

## **THE ACUTE FOCUS THERAPY (AFT)**

**Dear fellow therapists.**

**This is to complement the advanced training seminar in New Windsor, NY, 2009.**

**There are two different focus therapies:**

**The ~MC MF~ method (main focus - main complaint) is guiding you to the chronic condition which represents the chronic structure of the patients health disorder. This method may be a break through for both the therapist and the patient.**

**The ~AFT~ (acute focus therapy) is an extreme valuable option in acute situations. For instance for a case of a toe fracture you would point the hand applicator to the fracture. The patient is not additionally connected to the neck applicator.**

**Step one:**

**You would then find the specific frequencies correlating with that particular area (fracture site). Choose the best one.**

**Step two:**

**Treat the fracture site via hand applicator. The patient is not connected to the neck applicator.**

**Option: Using the ~MC MF~ method, feel free to use the ~AFT~ for the main complaint area alternating with the ~MC MF~ therapy.**

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