

Welcome to everybody.

Dear fellow therapists,
there is a number of good reasons not to take up with complementary medicine.

Millivoi put it to the point yesterday when we had lunch together in Rolf's house.
"I do not really know why we need ONDAMED", he said.

The answer is: so that you know **what you are doing.**

So that you **understand the network** of the disease, because things do not exist independently from each other, they are not isolated. They are connected with each other.

So that you know **where to go, where to treat**

So that you know **how to treat.**

If you are not prepared to give clear answers, your medical identity will be stressed by the patient, no matter how good you are as a therapist.

You will have to deal with the expectation of the patient. Mostly, it will be a paradox because instant results are often expected as opposed to conventional methods which often exhaust lab tests and imaging with no results. If you are able to produce precise data with the ONDAMED, your medical identity will not be questioned. On the contrary, the patient will be able to support your findings by acknowledging complaints in those areas.

Second the patient is often controlled by his kinfolks, other doctors or even specialists in alternative medicine. They all know it better. Again, what you can offer is a quick and standardized method to identify the interconnectedness of the health disorder. By doing so you are defining your position. Therapy may or may not follow, whatever compliance the patient will show.

Based on these premises you are well equipped to committ yourself to complementary methods.

Committment must have reasons. You may have realized the helplessness and despiration of your patients who, regardless of modern sophisticated conventional approaches, often did not find any answer for their problems. Sometimes it may be your selfishness to reach out for complementary methods when you did not find answers for your own health disorders.

Anyway, once you take up complementary methods, your medical identity must be secured. For years I have been searching for reliable and standardized complementary methods in order to understand the structure of each individual disease. When I adopted the ONDAMED, some 12 years ago, it became obvious to me that this system is indeed different than any other medical device I used so far.

It is the only available medical tool worldwide to give you directions in a heartbeat what you need to do to support healing and how you can do it. It provides the necessary step by step programs for specific intervention.

To me, medical identity must provide a concept capable to understand the structure and interconectedness of the patient's problem. The therapist must know what he is doing. The

approach of the therapist to the patient must present a precise concept of why and how things could be changed.

After all ONDAMED and its MC-MF method is a clear concept to approach the patient with facts. The prejudiced and sceptical patient may decide whatever he desires. He may seek treatment elsewhere. I would not stop him. However, my personnel growing into a healing concept cannot be damaged by adverse decisions of the patient.

Independence of the therapist, to me, is based on understanding what structure is behind each individual disease. This opens doors and avenues to both the patient and the therapist. It is not a guarantee for healing but without identifying a clear structure of the disease we would fly blind!

Today and tomorrow will change your life as a therapist if you let me guide you to the best of my knowledge. Those who have been here last year will definitely deepen and strengthen their integrity as a therapist. And that has top priority.

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