thousand expectational fears. Nervous wreck.

PULSATILLA VULGARIS



IDEA; The weather-cock among remedies. Changeable, contradictory. Symptoms ever changing, peevish, thirstless, and chilly.

Needs re-assurance constantly: “do you still like me? am I still good?“ displaying silent irritation. Shy and easily weeping individual feeling hurt internally. Good hearted and slow, phlegmatic temper. Often pale, blue eyes, thin blond hair, fair skin. Tendency for overweight. Sad, crying readily; weeps when talking. Patient seeks the open air; always feels better there, even though he is chilly. The greater the pain the greater the chill.

Mucosae: Discharges mild, thick, bland, and yellowish-green. Sore principle. Measles. Measle prophyaxis

Hormonal system: Any irregularity of menstruation e.g. amenorrhea. Akute prostatitis (X4). Prostate adenoma. Hordeolum.

Cystitis: Pain increasing after micturation. Agg. In the morning. Urge to urinate when a few drops of urin have accumulated in the bladder. Caused by cold feet or sitting on cold ground..

Vascular remedy: Teste (Sil., Calc., Hep., Phos., Graph) prickling paraesthesia of extremities when inactive. Jerking and tics, tearing pain in muscles jumping rapidly from one location to another one. agg. at night

e.g. impaired breathing with irritation of respiratory tract, irregular heart beat. 1) pulsing sensation here and there synchronic with the pulse. 2) Blood turning to dark color and slowed blood flow condition. 3) Vascular swelling, back up in capillaries, unhealthy plethora. 4) Reduced body warmth and vitality. 5) Plethora of the head and irritated frontal sinuses. 6) Sensation of heaviness and fullness of the brain. Passive diarrhea without colic seems to benefit the patient. Complaints of soles of feet agg. when feet are hanging down. Nausea in the morning (comp. Nux Vomica). Agg. in the evening.

WORSE, from heat, rich fat food, after eating, towards evening, warm room, lying on left or on painless side, when allowing feet to hang down.

PYROGENIUM

IDEA: Any case of chronic infection/suppuration

Most valuable substance from putrescent meat. It is essential in many acute and chronic infections. It copes with the septic phases of infections. Cellulitis. Lymphangitis. Aching through the whole body. Restlessness at night (Rhus toxicodendron)

Cases with disparity between pulse and temperature e.g. high pulse frequency with normal body temperature. Tongue can be red and shiny (Terebinthina, Crotalus)

For instance C6 every two hours for typhus.

QUILLAYA SAPONARIA

Panama wood

Soapbark tree



IDEA: Acute coryza

Acute catarrh. Best at the beginning of coryza. Stops further spreading. Coryza and throat infection. **Cardiac and respiratory depressant.**

RANUNCULUS BULBOSUS

St Anthony's turnip or bulbous buttercup



IDEA: Arthritic, allergic, blisters

Blue colored blisters and **horny eschar**. Small, deep, transparent, elevated pin head blisters in oval groups. The size of a shilling. **Dropsy. intercostal neuralgia.**

Complete image of herpes. Herpes Zoster. Sore pain in pharynx during intake of breath. Less pain when swallowing. These symptoms often resemble **hay fever** and have been successfully treated with Ran-b. ([Arsenicum album](#), [Psorinum](#), [Kalium-i](#), [Sabadilla](#), [Arundo](#))

Sensitive to air, cold air. Also cold or heat. agg. Alcohol aftermath. Brain fog as if drunk. Eating agg., fasting better.

RANUNCULUS FICARIA

Green petal



IDEA: Intestinal-Liver

Hemorrhoids. Congestion portal vein.

All parts are poisonous, especially the roots and bulbils. Main ingredients are Protoanemonine and other unknown substances. Intoxication manifests as: **nausea, vomiting, and diarrhea**. It should not be eaten, not even cooked.

RANUNCULUS SCLERATUS

Cursed buttercup

Celery-Leaved Crowfoot.



IDEA: Tongue mucosa

Leaf is kidney shaped

Glossitis, scalded areas on tongue ([O1](#)) with burning pain and soreness. Pemphigus. If there is external sensitivity, particularly the chest and sternum, then frequent healings became possible including aneurysm. Pain in right big toe.

Further symptoms of Ranunculus scleratus

- Flatulence
- Bladder
- Blister
- Erysipelas
- Herpes zoster
- Colpitis
- Conjunctivitis
- Laryngitis
- Pharyngitis
- Rhinitis
- Mucosae
- Burning pain
- Sensation of spider web in face
- Ulcus
- Pain lower abdomen in females
- Vaginitis

RHODODENDRON



IDEA: Weather change, meteorosensitive

Narcotic, Rheumatism

Deranges all parts of the body-metabolism. Delirium, fever, headache, neuralgia, (ear-pain, toothache), rheumatism and inflammations; symptoms worsen when the sky denotes thunder or wet weather. Sensitive to atmospheric (electrical) change. Fear of thunder. Loss of memory. Skips words when writing; sudden droop of thoughts. Forgets what he wanted to talk about; must think a while before remembering it. Dizziness, brain fog.

Case: 55 year old male with Psoriasis. During North wind „he is not quite alert“. Weakness. Loss of stamina. Rhododendron LM 18 2x5 Glob. weekly.



IDEA: Skin

Pemphigus, erosion of mucosa of the tongue ([OI](#)), burning pain on tongue. Aneurysm.

RHUS AROMATICA

Fragrant Sumac



IDEA: Atony

Diabetes mellitus. Diabetes insipidus Diarrhea bloody-thin. Incontinence. Enuresis. Massive uterine bleedings.

Dosage: **Mother tincture**, D2, D6

RHUS TOXICODENDRON

Poison ivy



IDEA: relief by warmth and motion

Rhus tox. is mainly used to treat skin complaints with burning, itchy, red, swollen skin, and a tendency to scaling, such as herpes, diaper rash, blisters, and eczema, and musculoskeletal problems, such as osteoarthritis, rheumatism, restless legs, cramps, **sprains and strains**.

Rheumatic fever, flu, and other **viral infections** Include: high temperature with confusion and delirium; Swollen eyes with painful stinging tears; sensitive scalp; blocked nose in the evening; dry, cracked, brownish, red-tipped tongue; bitter taste in the mouth; irritating coughs that clear up when talking or singing; **stiffness in the lower back**; numb arms and legs; nausea and vomiting and stitch like pain made worse by cold and damp.

Women's problems helped by the remedy include heavy, prolonged, early menstruation, burning pain in the vagina, and abdominal pain alleviated by lying down. People who need this remedy may be irritable; depressed, with a suicidal inclination; and may cry with no cause. They lack sensual enjoyment, are anxious and fear being poisoned by medications, and are extremely **sensitive to cold and damp**.

In combination with Arnica, Rhus tox and Ruta it is of important anti-traumatic help

RHUS VENENATA

Poison - elder



IDEA: Skin disease

Generalized eczema, chilblain(Tincture) instant relief, antidote for Arsenic, bone symptoms (where bone is right under the skin) Mouth and tongue feel like scalded.

ROBINIA PSEUDOCACIA

Black locust



IDEA: Stomach acid ([Magnesium carbonicum](#)), neuralgia

ROSA CANINA

IDEA: Diphtheria

Rosa canina is very similar to Lac caninum (remedy for Diphtheria) . Neurodermitis.

Case: Patient with Asthma Cardiale, left heart block and left chronic otitis with prior Diphtheria. Rosa caninum D30 improved heart function.

RUMEX CRISPUS



IDEA: Tickling cough

Marked irritation of mucosae of the larynx, trachea, and bronchi.

Cough caused by an incessant tickling in the throat-pit. Tickling runs down to the bifurcation of the bronchial tubes. Touching the throat-pit brings on the cough. Worse from the least cold air; **Rumex obtusifolius** is the best antidote for nettels. Externally and orally for scabies.

Keynote: Very sensitive to cold air. Cough and skin symptoms get worse by divesting and cold air. Covering the whole body with blankets stops the cough. Best remedy for borborygmus.

D3-D6

RUTA GRAVEOLENS

Common Rue



Rue is considered a national herb of Lithuania.

Effects of common Rue

IDEA: Sprains, strains of tendines, bruised bones

Myositis: Sensation of great weakness and desperation. Pain upper thighs. Legs give way when getting up from a chair. Upper thighs and hips are very weak (Phos., Con.). All parts of the body are painful as if beaten up. Complaints after physical overworking especially the flexor tendines.

“Bruised” injured bones. Periosteum and cartilage. Complaints from straining flexor tendons especially. Tendency to the formation of **deposits** in the periosteum, tendons, and about joints, **especially wrist**. All parts of the body are painful, as if bruised. Lameness after sprains. **Sprains** (after [Arnica](#), [Rhus tox](#)). Headache; sore bruised, sensitive to pressure; as if crushed shattered, beaten to pieces; eyes, over strain of ocular muscles. Feeling of intense lassitude, weakness and despair. Eyes and vision from straining eyes and too much reading. Jaundice. Rectal irritation, prolapsus and lower large intestinal cancer ([Phytolacca](#)).

Headache caused by over exertion of eyes. Red eyes.

Worse: lying down, from cold, wet weather. **Going down the stairs**

Compare: Ratanhia, Carduus. Rectal (irritation); Jaborandi, [Phytolacca](#), [Rhus tox](#), [Silicea](#), [Arnica](#)

SABADILLA

Mexican liliaceae



IDEA: Spells of symptoms

Mucosa, nose and lacrimal glands. Allergy remedy of the Colchicum group. (comp. Histaminum) . Fierce remedy ([Colchicum](#), [Nux vomica](#), Arundo, Pollen)

Congestion, sinuses

Spells of trembling. „Cold fever“ in pleuritis and lung affections in her records. Other than Lachesis it likes hot drinks. **Frosty remedy. Sensitive to cold. Inflammations of the throat starts on the left side.** Coryza and hay fever like symptoms..

Sensation of pressure on eyes, lacrimation in open air and at looking into the sun, weak vision.

Phleum pratense - for hay fever the 12. potency heals specifically and is desensitizing in many cases.

SABAL SERRULATA

Saw palmetto



IDEA: urinary tract

Improves olein metabolism. Olein's healing power contributes to heart disease, cancer and other illnesses, Palm oil is a natural oil that has been scientifically proven to lower blood cholesterol, reduce risk of **cancer** and heart disease.

Has healing effects on the genito-urinary organs. **General and sexual debility**. Catarrh of mucous membranes. Laryngitis, pharyngitis. Tumors of uterus and prostate. Promotes nutrition and tissue building (female breast). Head, stomach, and ovarian symptoms marked. Prostatic enlargement, **Epididymitis**, and urinary difficulties. Acts on membrano-prostatic portion of urethra. Iritis, with prostatic trouble. **Valuable for undeveloped mammary glands. Fear of going to sleep.** Languor, apathy and indifference. **Sympathy and compassion make him furious (Nat.m)**

Given in Tincture, D1-D4, C200 in cancer

SABINA

Juniperus Sabina



IDEA: Toxic for small intestine and genitals

Sabina is a broad irritant causing inflammation of the upper part of duodenum. Producing inflamed blotches also in other intestinal parts, omentum and peritoneum. Marked irritation on genitals of both sexes. Condylomata acuminata with itching and burning. Phimosi. Swelling of dorsum of penis. Gonorrhoea, uterine bleedings and abortus in pregnant women.

SACCHARUM ALBUM

White sugar

IDEA: Rigidity

Scurvy rickets; gout; rheumatism, diabetes. Hyperacidity of stomach; anal itching. Corneal clouding. **Weakness of shanks like paralyzed causing to stagger.** Craving for sugar.

SALIX NIGRA

Black willow



IDEA: Fatigue, loss of control over sexuality

Sore pain of muscles, tired condition, soft stool, gingiva sore, fever, disease of uro-genital tract. Looses control over libido and sexuality.

SALVIA SCLAREA

Clary Sage



IDEA: Scarlet fever aftermath, Streptococcal aftermath. Headache, brain.

Case: 70 year old female with severe anxiety neurosis, which is compensated by schizophrenic reactions (pretended „lost orientation“ and „dementia“) Immense fear to be left alone. Large cyst left kidney. Tonsillectomy in adolescence with severe post operative bleeding and heart complication. Later massive menstrual bleedings which dictated hysterectomy. Digital Acupuncture (QUINT) Streptococcus viridans. Salvia Sclarea D12 1x5 Globuli for 4 weeks. Diagnosis: Chronic Streptococcal toxicosis.

SAMBUCUS NIGRA

Black elderberry



IDEA: respiratory tract, snuffles, coryza

Child wakes up at midnight with pertussis and turns blue. Chronic snuffles in children.
Edema.

SANICULA AQUA

A mineral spring in Ottawa, Illinois, USA.

IDEA: Sensitive to touching

Pain like a wound in liver. Horses: swollen gums (Frog) Smell like fish. Crinkly neck.
Cachexia, Constipation

SAROTHAMNUS SCOPARIUS

Broom shrub



IDEA: Antiarrhythmic, negative inotrop.

Indikations: Atrial fibrillations, cardiac arrhythmia, low blood pressure, tachycardia.

SARSAPARILLA



IDEA: Skin, Marasmus, kidneys

Retraction of nipples, fissures finger tips and feet

Modality: Worse by inner heat ([Sec](#)) and external frost sensation

Skin:

Itchy skin and eczema. Scratching causes migrating itching. Scaly eczema on forehead. Scabby face. **Flecks of blue, black, and copper** tone color. Skin thickens on back of hands. Psoriasis. Gout. Dewily eczema scrotum and upper thighs. **Pollinosis**. Leprosy. Warts.

Marasmus:

Neck. Crinkled slack skin.

Kidneys:

Important kidney and bladder remedy, **urinary symptoms well marked**. Pain in urethra right after urination. Urination easier when standing. Dented edema lower legs. Calculi in bladder. Cystitis. Syphilis and excessive application of mercury. Periosteal pains due to venereal disease.

Weakness: Psycho-physical prostration. Thick-witted, severe mental retardation, weakness, paralytic sensation whole body. Venous congestion.

Modern users claim that it is effective for bladder and kidney ailments, eczema, boils, and eczema capitis ([Ol](#)). Psoriasis, arthritis, rheumatism, Borreliosis, edema, pollinosis, warts, herpes, and leprosy ([Hyd](#)). Despondent, taciturn.

Compatibel: [All-c.](#), [hep.](#), [phos.](#), [rhus-t.](#), [sep.](#), [sulph.](#)

SCILLA

Squill



IDEA: Water. Cardiac edema

Cardiac and renal edema, ascites, congestive heart failure.

Diuretic for heart diseases. Weakness of heart muscle, dilation of right ventricle, post-operative treatment of the heart. In combination with Digitalis, Adonis, or Convallaria,

Effective for Digitalis **resistant patients**. Diuretic for bladder and kidney ailments (Cystitis, Nephritis, Incontinentia urinae). For ascites: Scilla X 3 as injection.

Expectorans in chronic bronchitis. Cough, sneezing with lacrimation, and involuntary loss of urin.

Spleen tumors, diabetes, diabetes insipidus.

Homeopathy up to X 3 .

Phytotherapy

Rp.:

Bulb. Scillae pulv. 3

Fol. Digit. titr. pulv. 1

Mass. Pil. qu. s.

ut f. Pil. Nr. XXX

M.d.s.: Three times daily 2 to 3 pills.

SCIRRHINUM

IDEA: Cancer nosode from Scirrhus Ca

Scirrhinum is a homeopathic sub-remedy of Carcininum, used for treating cancer, enlarged glands, hemorrhages, varicose veins and worms.
Breast, cancer. M. Hodgkin etc.

Cancer diathesis: “There is no cancer case where Carcininum is not of advantage sooner or later,” R.M. Cooper

Scirrhinum is typically given in 200c dosage that is "plussed," which means shaken and dissolved in water, alcohol or another liquid. Potency, or the strength of the dosage, is determined by how much it was diluted and plussed.

Plussing Method

The Plussing Method consists of diluting three pellets or globules of the remedy in eleven teaspoons of spring water. The patient sips one teaspoon every fifteen minutes. Between each dose, the water is gently stirred or, if in a bottle, shaken once. The patient takes ten teaspoonfuls over the course of approximately two and a half hours and reserves the last teaspoon for the next day.

The next day ten teaspoons of fresh water are added to the original mixture (but not any fresh medicine) and the process is repeated. The procedure continues for seven days – after which the remedy is changed and the same procedure is repeated with the new medicine. In weeks 3 and 4 (and every subsequent week), the patient starts with a mixture of fresh water and fresh medicine.

HISTORY - Burnett is the authority for this nosode. He proved it on himself and produced “a tremendous sinking at the navel,” which he regarded as a keynote for its use. Scirr. has aided the cure of many cases of breast tumor in Burnett’s hands.

With Scirrhinum, Burnett cured a man of hard glands which appeared on the left side of the neck after other glands had been removed by the patient’s brother, a surgeon. Hemorrhages and varicose veins of legs and feet with purple points, have also been cured by Burnett with Scirr.

COMMENTS - A patient to whom Burnett had given Scirr. mentioned to him that it had caused the passage of an enormous number of thread worms. On this hint Burnett gave it with great success in many cases of this troublesome complaint. In inveterate cases where Cina and Teucr. have given little relief, Scirr. has wrought a great change for the better.

Try for Morgellons.



Morgellons-filaments grow out of the skin (below)

Modalities - The time of aggravation of Scir. is from 5 to 6 p.m. and irregularly on through the night.

SCROPHULARIA NODOSA

Figwort

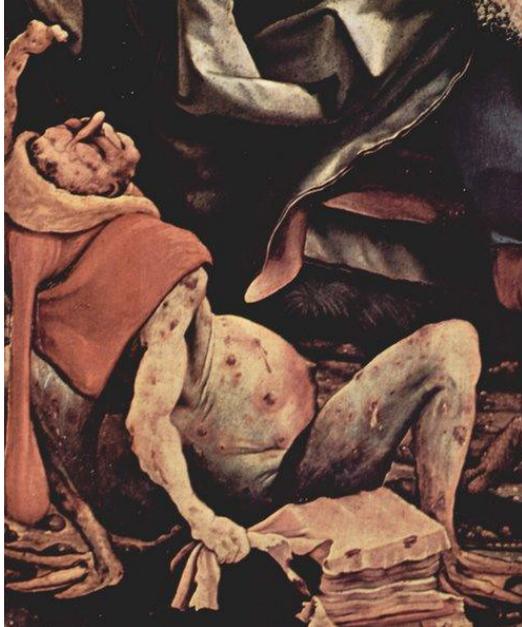


IDEA: Glands, lymph nodes.

Wherever there are enlarged glands. **Hodgkin** ([Chin](#), Chin.ars) Struma nodosa. Valuable for skin disease. Eczema of the ears Specific for female breast. Breast lumps (**Scirrhinum**.)Dissolves lumps in breast. Pruritus vaginae. Lupoid ulcers. **Scrofulous swellings** (**Cistus**.) Painful hemorrhoids. Testicles humpy. Epithelioma. **Pain in all flexor muscles.**

SECALE CORNUTUM

Ergot



IDEE: Spasms of vessels mit Zuckungen der Extremitäten

Ergot is found growing on rye (see picture below) wheat barley and other specific types of grasses. In fact, ergot of rye substitutes the grain of rye with deep, purplish sclerotium - a plant ailment caused by the fungus called *Claviceps purpurea*. In other words, a sclerotium (ergot) is basically considered a fungus and when it is present in plants they ought not to be consumed in large amounts since it is toxic for humans as well as livestock. When *secale cornutum* is found in any crop, it becomes infected and when any person is infected with the toxin of this fungus, it is known as ergotism. It is interesting to note that the fungus *Claviceps purpurea* was the unusual source from which LSD was isolated for the first time.

Poisoning caused by the ergot of rye is denoted as ergotism and it can be distinguished by two types of symptoms. Convulsive ergotism wherein malfunctioning of the nervous system causing the patient to endure spraining and distorting in pain, together with shuddering, trembling and a twisted neck. The other type known as gangrenous ergotism, a condition where the victim may drop parts of their extremities, for instance lose fingers, toes and even ear lobes owing to constriction of blood vessels passing through these extremities. Victims who endure such constriction of the blood vessels also experience a scorching pain - something common among the farm animals that are left to graze in open fields.

Paralysis of tongue, stuttering, paralysis of the bladder. As if something is **creeping under the skin**. Warmth worsens - also the eyes. Extremities, hands feel cold. Numbness. **Burning sensation**. Convulsions, **spasms**. Massive constriction of vessels. Circulatory disorder of the heart muscle, kidneys, extremities. Pulse hardly palpable. Jimjams under the skin (paraesthesia) . 1



Abb. 4: Mutterkorn (*Secale cornutum*) auf Roggenähre.

Sustained spasms of uterus. Cold gives relief. Greenish ulcers. Application of secale in gynecology often leads to the diagnosis of ergotaminum.

SELENIUM

IDEA: Weakness when getting warm.

The warmer the body gets the weaker it gets. Impotence. Liver diseases. Complaints after ejaculation of sperm. Laryngitis (tuberculosa) . Affecting the uro-genital system. Penis becomes soft in coitus. Massive sweat in axillae. Itching of palms of the hands. Jelly like mucus (Stannum).

SENECIO AUREUS



(Asteraceae)

IDEA: Suppressed menses, bleedings

All kind of symptoms which may occur after the menses have been suppressed.

SENEGA

Snake root



IDEA: Chest and bladder (burning sore pain)

Antidot for snake bites. Dyspnoe, cough, hemoptysis. Teste applied it successfully for pneumonia, pleuritis, and hydrothorax.. Cough with mucous. Spells of irritation of vessels in the chest. Catarrhal symptoms, especially of the respiratory tract. Amblyopia. Circumscribed spots in chest left after inflammations . Arteria carotis angiopathy. Heart spells. Spells heart palpitations. Heart beat decreases almost to a non palpable tremor lasting all night. Due to certain emotions.

Burning sensation in chest either before or after coughing. Opulent discharge of mucous . Dryness of inner organs which usually are moist. Dry skin. General disease of trachea; foremost left side of chest.

SENNA



IDEA: Soft and thin stools

Infantile colics when the child seems to be full of wind. Acetonaemia, prostration, fainting, constipation with colic and flatulence. Liver enlarged and tender (Farrington).

Dosage: D3-D6

SEPIA

Cuttlefish



IDEA: Venous congestion, depression

Extremely emotional, irritable, and anxious persons. Brown blotched skin

Family: Neglect towards kins and loved ones.

Portal congestion: (Nux vom).

Sore liver. Stinging pain in liver. Pain from below up. (**Sil**, **Gel**). Often needed for chronic coryza.

Enuresis: bedwetting immediately when the child falls asleep.

Prolapsus: One of the most important uterine remedies. Tubercular patient with chronic hepatic troubles and uterine reflexes. **Stasis and ptosis of viscera forces the patient to cross her legs in order to avoid prolapsus.** Especially in women, upon whose organism it has most pronounced effect. Hot flashes at menopause with weakness and perspiration. Weariness and misery. Weakness, yellow complexion, bearing-down sensation. Tendency to abortion (**Zinc**).

Horny wart. Sep 3 X healed

"Ball" sensation in inner parts. Easy fainting. Sepia acts best on brunettes. Pulsating headache in cerebellum.

Better: by exercise, pressure, warmth of bed, hot applications, drawing limbs up, cold bathing, after sleep. Feels cold even in warm room

Worse: forenoons and evenings; left side, cold air, before thunder-storm.

Complementary: **Nat mur**; **Phos.** Nux intensifies action. **Guai** often beneficial after Sepia.

Inimical: **Lach**, **Puls**. Compare: Lil; Mur; **Sil**; **Sul**.

SIEGESBECKIA

Common St. Paul'Swort, Hog's Head Hemp



IDEA: Abscess, bedsore, decubitus, septic conditions, ulcus varicosum

Depressed nervous system. Scrophulosis, syphilis, gout

SILICEA TERRA

IDEA: Lack of body warmth. Even physical exercise does not warm up the body.

Silicium is one of the most important remedies for chronic disease. A major part of the earth's crust consists of silicium. Seasand is mainly silicium. Stability of straw depends on silicium. Equisetum (snake grass) consists of 18% silicium. Silizium provides the matrix of the earth's crust and accordingly it is the foundation of plant life and to a large extent also for animal life. **Lack of strength and „bite“ „grit“ both mentally and physically** is the guide towards silicea in homeopathy. If the absorption of an exsudate **sero-albumine of a bursa** cannot be achieved by Calcium –phosphoricum you could use silicea. **Sil. can heal chronic arthritic – rheumatoid diseases** because it forms a soluble substance (Natriumsilikat) with the Natrium of Natriumurate; This solution will be eliminated by the lymph. Calculi renales.

Headaches are very characteristic. They are chronic and sometimes originated in a severe disease during the youth. They get better by pressure and warm cover of the head. Better by large urination. Cancer. **Nipple** of female breast may be sunken in like a funnel (Sarsaparilla).

SOLIDAGO VIRGAUREA

Goldenrod



IDEA: Kidney

Sensation of pressure in kidneys. Pain in kidney area with dysuria.

Recurrent colds of patients with tuberculosis (X2).

Weaknes, fatigue; chills alternating with hot flashes. Joint pain, chest pain.

SPARTIUM SCOPARIUM

Broom



Sparteine sulphate increases the strength of the heart, slows it and reduces the blood pressure. It continues the good effects of Veratrum and Digitalis without any of the undesirable effects of either. (Hinsdale.) The effect of sparteine sulphate (the alkaloid of Broom) is to cause a lowering of the systolic and diastolic pressures of the provers. Tobacco heart. Angina pectoris. Irregular action, disturbed rhythm due to gas, etc., feeble in nervous hysterical patients. Myocardial degeneration

SPIGELIA ANTHELMICA

Pinkroot



IDEA: Peripheral nervous system

Neuralgia par excellence. Left side remedy. Involves the heart. Acute rheumatic episodes of the heart. Involves the eye, rheumatic sclerotitis, chorioiditis, retina, and optic nerve. Pain increases and decreases with sunrise and sunset. Worm remedy.

Left sided migraine: Spigelia X4

SPIREA ULMARIA

Meadow sweet



IDEA: Mucosa, urogenital tract

Preventative for heart attack. High contents of Salicylaldehyde and Salicylic acid.

Bee hives were wiped inside with this herb in order to keep the bee colony together. In Russia the root was used internally and externally against bites of rabid dogs.

Diuretic and good for kidney/bladder ailments.

In herbal healing mainly the blossoms and dried plants were used which were collected during the flowering period.

Case: 80 year old male with bypass and elevating PSA after operated prostate cancer. Suprapubic catheter. Spirea ulm. D12 1x5 pearls daily for 14 days.

SPONGIA

Spongia officinalis, a species within the genus



IDEA: Dry mucosa. Croup.

Heart. Cough dry. Croup.

When Aconitum fails, Spongia X4 is indicated.

Heart, dry cough, thyroid, goiter, larynx, testes

Heart problems are often combined with anxiety, palpitations, impaired breath. Cough caused by heart reflex. Best remedy for heart valve disease (Nash). Compare Adonis vernalis, Lachesis, Naja. Right heart enlargement. Endocarditis. Asthma. Agg. from movement.

Spasmodic , dry cough, as if sawing a board of pine, **dry mucosae. Croup worse before midnight** ([Ars. alb.](#)). Asthma. Throat infections.

Thyroid medication (Q1). Resembles tuberculosis.

Testes, spermatic cord, and epididymis (swelling, pain, inflammation) **lower abdominal cramps.**

Aggravation from heat, worse by cold drinks, better by warm drinks and warm food. Agg. from movement, agg. from sweets, amelioration by horizontal resting. Better by eating ([Anac](#)).

Follows Aconitum well. **Relationships:** [Acon.](#); [Hep.](#); [Brom.](#); [Lach.](#); [Merc.](#); [Iod](#) (Goitre.)

STANNUM METALLICUM

Tin

IDEA: Prostration

Consumption, Haematemesis, cramps, neuralgia, pain comes and goes slowly increasing.

STAPHISAGRIA



IDEA: Suppression, throwing objects, knots

Skin sensitive.

Home countries of Staphisagria are Italy, Greece, and Asia. Today the plant can be found all over the Mediterranean and Canary Isles.

Triple edged semen. The Romans called it Pedicularia (pediculus - louse). In order to highlight the use against lice. Very slimy. Kidney stones, urinary grits, parasites und ulcera of the eyes.

The semen contain Diterpenalkaloids, Delphinin, Methyalaconitin, Delphisin, Delphinoidin, Delcosin, Delsonin, Lycoctonin und Staphisagrin. At **skin contact** the body reacts with **irritation and inflammation of the skin**. Used as ointment against lice and bugs. Further use for stabbing wounds, cuts, and bites. **Used after medical injury of the urethra (Urology)**. When ingested it causes inflammation of the pharynx and increased saliva. Impaired swallowing, itching of skin, urge to urinate, general muscle weakness, muscle paralysis. Stomach ache, and ultimately suffocation, collapse, and cardiac arrest. Chalazion, Hordeolum, arthritic finger knots.

Healing for surgical trauma of the urethra and other injuries. **Spermatorrhoea, in which disease it has proved of great value. Teeth will be affected and decay too fast. They crumble and turn black.** Staphisagria heals toothache if it gets worse by touch, even touch by the tongue, by food and drinks. However, the pain does not occur during chewing and biting. Pain increases by inhaling cold air and cold fluids.

The Staphisagria-Patient is capricious and easily offended. Strong impact on urinary and sexual functions. Trembling out of rage.

Case: 58 year old female with Psoriasis, Choleystectomie, rheumatoid pain, duodenitis, food allergy for dairy, nephropathy. The issue "suppression" was confirmed. Staphisagria D12 1x5 glob. Daily until reation. Then sporadic (QUINT system).

STEFFENSIA ELONGATA (Piper elongatum)

Cayenne pepper

IDEA: Bladder infections

STILLINGIA SILVATICA

Queen's root

IDEA: Syphilitic.

Laryngitis. Urogenital organs. Mental and physical prostration. Lumps forehead and shin



An Euphorba from Virginia to Florida. Indians used it for Syphilis.

Rheumatism (Phyt, Kal i), periosteum, hip

Skin disease such as Psoriasis, **dryness**, cough, Scrophulosis of cervical glands.

STRONTIUM CARBONICUM

IDEA: Sprains

Aftermath of bleedings (operations etc)

Stront-c. stands for sprains and bone problems. Chronic sprain of the ankle responds well if there is edema . Femur ailments. Rheumatism.

Disquietude and anxiety. Marked forgetfulness. Better: Warmth and by swathing. Worse: cold, draft.

STROPHANTUS HISPIDIUS

wooded vine can climb up to a height of 30 feet (10 meters).



IDEA: Weak heart

Strophanthus is a muscle poison; Used as a poison for arrows. It increases the contractile power of all striped muscles. Acts on the heart. May be used with advantage to tone the heart, and run off **dropsical** accumulations. In small doses for weak heart; it feels enlarged. In mitral regurgitation, no cumulative effects, is a greater diuretic, and is safer for the aged, as it does not affect the vaso-motors. In pneumonia and in severe prostration from hemorrhage after operations and acute diseases. After the long use of stimulants; Irritable heart of tobacco-smokers. Arteriosclerosis; rigid arteries of aged. Restores tone to a **brittle** tissue, especially of the heart muscle and valves. Especially useful in failing compensation dependent upon fatty heart. **HIVES**. Anaemia with **palpitation** and breathlessness. Exophthalmia goitre. Corpulent persons.

Relationships

[Phos-ac](#) (weak heart, irregular pulse, fluttering sensation in cardiac region, palpitation during sleep, fainting).

Dose

Tincture and 6X potency. In more acute cases, five to ten drops of the tincture three times a day.

Case: 66 year old female with heart complaints. Swelling of fingers and ankles. Strophanthus D30 5 pearls daily until reaction. Then sporadic in case of dropsy and heart sensations. (QUINT system)

After one dosage (5 glob) the patient felt 70% better within 30 minutes. At night there was a reaction with massive sweat. Next day the patient felt better.

SULFUR

Sulfur

IDEA: Eczema

Generally you may begin homeopathic therapy with one or two dosages of Sulfur C30 . This initiates the body to react. Thus deeper symptoms may become notable. Toxins come out.

After illness Sulph. is a powerful absorbing remedy and is often needed after acute illnesses in order to heal out.

If there was eczema in a patient in the past, Sulfur will play an important role ([Caust](#)) **Skin diseases** (Psora). Scabies. Itching becomes burning after scratching. Skin is flabby.

Intolerance dairy products ([Aeth](#), [Mag carb](#)).

Alcoholism C1000 (Gallavardin).

Fever if Aconit does not bring relief in 24 hours (van den Heuvel).

Lymph glands enlarged

Malaria workers in Sulfur mines seem to be immune against Malaria, even if the mines are located in endemic areas (Cooper).

Irregular distribution of blood (some parts appear hot, provoking flashes, others are cold). Orifices are red (lips, eyelids, vulva, urethra, anus, ears, nose). Both congestion and inaneness. Flat feeling at 11.a.m. Apathy around 11 a.m.

Apathy.. Rheumatism, sciatica amel. in the morning and agg. in bed at night. Paresis of lower extremity Sulfur CM (Skinner). Disease propagates upwards. Congested nose and asthma. Cold feet. Uncovers feet in bed. Burning feet.

agg. by touching, agg. by pressure and inactivity, agg. standing , agg. by slightest motion is characteristic ([Bryonia](#)). "agg. by heat.

SULPHURICUM ACIDUM

Sulphuric acid

Tremor and weakness; always in a hurry. Hot flashes with tremor and sweat.
Writer's cramp. Lead poisoning. Extreme craving for stimulating substances (alcohol)
Purpura hemorrhagica. Cancer of the mouth. Ulcers. All cases of scabies.

It follows Arnica after bruises, follows Conium after bruises of glands, follows Ruta after bone bruise.

SYMPHYTUM

Comfrey



IDEA: Orthopedic wonder remedy

After Arnica. Back pain Arinica/Symphytum
Prickling pain

Fractures D30 daily, bruises, periost pain, bone pain after injury. Swelling of lymphnodes,
leukemia C200 divided dosage method (Ramakrishnan)*
Eye injury. D4 or D30

*C200 4 times per day mostly only for one day per week, one day every two weeks or every month

SYMPLOCARPUS FOETIDUS

Skunk cabbage



IDEA: dysentery, respiratory diseases, nervous disorders, rheumatism, and dropsy

The rootstock and roots of skunk cabbage have been used to treat respiratory ailments, including: hay fever, asthma, whooping cough, bronchial problems, and mucous congestion.

It is helpful for nervous disorders, spasmodic problems, rheumatism, and dropsy. Some Native Americans boiled the root hairs to make a wash for stopping external bleeding. One tribe inhaled the odor of the crushed leaves to cure headache or toothache (which may be a classic case of a cure worse than the disease). Root poulticed for wounds, underarm deodorant; leaf poulticed to reduce swelling, they ate the root to stop epileptic seizures.

Very reliable in tuberculosis, chronic catarrh, fevers, whooping cough, epilepsy, convulsions, and pleurisy. Excellent remedy in **dysentery**, convulsions, dropsy, hysteria, epilepsy, and for use during pregnancy.

Case: 60 year old male with long lasting **food allergic dysentery** “foul intestinal complaints”. Diarrhea. Neurasthenia and depression.

SYZYGIUM JAMBOLANUM



IDEA: for treatment of type-2 diabetes.

Indicated for increased amount of sugar in the blood and urine

Dos.: Tincture or lower potencies

TABACUM

Tobacco



IDEA: Coldness, constriction, paralysis

Nausea, cold sweat, trembling, giddiness, death-like pallor, vomiting, **intermittent pulse**. Palliative against bee and insect stings. Marked antiseptic qualities, antidote to cholera germs. cholera infantum, diarrhea. Collapse. **Seasickness, cold but wants abdomen uncovered (camphora)**. Produces high tension and arteriosclerosis of the coronary arteries. Should prove the most homeopathic drug for angina pectoris, with coronaritis and high tension (Cartier). Hard cord like pulse. Tenesmus bladder, rectum, chest. Dripping of urine because of paralytic and weak bladder.

Constriction: incarcerated hernia, ileus, renal colic.

BETTER, uncovering, open fresh air.

TARENTULA CUBENSIS



Mexican species

IDEA: Toxic lymphangitis

Tarentula cubensis produces and cures skin symptoms (Morrison). Intensely burning lesions similar to Anthracinum. Awful burning of the whole body. Abscess ulcers in the mouth could affect the entire gastrointestinal tract. toxaemic medicine, septic conditions. **Diphtheria**. Adapted to the most severe types of inflammation and pain, early and persistent prostration. Various forms of malignant suppuration. Purplish hue and burning, stinging pains. Bubo. It is the remedy for **Pain of death; soothes the last struggles. pruritus, especially about genitals**. Restless feet. Intermittent septic chills. BETTER, smoking. WORSE, night.

Homeopathic and non homeopathic substances are used for cancer treatment.

Not every tumor responds to Tarentula. Tumor specimen and laboratory assessments for compatibility are costly and time consuming. Therefore it is preferred to monitor the patient and treat or stop treatment accordingly.

TELLURIUM

Tellur

A non-metallic element. Alike sulfur and selenium.

IDEA: Discharge of ear

Skin irritation including ears and eyelids. Entropium. Pustule conjunctivitis. Pterygium.

Herpes circinatus.

Tinea of face and body. Sycosis barbae. Psoriasis. Otorrhoe. Sudden plugged up ears. Discharge from ears acrid (reddened skin). Hyperaesthesia of dorsum. Expels hair worms.

Offensive body odor and sweat, smelling like garlic. Offensive sweat of feet. Neuralgia. Ischiaca and spinal irritation.

Dosage: X6 and higher.

TEUCRIUM MARUM VERUM

Gamander

IDEA Helminthiasis, tissue excrescence

Irritated nose and anus, oxyuriasis. Tissue proliferation: nose polyp, polyp urethra, excrescence urethra after gonorrhoea. Fibroid eyelid, fibroid uterus. Gout, rheumatism, clearing throat, consumption, bone pain, knuckle ([Ruta](#), Arg.met). Desire to stretch oneself. Singultus.
Rhinitis atrophicans.

If none of any remedies work, Marum Verum is an option.

THAPSIA



IDEA: Hand/foot sweat

This plant is deadly for camels

Sores and decubitus, Hand/foot sweat with itching and blisters. Dyshidrotic eczema.
Itching and swelling of the face and hands.

THUJA

Cypressaceae

IDEA: Growth

Wharts, Condyloma, Naevus, brown spots on the skin, chronic skin problems or neuralgia after vaccination. Prostate adenoma and – cancer. Chronic laryngitis. Pain like a sharp knife in the urethra after urination. Snapping joints, **Generalized psoriasis.** Frosty remedy. Joint cracking. Stabbing pain Achilles' tendon.

THYREOIDINUM

Thyroid extract from sheep and calves

IDEA: Swelling of extremities, dry skin

Morbus Basedow, myxedema, tachycardia. dry skin ([Ferr.ars](#)), cold body, hair loss, constipation, psoriasis, ichthyosis, arthritis, neuritis nervi optici, otosclerosis, epilepsy.

Mental disease; all advanced myxedema show mental disorder with tendency towards dementia. Persecution complex.

Dropsy and albuminuria with thickened, dark swelling (Burnett). Wakes up in the morning with headache.

Follows well Lachesis and Bacillinum (cretinism)

TORMENTILLA

Excellent antidiarrhoic, persisting diarrhea (often with bloody stool). **Enteritis**, intestinal bleedings. Gagging and diarrhea. Dysentery, weak stomach, ulcer ventriculi, bloody vomitus, alternating constipation and diarrhea. **Divertikulosis** (Kessler, van Huelsen). Menorrhagia .

TEREBINTHINA

IDEA: burning pain

This substance is toxic to kidneys and urinary tract. Burning in the bladder is worse than Berberis. Thus it can produce smoky colored urine which is a keynote. Another keynote is the glistening red tongue (Pyrogenium, Crothalus). Its kidney toxicity causes albuminuria. In albuminuria it ranks first among Cantharis, Cannabis sativa, and Berberis. At a later stage of albuminuria mercurius corrosivus is needed. Edema after scarlet fever (Apis, Helleborus nigra, Lachesis, Colchicum) It is important against pupura.

Compare: **Alumen; Secale; Canth.; Nit-ac.** Antidote: Phos.

TRIFOLIUM PRATENSE

Red Clover



IDEA: Breathing

Dry, prickling cough. Cancer. Pancreas. Vascular ailments. Dissolving mucus in flu. Scaly and ulcerous conditions on shins of old people. Symptoms of blood congestion. As if head was full of blood. **agg. in closed rooms; amel. In open air.**

USNEA BARBATA

Similar to Spanish moss



IDEA: Erythrasma

Dosade D1- X1; Candida albicans: D8- X 8 3x1 tabl.

Usneaderm ointment Weber, Corynebacterium minutissimum D (X) 200 1x5 every 2 weeks.

VANADIUM METALLICUM

Vanadium

IDEA: weakness

Impaired oxydation, impaired metabolism of food..

M. Addison. Atheroma. Fatty degeneration. Lack of food. Cancer. Tuberculosis.

Fatty degeneration of liver. Arterial atheroma. Cheyne-Stokes; marked pain along arteria basilaris; large pigmented spots on forehead, substantial weakness ([Bapt.](#), [Carb.v.](#)).

VANILLA AROMATICA



IDEA: Eczema, erythema

Alike sumach – exanthema. Red, alike erysipas. Also for Zoster (Shingles) Pressing pain. Wants to rise high despite of lacking energy. Affecting Achille's tendon.

Case: 35 year old female with Shingles. Psyche: wants to become rich. Has fully abused her energies. Vanilla C200 healed the Zoster.

VERATRUM ALBUM

White Hellebore



IDEA: Sweat, cold-ice-cold, blue color lips and skin.

Food poisoning

Painful menstruation, profuse menstrual bleedings **Ver. alb** C15 restores hormonal equilibrium. Off the first day of menstruation in order to avoid nausea and pain.

Cramps, spasms. The patient doubles over and adducting legs in order to get relief. Charley horse. Diarrhea during travel. Cholera. Tetany. Convulsions.

VERBASCUM

Mullein



IDEE: Trigemini neuralgia

Neuralgia face, catarrh, ear pain, sensation of plugged-up ear, dry, scaly meatus externus, respiratory tract, bladder, lower joint pain

Pain have sudden onset

VERONICA OFFICINALIS

Speedwell



IDEA: Chronic bronchitis, bladder catarrh, chronic skin disease.

VIBURNUM OPULUS

Snowball tree, European cranberrybush



IDEA: Uterus pain with lower back pain.

Nausea, menstrual pain. Therapy: Several days before and during menstruation Vib op. C30 daily

VINCA MINOR



IDEA: Skin

Vinc. Causes cankerous itching of the skin which forces to scratch. Little, watery burning, ulcerous skin areas . Eczema. Marked fatigue. Passive uterine bleedings.
C3-C6

VIOLA TRICOLOR

Wild Pansy, Johnny Jump Up



Favus (Trichophyton schoenleinii).

IDEA: skin diseases of the scalp

Eczema in childhood, favus, eczema behind ears

Relationships

Compare: Rhus tox; Calc.; Sepia.

WYETHIA

Wyethia helenoides



IDEA: Choanae

Prickling itching in choanae. **Granular pharyngitis**. Dry nervous cough. Always trying to clear the throat ([Caustikum](#))

ZINCUM METALLICUM

Zinc

IDEA: Nerves

Fidgety feet and legs, trembling, convulsions

Poisons brain and nerves. Trembling ([Gels](#), [Hyos](#)) Mental and physical fatigue especially with **despondence**. Depression. Zinc can reverse suppressed skin rashes and brings them back to the surface.

Strabism ([Nat mur](#), [Ol](#)). Inner angle of eyes affected. Painful contractions lower abdomen.

Zinc belongs to the group: Magnesium, Cadmium, Beryllium

ZINCUM VALERIANICUM

IDEA: Hysteria

Neuralgia. Marked effect on genital area. Pain ovaries. Improves hemorrhoids. Mental fatigue. **Irritation in gastro-intestinal tract drives the patient out of the bed early in the morning. Unjustified anxieties.** Heartache. Angina pectoris. Prosopalgia, spinal neuralgia (**Chin.ars**), sciatica, ovarial neuralgia, meningitis cerebrospinalis and meningitis tuberculosa. Zinc-val. Improves fidgety feet. Epilepsy without aura. Feeling of a heavy load on the chest. Dull headache with stiff muscles of the neck.

ZINGIBER

Garden Ginger



IDEA: Stomach debility, renal cessation

Bloated abdomen after bread meal, gout ([Am.benz](#) , [Benz. Ac](#), [Led](#)) , states of debility in the digestive tract, and sexual system, asthma remedy. Complete cessation of function of kidneys. **Cochleitis and Meniere**

Compare: [Caladium](#)

Dosage: 1. to 12. potency

Case: 68 year old male with allergic diathesis, post nephrectomy condition left side as a donor, Meniere, Tinnitus, gout ([Amm.benz](#), [Led](#)), gonarthrititis, gout arthritis in finger joints. Zingiber officinale D12 1x daily for 10 days.

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